

San Francisco Recreation and Park – Fall Session \*All programs are listed by activity category

# Virtual Arts, Crafts & Technology - Adult 18+ Adobe Lightroom Classic

Location: Zoom Fee: \$96.00 Ages: 18 and up

Lightroom Classic is a powerful image management and image editing software program. In Part 1, we cover the Library Module which is designed to streamline your workflow and organize your entire photo collection. In Part 2, we concentrate on the Develop Module which is the powerful image-processing component of Lightroom. I will show you how to get the most out of the Develop Module to take your images to the next. Whether you are a beginner or advanced photographer, this workshop will help you achieve your goals through providing a well-grounded foundation for organizing and post-processing your images. Don't struggle to get your images looking the way you want, come to this class and learn how to do it. Practice images will be provided, as well as written handouts. \*More detailed information will be emailed to registered participants.

30911 Zoom 1pm to 4pm Oct. 30 - Nov. 13 Sa Gubernick David

## **Beginning Watercolor**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

In this online class, we will learn watercolor basics. The dynamics of visual perception and activation of the right-brain faculties will be explored through direct observation of still-life. We'll also practice mixing and applying watercolors upon wet and dry surfaces.

Please note: Basic drawing experience is required. Materials list available at sharonartstudio.org.

30782 Virtual Sharon Arts Studio 6:30 to 8pm Sept. 14 - Oct. 5 Tu Grunfeld, Carlo

#### **Ceramics - Beginner Online Handbuilding**

Location: Virtual Sharon Arts Studio

Fee: Member: \$225.00. Non-member: \$250.00

Ages: 18 and up

In this online series, Sharon Art Studio members will have an opportunity to explore a variety of ceramic hand building techniques from the comfort of their own home! Our talented instructor, Jeannie Ichimura, will host a series of Wednesday evening online classes that will cover the basics of working with clay at home. This is a great class for beginners to explore a variety of handbuilding techniques. Price of the class includes a 25lbs bag of clay. No clay from the outside is allowed. Our selection of glazes is unsurpassed, and we fire cone 10 reduction -- all firing is done by instructors without a separate charge. Students must be available to pick up clay, drop off finished greenware pieces, and schedule a day to glaze on the dates listed below; Clay Pickups: 2:00 - 5:00 PM Saturday, Oct. 9th Sunday, Oct. 10th Greenware Drop off: Every Saturday and Sunday from 2:00 - 5:00 PM\*Last day to drop-off greenware is Sunday, Nov. 21st Glaze Dates: 11-5 PM Dec. 4th - Dec. 12th

30784 Virtual Sharon Arts Studio 5:30 to 7pm Oct. 13 - Nov. 17 W Ichimura, Jeannie

## **Ceramics - Intermediate Online Handbuilding**

Location: Virtual Sharon Arts Studio

Fee: Member: \$225.00. Non-member: \$250.00

Ages: 18 and up

In this online series, we invite you to explore a variety of ceramic techniques and create clay objects from the comfort of your own home. Our talented instructor, Katina Price, will host a series of Friday evening online open forum meetings to connect and discuss ceramics in a casual and welcoming social hour. Please note this class is for intermediate/ advanced students with basic clay

experience. Over the of the session, Katina will demonstrate different approaches to making classical ceramic objects like: boxes, cups, tumblers, vases, and more! All while also discussing embellishment of clay surfaces and sharing glazing tips. Price of the class includes a 25lbs bag of clay and the choice of a variety of clay bodies. No clay from the outside allowed. Our selection of glazes is unsurpassed, and we fire cone 10 reduction -- all firing is done by instructors without a separate charge. Students must be available to pick up clay, drop off finished greenware pieces, and schedule a day to glaze on the dates listed below: Clay Pickups: 2:00 - 5:00 PM Saturday, Oct. 9th or Sunday, Oct. 10th

30785 Virtual Sharon Arts Studio 5:30 to 7pm Oct. 15 - Nov. 19 F Price, Katina

# Drawing Studio The Basics - Part 1

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

There's no time like the present to start or refresh your drawing skills. In this 4-week, we will explore expressive line quality, value and shading, and a short-cut to tackling perspective. Register for Part 2, to build on this foundation and experiment with composition, mixed media and creating a finished drawing. Minimum Required Materials: For the first class: one pad of sketch paper (no smaller than 9"x12", a kneaded eraser, 6B and 4B drawing pencils, and a Sharpie pen (or equivalent brand), fine or ultra-fine. Please refer to the Materials list for additional materials and details. Look around your home for objects to draw.

30783 Virtual Sharon Arts Studio 6:30 to 8pm Sept. 16 - Oct. 7 Th Ruben, Jacqueline

# **Drawing Studio The Basics - Part 2**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

There's no time like the present to start or refresh your drawing skills. In this 4-week, we will review the part 1 basics of expressive line quality, value and shading, and a short-cut to tackling perspective. In this Part 2 series, we will build on this foundation and experiment with composition, mixed media and creating a finished drawing. Minimum Required Materials: For the first class: one pad of sketch paper (no smaller than 9x12, a kneaded eraser, 6B and 4B drawing pencils, and a Sharpie pen (or equivalent brand), fine or ultra-fine. Please refer to the Materials list for additional materials and details. Look around your home for objects to draw.

30790 Virtual Sharon Arts Studio 6:30 to 8pm Oct. 14 - Nov. 4 Th Ruben, Jacqueline

# **Drawing with Color**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

Colored pencils are versatile and precise. Enhance your drawing repertoire with gem-like sticks of color! In this four-week class, we'll start with exercises to create our own color charts that explore blending, alternate finishes, and texture. Next we'll sketch from a color photograph of a basic still-life. Then we'll work on an exquisite rendering from a landscape photo for the last two meetings. Photo references will be provided, but instead you may certainly work from a picture that you have at home. There will be time for critiques and sharing our work with the class at the end of each session. Visit www.sharonartstudio.org for the materials list.

30788 Virtual Sharon Arts Studio 4 to 5:30pm Oct. 12 - Nov. 2 Tu Grunfeld, Carlo

# **Drawing With Ink - Fruits & Vegetables**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

This series of classes introduces students to the fundamentals of drawing with ink. Instruction is given in how to effectively use different line widths called "line weight", how to create different marks in order to represent various textures, and methods for creating values in order to depict shadow and form. Each session of classes will use these techniques to draw specific subject matter, which is noted in the title. This class does not teach basic drawing skills, but instruction in how to develop a sketch of the subject matter will take place at the beginning of class

## **Drawing With Ink - Gardens**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

This series of classes introduces students to the fundamentals of drawing with ink. Instruction is given in how to effectively use different line widths called "line weight", how to create different marks in order to represent various textures, and methods for creating values in order to depict shadow and form. Each session of classes will use these techniques to draw specific subject matter, which is noted in the title. This class does not teach basic drawing skills, but instruction in how to develop a sketch of the subject matter will take place at the beginning of class

30779 Virtual Sharon Arts Studio 2 to 3:30pm Sept. 10 - Oct. 1 F Bash, Karen

#### **Drawing With Ink - Trees**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

This series of classes introduces students to the fundamentals of drawing with ink. Instruction is given in how to effectively use different line widths called "line weight", how to create different marks in order to represent various textures, and methods for creating values in order to depict shadow and form. Each session of classes will use these techniques to draw specific subject matter, which is noted in the title. This class does not teach basic drawing skills, but instruction in how to develop a sketch of the subject matter will take place at the beginning of class

30791 Virtual Sharon Arts Studio 2to 3:30pm Nov. 5 - Dec. 3 F Ruben, Jacqueline

## **Golden Gate Park in Colored Pencil - Buildings**

Location: Virtual Sharon Arts Studio

Fee: Member: \$72.00. Non-member: \$97.00

Ages: 15 and up

In this class we will explore how this basic and portable medium is the perfect pencil for making quick and colorful sketches. The class will cover how to use a single color and achieve various values, as well as how to blend or layer multiple colors to create a new and vibrant hue. Instruction in basic color theory will help you to understand which colors to use. And the fundamentals of composition design will be taught so you'll have confidence in creating a dynamic image. Our sketches will be a combination of carefully rendered detail and marks that give a quick, expressive suggestion of form and space. Each session of classes will cover a specific subject matter, which will be noted in the class title. This class does not teach basic drawing skills, but instruction in how to develop a sketch of the subject matter will take place at the beginning of class. The materials list can be found at sharonartstudio.org

30787 Virtual Sharon Arts Studio 11 to 12:30pm Oct. 8 - Oct. 22 F Bash, Karen

#### **Golden Gate Park in Colored Pencil - Statues**

Location: Virtual Sharon Arts Studio

Fee: Member: \$72.00. Non-member: \$97.00

Ages: 15 and up

In this class we will explore how this basic and portable medium is the perfect pencil for making quick and colorful sketches. The class will cover how to use a single color and achieve various values, as well as how to blend or layer multiple colors to create a new and vibrant hue. Instruction in basic color theory will help you to understand which colors to use. And the fundamentals of composition design will be taught so you'll have confidence in creating a dynamic image. Our sketches will be a combination of carefully rendered detail and marks that give a quick, expressive suggestion of form and space. Each session of classes will cover a specific subject matter, which will be noted in the class title. This class does not teach basic drawing skills, but instruction in how to develop a sketch of the subject matter will take place at the beginning of class. The materials list can be found at sharonartstudio.org

30780 Virtual Sharon Arts Studio 11am to 12:30pm Sept. 10 - Sept. 24 F Bash, Karen

#### **Golden Gate Park in Colored Pencil - Trails**

Location: Virtual Sharon Arts Studio

Fee: Member: \$72.00. Non-member: \$97.00

Nov. 5 - Nov. 19 Ages: 15 and up

In this class we will explore how this basic and portable medium is the perfect pencil for making quick and colorful sketches. The class will cover how to use a single color and achieve various values, as well as how to blend or layer multiple colors to create a new and vibrant hue. Instruction in basic color theory will help you to understand which colors to use. And the fundamentals of composition design will be taught so you? Il have confidence in creating a dynamic image. Our sketches will be a combination of carefully rendered detail and marks that give a quick, expressive suggestion of form and space. Each session of classes will cover a specific subject matter, which will be noted in the class title. This class does not teach basic drawing skills, but instruction in how to develop a sketch of the subject matter will take place at the beginning of class. The materials list can be found at sharonartstudio.org

30792 Virtual Sharon Arts Studio 11am to 12:30pm Nov. 5 - Nov. 19 F Bash, Karen

#### **Intermediate Watercolor**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

Improve your watercolor skills! This online class will be based on direct observation from photographs. We will explore layering of color, practice spontaneous painting, and use various materials to create textures. Bring materials to the first class, and a list is online at sharonartstudio.org.

30789 Virtual Sharon Arts Studio 6:30pm to 8pm Oct. 12 - Nov. 2 Tu Grunfeld, Carlo

#### **Portraiture**

Location: Virtual Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$121.00

Ages: 15 and up

In this four-week on-line class we'll explore portrait drawing from photographs. Each week a different view-point reference photo will be provided, covering the full-frontal, profile, and three-quarter views. I will demonstrate to start-off the class. The head-shot model, the person whose portrait we'll draw, will also differ each week. Alternatively you may work from any photographs from your own collection. (The easiest photos to use will have a clearly dominant, single light-source.) On the final meeting we'll experiment with various portrait sketches of each other via the Zoom platform! Our basic materials will be charcoal pencils (2B, 4B, and 6B), good-quality drawing paper, and kneaded-rubber and white plastic erasers. You may also find vine-charcoal and thick sticks of compressed charcoal useful. Please feel free to use any wet media as well, such as pen and ink, or ink washes with a brush.

30781 Virtual Sharon Arts Studio 4pm to 5:30pm Sept. 14 - Oct. 5 Tu Grunfeld, Carlo

## **Strong Engaging Compositions**

Location: Zoom.com Fee: \$165.00 Ages: 18 and up

Take the quality of your photos to the next level, by learning how to improve your composition. Composition isn't just about understanding camera specifications; it is also about emotional engagement with your subject, which could be a person, a landscape or a still life. We will examine the elements that make up a photograph, the techniques and rules of composition and what you need to keep in mind to achieve the best results. We will look at examples of photography to illustrate each of the concepts, and weekly assignments will be set up for you to explore these ideas on your own. Class discussion is encouraged and weekly assignments will be critiqued. This class is virtual.

30934 Zoom 7pm to 9pm Sept. 23 - Oct. 14 Th Hartford, Margot

# \*Virtual Seniors / Senior Adult

#### **Boots on the Ground Stress Management Sessions**

Location: Zoom Fee: Free Ages: 55 and up Each session is 25 minutes long and consists of breathing, stretching, and gratitude practice. During each session, please plan to use a chair.

30685 Zoom 1pm to 1:25pm Sept. 17 - Nov. 19 F Angelone, Thomas

# **Chinese Brush Painting - Intermediate**

Location: Zoom Fee: Free Ages: 55 and up

The class will provide instruction on Chinese Brush Painting mainly in the Lingnan Style of painting flowers, birds, fish, landscapes and other paintings of the Lingnan style. This class is suitable for intermediate level students. The instructor will demonstrate painting techniques, different types of brush strokes, and use of ink and color to achieve pleasing results. This class also provides instruction and guidance on composition, mood, and balance of paintings, including placement of seals. The instructor will review homework with students individually to provide personalized feedback.

30686 Zoom 3pm to 4:30pm Sept. 13 - Nov. 15 M Gee, Gloria

### **Strength and Conditioning for Seniors**

Location: Zoom Fee: Free Ages: 55 and up

We will have our Weights and Conditioning Class on Zoom every Monday, Wednesday, and Friday. Please use the same link, meeting ID and password for each of the three days. As a courtesy to your classmates, please mute yourself if you log in late to class or if class had already began. You will need to use two dumbbells for your workout and water. This class includes some low and high impact aerobics. You decide whether to do low or high impact aerobics. Workout safely and listen to your body. I hope to see you there!

30687 Zoom 9:15am to 10:15am Sept. 8 - Nov. 15 M W/F

# **Zoom Baby Boomer Sing a Long**

Location: Zoom Fee: Free Ages: 55 and up

Join the fun as we sing popular songs that we know, love and grew up with! Songs from musicals like "The Sound of Music", The Beatles, Carpenters, John Denver, Frank Sinatra and many others. You don't need a great singing voice, you just need to love music! This class is held every 1st, 3rd and 5th Thursday of the month.

30688 Zoom 1pm to 2pm Sept. 16 - Nov. 18 Th Louie, Clifford

# Zoom Chinese Folk Dancing

Location: Virtual Recreation

Fee: Free Ages: 55 and up

Participants will learn a variety of traditional Chinese dances from different regions of China.

30689 Virtual Recreation 1:15pm to 2:15pm Sept. 13 - Nov. 15 M Chan, Connie

# **Zoom Chinese Line Dance - Practice Session**

Location: Zoom Fee: Free Ages: 55 and up

Similar to the Western line dance, instructions (including proper demonstrations at the beginning of the class) will be given to the Chinese line dancers with dancing patterns/terminology, step counts, and following with practices led by the instructor, except more emphasis will be place on hands/arms, feet and whole body coordination, making whole body accented movements connecting to the Chinese music, expressing the character of various Chinese ethnic groups and incorporating with modern dance. Currently it is

also known as "Fitness (Dancing) Exercise", very popular in China. Our class is design for beginner/intermediate level. No Instructions, but easy to follow steps and hand movements.

30690 Zoom 1pm to 2pm Sept. 10 - Nov. 19 F Yu, Anna

**Zoom Fun with Hula** 

Location: Virtual Recreation

Fee: Free Ages: 55 and up

Participants will learn basic hula steps and hand movements and will dance to hula music.

30691 Zoom Noon to 1pm Sept. 13 - Nov. 15 M Chan, Connie

# **Zoom Intermediate Line Dancing**

Location: Zoom Fee: Free Ages: 55 and up

This is an intermediate level line dance class. No partner needed to participate in this dance class. Class will involve some turning

dance steps.

30692 Zoom 3:15pm to 4:45pm Sept. 8 - Nov. 17 W Cheung, Angela

#### **Zoom Line Dance for Intermediate Level**

Location: Zoom Fee: Free

Ages: 55 and up

Fast, upbeat, contemporary music for dancing. Wear your dancing shoes.

30693 Zoom 10:30am to 11:30am Sept. 7 - Nov. 18 Tu/Th Pon, John

# **Zoom Low Impact Aerobics**

Location: Zoom Fee: Free Ages: 55 and up

A fitness and exercise for seniors which include cardio workout, strength and flexibility. Please make sure your Doctor is aware of

your participation in the class.

30694 Zoom 9:30am to 10:15am Sept. 14 - Nov. 18 Tu/Th Molina, Pablo

## **Zoom Physical Conditioning for Active Seniors**

Location: Zoom Fee: Free Ages: 55 and up

This zoom fitness class will provide a total body workout that is fun, challenging and low impact. This class provides a combination of Yoga and Pilates techniques, flexibility and balance work, hand weights strength work, and mat core and body lengthening work. Work outs may vary week to week. You will need a yoga mat and hand weights (2, 3 or 5 lbs). Please inform your Doctor that your

are participating in a physical workout.

30695 Zoom 10:30am to 11:30am Sept. 13 - Nov. 19 M F Zager, Paul

# Zoom Stretch and Dance for the Soul

Location: Zoom Fee: Free Ages: 55 and up This 30 minute class will focus on stretches for the entire body as we gear up for some simple dance moves to get your heart

pumping!

30696 Th Zoom 2pm to 2:30pm Sept. 23 - Oct. 28

#### **Zoom Stretch and Relaxation for Seniors**

Location: Zoom Fee: Free Ages: 55 and up

Exercise building muscle strength and flexibility. This also helps participants learn to relax with meditation music. Items needed for the class are: exercise mat., chair and water. Please make your doctor aware that your are participating in an exercise program.

30697 Sept. 7 - Nov. 16 Tu Canterbury, Judy Zoom 1pm to 2pm

# **Zoom Ultra Beginning Line Dancing**

Location: Zoom Fee: Free Ages: 55 and up

Learn the basics of Line Dancing. You will learn steps, figures and patterns of line dances to all genres of music. No partners are needed. New and challenged seniors are encouraged. This is an introduction for advanced dances. It is an ongoing class for beginners. No extra materials are needed except a comfortable pair of shoes for dancing.

30698 Zoom 10:30am to NoonSept. 8 - Nov. 17 W Breslauer, Russel

## Adaptive Recreation / Adult 18+

#### **ACCESS to Health and Fitness**

Location: MISSION REC CENTER

Fee: Free

9 Week Session Sept. 15 - Nov. 10 Ages: 18-22

Come get healthy and fit! This is a specialized Therapeutic Recreation Program, serving transition aged youth with disabilities. We strive to develop social and life skills while fostering community integration and encouraging independence in a safe and nurturing environment. This program a collaborative between SF Rec and Park, SFUSD's ACCESS program, and the Kinesiology and Recreation departments at SFSU. The SFSU students, supervised by their professors and SFRPD's Certified Therapeutic Recreation Specialists, will work directly with the ACCESS students, to help them develop healthy lifestyle and fitness skills.

30741 MISSION REC CENTER 10am to 11:30amSept. 15 - Nov. 10 W Huey, Jessica

# Adaptive Recreation / Youth, Tweens & Teens

# **Everybody Plays Day! Therapeutic Rec**

Location: EUREKA VALLEY REC CENTER

Fee: \$30.00 Sept. 18, 2021

Ages: At least 6 but less than 13

For children with Autism or other developmental disabilities ages 6 -12. Everybody Plays Day is an opportunity for parents to drop off their children for a play day with our trained staff. Then, parents can go have a play day themselves! Sports skills, cooperative games, cooking, community field trips, and more! You provide snack and lunch for your child and we provide the rest. Space is limited. For new participants, one of our Therapeutic Recreation Coordinators will contact you for a recreation assessment after you register. For more information call 415-206-1546 or email RPDTR@sfgov.org.

30739 **EUREKA VALLEY REC CENTER** Huey, Jessica 10am to 1pm Sept. 18, 2021 Sa

#### Everybody Plays Day! Therapeutic Rec

**EUREKA VALLEY REC CENTER** 

Fee: \$30.00

Ages: At least 6 but less than 13

For children with Autism or other developmental disabilities ages 6 -12. Everybody Plays Day is an opportunity for parents to drop off their children for a play day with our trained staff. Then, parents can go have a play day themselves! Sports skills, cooperative games, cooking, community field trips, and more! You provide snack and lunch for your child and we provide the rest. Space is limited. For new participants, one of our Therapeutic Recreation Coordinators will contact you for a recreation assessment after you register. For more information call 415-206-1546 or email RPDTR@sfgov.org.

30740 EUREKA VALLEY REC CENTER 10am to 1pm Oct. 23, 2021 Sa Huey, Jessica

## **Teen Time! Therapeutic Rec**

Location: EUREKA VALLEY REC CENTER

Fee: \$30.00

Ages: At least 13 but less than 19

For teens with Autism or other developmental disabilities. We focus on social skills, life skills, cooperative games, community field trips and more! This is an opportunity for parents to drop off their teens for some Teen Time with our trained staff. Then, parents can go have some time for themselves! You provide snack and lunch for your teen and we provide the rest. For new participants, one of our Therapeutic Recreation Coordinators will contact you for a recreation assessment after you register. For more information call 415-206-1546 or email RPDTR@sfgov.org.

30832	EUREKA VALLEY REC CENTER	10am to 1pm	Oct. 16, 2021	Sa	Huey, Jessica
30833	EUREKA VALLEY REC CENTER	10am to 1pm	Nov. 6, 2021	Sa	Huey, Jessica

### Alternative Recreation / Youth, Tweens & Teens

#### **Beginning Archery**

Location: GGP - Archery Fields at GOLDEN GATE PARK ARCHERY FIELD

Fee: \$50.00

Ages: At least 8 but less than 15

Our certified USA Archery instructors use training methods, to teach the basic techniques, safety and etiquette of recurve target archery. This class includes all equipment, and is formatted to have fun, while learning archery. Come join us, and let's get you hitting the bulls-eye like your favorite archer!

30845	GGP - Archery Fields	10am to 11:30amSun, Sept. 12, 2021	Su	Arnaldo, Joe
30846	GGP - Archery Fields	10am to 11:30amSun, Sept. 19, 2021	Su	Arnaldo, Joe
30847	GGP - Archery Fields	10am to 11:30amSun, Sept. 26, 2021	Su	Arnaldo, Joe
30848	GGP - Archery Fields	10am to 11:30amSun, Oct. 10, 2021	Su	Arnaldo, Joe
30849	GGP - Archery Fields	10am to 11:30amSun, Oct. 17, 2021	Su	Arnaldo, Joe
30850	GGP - Archery Fields	10am to 11:30amSun, Oct. 24, 2021	Su	Arnaldo, Joe
30851	GGP – Archery Fields	10am to 11:30amSun, Oct. 31, 2021	Su	Arnaldo, Joe
30852	GGP - Archery Fields	10am to 11:30amSun, Nov. 7, 2021	Su	Arnaldo, Joe

# **Intermediate Archery**

Location: GGP - Archery Fields at GOLDEN GATE PARK ARCHERY FIELD

Fee: \$185.00 5 Week Session

Sun, Sept. 12 - Sun, Oct. 17 Ages: At least 10 but less than 15

Building on your archery experience, this class will help refine your shooting ability and technique. Various USA Archery steps-to-success methods will be combined with a daily shooting log to avoid common bad shooting habits, while still having fun.

Prerequisite: Beginning SFRPD archery class or equivalent instruction recommended

30840 GGP - Archery Fields Noon to 1:30pm Sun, Sept. 12 - Sun, Oct. 17 Su Arnaldo, Joe

# Intro to Fencing for Juniors

Location: SUNSET REC CENTER

Fee: \$100.00

Ages: At least 7 but less than 14

Juniors learn the art of Fencing. A truly elegant sport that has historical roots dating back to the 12th Century and has been featured at every one of the modern day Olympic games. Kids learn discipline, keep fit, and learn to strive to achieve excellence in a respectful & safe environment. All the equipment is provided. Kids should dress in athletic clothing and bring water. For more information call

Don!

30736 SUNSET REC CENTER 5pm to 6pm Sept. 8 - Nov. 17 W Carter, Al

#### **Motor Movement**

Location: GLEN CANYON REC Center

Fee: \$66.00

Ages: At least 4 but less than 6

Motor Movement is designed to emphasize Freerunning and movement. It is a physical training discipline that conditions your body to overcome any obstacle in your path. One will build strength, agility and puzzle-solving skills while taking this highly unique class.

30734	GLEN CANYON REC Center 4pm to 5pm	Sept. 7 - Nov. 16 Tu	Magsanay, Derek
30735	GLEN CANYON REC Center 4pm to 5pm	Sept. 8 - Nov. 17 W	Magsanay, Derek
30737	GLEN CANYON REC Center 10am to 11am	Sept. 11 - Nov. 20 Sa	Magsanay, Derek
30738	GLEN CANYON REC Center 11am to Noon	Sept. 11 - Nov. 20 Sa	Magsanay, Derek

#### **Shred & Butter**

Location: PALEGA REC CENTER Ages: At least 6 but less than 14

Learn and try out new tricks on a variety of ramps and obstacles. Participants should have their own equipment. Helmets are mandatory to participate. Elbow and knee pads are strongly recommended.

30853	PALEGA REC CENTER	3:45pm to 5:15pm	Sept. 14 - Nov. 9 Tu	Lund, Noah
30854	TENDERLOIN REC CENTER	3:45pm to 5:15pm	Sept. 16 - Nov. 4 Th	Lund, Noah
30855	UPPER NOE REC CENTER	3:45pm to 5:15pm	Sept. 17 - Nov. 12 F	Lund, Noah

#### Aquatics / Adult 18+

## **Adult Swim - Improving Skills and Swimming Strokes**

Ages: 18 and up

This class seeks to improve participants' proficiency in basic aquatic skills (including rotary breathing, surface dives and treading) and the six basic swimming strokes (i.e., front crawl, back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke). (The butterfly stroke is optional.) Participants also learn skills and concepts needed to stay safe around water, in addition to those needed to help themselves or others in an aquatic emergency.

30664	SAVA	5pm to 5:30pm	Sept. 10 - Nov. 12	F
30665	SAVA	11:15am to 11:45am	Sept. 11 - Nov. 6	Sa
30666	NORTH BEACH	3.20nm to 3.50nm	Sept 9 - Nov 4	Th

# **Adult Swim - Learning the Basics**

Ages: 18 and up

This class is designed to help participants gain basic aquatic skills and swimming strokes, including the front crawl, breaststroke, and elementary backstroke. Participants also learn skills and concepts needed to stay safe around water, in addition to those needed to help themselves or others in an aquatic emergency.

30655	BALBOA	3:30pm to 4pm	Sept. 7 - Nov. 9	Tu	
30656	COFFMAN	10:30am to 11am	Sept. 11 - Nov. 6	Sa	
30657	COFFMAN	5pm to 5:30pm	Sept. 8 - Nov. 10	W	
30658	COFFMAN	5pm to 5:30pm	Sept. 10 - Nov. 12	F	

30663	GARFIELD	10am to 10:30amSept. 10	) - Nov. 12 F	
30659	HAMILTON	5pm to 5:30pm	Sept. 8 - Nov. 10 W	
30654	MLK	5pm to 5:30pm	Sept. 7 - Nov. 9	Tu
30662	NORTH BEACH	3:20pm to 3:50pm	Sept. 9 - Nov. 4	Th
30660	SAVA POOL	5pm to 5:30pm	Sept. 8 - Nov. 10 W	
30661	SAVA	11:15am to 11:45am	Sept. 11 - Nov. 6 Sa	

# Aquatics / Tot 5 & Under

## **Aquatics and Tot Swim**

Ages: At least 6m but less than 3

This class will teach parents basic water safety while introducing tots to new skills and fun. Songs, water safety, entering and exiting the water, and holding techniques for the parents are some of the topics covered in this lesson. Infant or toddler is accompanied in the water by their caregiver. Children are required to wear swim diapers while in the pool.

30652	BALBOA	10:30am to 11am	Sept. 7 - Nov. 9	Tu
30677	COFFMAN	10:30am to 11am	Sept. 10 - Nov. 12	F
30671	GARFIELD	9am to 9:30am	Sept. 10 - Nov. 12	F
30672	HAMILTON	9am to 9:30am	Sept. 8 - Nov. 10	W
30673	HAMILTON	9:30am to 10am	Sept. 8 - Nov. 10	W
30674	HAMILTON	9am to 9:30am	Sept. 10 - Nov. 12	F
30675	HAMILTON	9:30am to 10am	Sept. 10 - Nov. 12	F
30676	NORTH BEACH	11:15am to 11:45am	Sept. 11 - Nov. 6	Sa

# **Aquatics - Preschool Swim**

Ages: At least 3 but less than 6

This level continues to focus on building more comfort and enjoyment in the water using songs, games, and play. While introducing more structured play in the areas of bobbing, breath control, floating, gliding and kicking on front and back, in addition to arm rotations and other elementary skills. Children ages 3 and under are required to wear swim diapers while in the pool. The ratio is 1 adult per child.

30678	BALBOA 10:30ai	m to 11amSept. 11 - Nov. 1	3 Sa	
30981	Coffman 10:30ai	m to 11amSept. 11 - Nov. 6	Sa	
30684	Garfield	9am to 9:30am	Sept. 11 - Nov. 13	Sa
30680	HAMILTON	3:30pm to 4pm	Sept. 7 - Oct. 7	Tu/Th
30681	HAMILTON	3:30pm to 4pm	Oct. 12 - Nov. 9	Tu/Th
30984	Hamilton	9am to 9:30am	Sept. 11 - Nov. 6	Sa
30985	Hamilton	9:30am to 10am	Sept. 11 - Nov. 6	Sa
30682	NORTH BEACH	11:30am to Noon	Sept. 7 - Nov. 9	Tu
30683	MLK	10:30am to 11am	Sept. 11 - Nov. 13	Sa
30679	SAVA	9am to 9:30am	Sept. 11 - Nov. 6	Sa

# Aquatics / Youth, Tweens & Teens

# Learn to Swim - Level 1

Ages: At least 6 but less than 18

This class is designed to orient participants to the aquatic environment and to help them gain basic aquatic skills. In addition, participants start learning about how to be safe around water. **Children must be 48" to participate.** 

30545	MLK	3:30pm to 4pm	Sept. 7 - Oct. 7	Tu/Th
30546	MLK	4:15pm to 4:45pm	Sept. 7 - Oct. 7	Tu/Th
30547	MLK	9am to 9:30am	Sept. 11 - Nov. 13	Sa
30548	MLK	9:45am to 10:15am	Sept. 11 - Nov. 13	Sa
30549	Balboa	9am to 9:30am	Sept. 11 - Nov. 13	Sa
30550	Balboa	3:30pm to 4pm	Sept. 8 - Oct. 8	W/F

30551	Balboa	3:30pm to 4pm	Oct. 13 - Nov. 12	W/F
30552	MLK	3:30pm to 4pm	Oct. 12 - Nov. 9	, Tu/Th
30553	MLK	4:15pm to 4:45pm	Oct. 12 - Nov. 9	Tu/Th
30554	Garfield	3:30pm to 4pm	Sept. 7 - Oct. 7	Tu/Th
30555	Garfield	3:30pm to 4pm	Oct. 12 - Nov. 9	Tu/Th
30556	Garfield	9am to 9:30am	Sept. 11 - Nov. 13	Sa
30557	Garfield	10:30am to 11am	Sept. 11 - Nov. 13	Sa
30558	Coffman	9am to 9:30am	Sept. 11 - Nov. 6	Sa
30559	Coffman	3:30pm to 4pm	Sept. 8 - Oct. 8	W/F
30560	Coffman	3:30pm to 4pm	Oct. 13 - Nov. 12	W/F
30561	HAMILTON	10am to 10:30am	Sept. 11 - Nov. 6	Sa
30562	HAMILTON	10:45am to 11:15am	Sept. 11 - Nov. 6	Sa
30563	Hamilton	4:15pm to 4:45pm	Sept. 7 - Oct. 7	Tu/Th
30564	Hamilton	4:15pm to 4:45pm	Oct. 12 - Nov. 9	Tu/Th
30649	HAMILTON	11:30am to Noon	Sept. 11 - Nov. 6	Sa
30565	SAVA	3:30pm to 4pm	Sept. 7 - Oct. 7	Tu/Th
30566	SAVA	3:30pm to 4pm	Oct. 12 - Nov. 9	Tu/Th
30567	SAVA	10:30am to 11am	Sept. 11 - Nov. 6	Sa
30568	NORTH BEACH	3:45pm to 4:15pm	Sept. 8 - Oct. 8	W/F
30569	NORTH BEACH	4:30pm to 5pm	Sept. 8 - Oct. 8	W/F
30570	NORTH BEACH	4:30pm to 5pm	Oct. 13 - Nov. 12	W/F
30571	NORTH BEACH	3:45pm to 4:15pm	Oct. 13 - Nov. 12	W/F
30572	NORTH BEACH	9am to 9:30am	Sept. 11 - Nov. 6	Sa
30573	NORTH BEACH	9:45am to 10:15am	Sept. 11 - Nov. 6	Sa
30978	MISSION	3:30pm to 4pm	Sept. 7 - Oct. 28	Tu/Th
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# Learn to Swim - Level 2

Ages: At least 6 but less than 18

This class builds on the basic aquatic skills and water safety skills and concepts learned in level 1. Participants begin to perform skills at a slightly more advanced level and begin gaining rudimentary propulsive skills on both the front and the back. This level marks the beginning of independent aquatic locomotion skills. Prerequisite- Completion of Level 1. Children must be 48" to participate.

30575	MLK	3:30pm to 4pm	Sept. 7 - Oct. 7	Tu/Th
30576	MLK	3:30pm to 4pm	Oct. 12 - Nov. 9	Tu/Th
30577	MLK	9am to 9:30am	Sept. 11 - Nov. 13	Sa
30578	Balboa	9:45am to 10:15am	Sept. 11 - Nov. 13	Sa
30579	Balboa	4:15pm to 4:45pm	Sept. 8 - Oct. 8	W/F
30580	Balboa	4:15pm to 4:45pm	Oct. 13 - Nov. 12	W/F
30581	Coffman	3:30pm to 4pm	Sept. 8 - Oct. 8	W/F
30582	Coffman	3:30pm to 4pm	Oct. 13 - Nov. 12	W/F
30583	Coffman	9am to 9:30am	Sept. 11 - Nov. 6	Sa
30596	Garfield	9:45am to 10:15am	Sept. 11 - Nov. 13	Sa
30597	Garfield	10:30am to 11am	Sept. 11 - Nov. 13	Sa
30598	Garfield	4:15pm to 4:45pm	Sept. 7 - Oct. 7	Tu/Th
30599	Garfield	4:15pm to 4:45pm	Oct. 12 - Nov. 9	Tu/Th
30650	HAMILTON	10:45am to 11:15am	Sept. 11 - Nov. 6	Sa
30651	HAMILTON	11:30am to Noon	Sept. 11 - Nov. 6	Sa
30584	HAMILTON	10am to 10:30am	Sept. 11 - Nov. 6	Sa
30585	Hamilton	5pm to 5:30pm	Sept. 7 - Oct. 7	Tu/Th
30586	Hamilton	5pm to 5:30pm	Oct. 12 - Nov. 9	Tu/Th
30590	NORTH BEACH	3:45pm to 4:15pm	Sept. 8 - Oct. 8	W/F
30591	NORTH BEACH	5:15pm to 5:45pm	Sept. 8 - Oct. 8	W/F
30592	NORTH BEACH	5:15pm to 5:45pm	Oct. 13 - Nov. 12	W/F
30593	NORTH BEACH	3:45pm to 4:15pm	Oct. 13 - Nov. 12	W/F
30594	NORTH BEACH	9am to 9:30am	Sept. 11 - Nov. 6	Sa

30595	NORTH BEACH	10:30am to 11am	Sept. 11 - Nov. 6	Sa
30979	MISSION	4:15pm to 4:45pm	Sept. 7 - Oct. 28	Tu/Th
30587	SAVA	3:30pm to 4pm	Sept. 8 - Oct. 8	W/F
30588	SAVA	3:30pm to 4pm	Oct. 13 - Nov. 12	W/F
30589	SAVA	9:45am to 10:15am	Sept. 11 - Nov. 6	Sa

## Learn to Swim - Level 3

Ages: At least 6 but less than 18

This class builds on the skills learned in Levels 1 and 2. Participants learn to swim the front crawl and elementary backstroke at rudimentary proficiency levels and are introduced to the scissors and dolphin kicks. Participants learn the survival float and increase the time duration for treading water. Participants also learn the rules for headfirst entries and begin to learn to enter the water headfirst from a seated position at poolside (if the water is 9 feet deep or deeper). On successful completion of Level 3, participants have achieved basic water competency in a pool environment. Prerequisite: Successful completion of Level 2. Children must be 48" to participate.

30601	MLK	4:15pm to 4:45pm	Sept. 7 - Oct. 7	Tu/Th
30602	MLK	4:15pm to 4:45pm	Oct. 12 - Nov. 9	Tu/Th
30603	Balboa	5pm to 5:30pm	Sept. 8 - Oct. 8	W/F
30604	Balboa	5pm to 5:30pm	Oct. 13 - Nov. 12	W/F
30605	Coffman	4:15pm to 4:45pm	Sept. 8 - Oct. 8	W/F
30606	Coffman	4:15pm to 4:45pm	Oct. 13 - Nov. 12	W/F
30607	Coffman	9:45am to 10:15am	Sept. 11 - Nov. 6	Sa
30608	HAMILTON	10am to 10:30am	Sept. 11 - Nov. 6	Sa
30609	HAMILTON	3:30pm to 4pm	Sept. 7 - Oct. 7	Tu/Th
30610	HAMILTON	4:15pm to 4:45pm	Sept. 7 - Oct. 7	Tu/Th
30611	HAMILTON	3:30pm to 4pm	Oct. 12 - Nov. 9	Tu/Th
30612	HAMILTON	4:15pm to 4:45pm	Oct. 12 - Nov. 9	Tu Th
30613	SAVA	4:15pm to 4:45pm	Sept. 7 - Oct. 7	Tu/Th
30614	SAVA	4:15pm to 4:45pm	Oct. 12 - Nov. 9	Tu/Th
30615	SAVA	10:30am to 11am	Sept. 11 - Nov. 6	Sa
30616	NORTH BEACH	9:45am to 10:15am	Sept. 11 - Nov. 6	Sa
30617	NORTH BEACH	4:30pm to 5pm	Sept. 8 - Oct. 8	W/F
30618	NORTH BEACH	4:30pm to 5pm	Oct. 13 - Nov. 12	W/F
30619	Garfield	4:15pm to 4:45pm	Sept. 7 - Oct. 7	Tu/Th
30620	Garfield	4:15pm to 4:45pm	Oct. 12 - Nov. 9	Tu/Th
30621	Garfield	9:45am to 10:15am	Sept. 11 - Nov. 13	Sa
30980	MISSION	11:30am to Noon	Sept. 11 - Oct. 30	Sa

#### Learn to Swim - Level 4

Ages: At least 6 but less than 18

This class should improve participants' proficiency in performing the swimming strokes that were introduced in Level 3. Participants perform these strokes with increased proficiency and can swim them for greater distances. In addition, participants learn the arm actions that accompany the scissors kick and breaststroke kick to begin performing the sidestroke and breaststroke at rudimentary proficiency levels. Participants also learn the back crawl and butterfly at rudimentary proficiency levels, in addition to the basics of performing a simple open turn at a wall. Prerequisite: Successful completion of Level 3.

30623	MLK	9:45am to 10:15am	Sept. 11 - Nov. 13	Sa
30624	Coffman	9:45am to 10:15am	Sept. 11 - Nov. 6	Sa
30625	Coffman	4:15pm to 4:45pm	Sept. 8 - Oct. 8	W/F
30626	Coffman	4:15pm to 4:45pm	Oct. 13 - Nov. 12	W/F
30627	HAMILTON	10:45am to 11:15am	Sept. 11 - Nov. 6	Sa
30628	HAMILTON	11:30am to Noon	Sept. 11 - Nov. 6	Sa
30629	HAMILTON	5pm to 5:30pm	Sept. 7 - Oct. 7	Tu/Th
30630	HAMILTON	5pm to 5:30pm	Oct. 12 - Nov. 9	Tu/Th
30631	SAVA	4:15pm to 4:45pm	Sept. 8 - Oct. 8	

30632	SAVA	4:15pm to 4:45pm	Oct. 13 - Nov. 12	W/F
30633	SAVA	9:45am to 10:15am	Sept. 11 - Nov. 6	Sa
30634	NORTH BEACH	5:15pm to 5:45pm	Sept. 8 - Oct. 8	W/F
30635	NORTH BEACH	5:15pm to 5:45pm	Oct. 13 - Nov. 12	W/F
30636	NORTH BEACH	10:30am to 11am	Sept. 11 - Nov. 6	Sa
30637	Garfield	3:30pm to 4pm	Sept. 7 - Oct. 7	Tu/Th
30638	Garfield	3:30pm to 4pm	Oct. 12 - Nov. 9	Tu/Th
30982	GARFIELD	9am to 9:30am	Sept. 11 - Nov. 13	Sa
30983	GARFIELD	10:30am to 11am	Sept. 11 - Nov. 13	Sa

#### Learn to Swim - Level 5

Ages: At least 6 but less than 18

This class focuses on helping participants refine their performance of all six swimming strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke). Participants perform these strokes with increased proficiency and can swim them for greater distances. Participants also learn to perform flip turns on the front and back. Prerequisite: Successful completion of Level 4.

30640	Coffman	5pm to 5:30pm	Sept. 8 - Oct. 8	W/F
30641	Coffman	5pm to 5:30pm	Oct. 13 - Nov. 12	W/F
30642	SAVA	5pm to 5:30pm	Sept. 7 - Oct. 7	Tu/Th
30643	SAVA	5pm to 5:30pm	Oct. 12 - Nov. 9	Tu/Th
30644	SAVA	9am to 9:30am	Sept. 11 - Nov. 6	Sa
30645	Garfield	9:45am to 10:15am	Sept. 11 - Nov. 13	Sa
30646	Garfield	5pm to 5:30pm	Sept. 7 - Oct. 7	Tu/Th
30647	Garfield	5pm to 5:30pm	Oct. 12 - Nov. 9	Tu/Th

# Arts & Crafts / Adult 18+

#### **Advanced Glass**

Location: Sharon Art Studio

Fee: Member: \$270.00. Non-member: \$295.00

9 Week Session Sept. 17 - Nov. 12

Ages: 18 and up

This is an advanced class. In order to enroll, students must have 6 months of stained glass experience to register and may not be enrolled in another Leaded Glass class. No glass fusing allowed during this class.

30801 SHARON ART STUDIO 10am to 1pm Sept. 17 - Nov. 12 F Flannery, Constance

#### **Basic Jewelry Metal Arts**

Location: Sharon Arts Studio

Fee: Member: \$270.00. Non-member: \$295.00

9 Week Session Sept. 16 - Nov. 18

Ages: 18 and up

Develop or renew your basic skills in contemporary jewelry making. Technique will be applied toward inventing the new as well as recreating the old. A discussion of materials and projects will take place at the first-class meeting. Students will be responsible for purchasing materials for personal projects (which can be costly). New students will complete a flat project (pendant, broach, earrings) to learn the basics. Continuing and advanced students may move on to 3D items such as rings and cuffs.

30798 Sharon Arts Studio 6:30pm to 9:30pm Sept. 16 - Nov. 18 Th James, Erik

## **Basic Jewelry Metal Arts**

Location: Sharon Arts Studio

Fee: Member: \$270.00. Non-member: \$295.00

9 Week Session Sept. 21 - Nov. 16

Ages: 18 and up

Develop or renew your basic skills in contemporary jewelry making. Technique will be applied toward inventing the new as well as recreating the old. A discussion of materials and projects will take place at the first-class meeting. Students will be responsible for purchasing materials for personal projects (which can be costly). New students will complete a flat project (pendant, broach, earrings) to learn the basics. Continuing and advanced students may move on to 3D items such as rings and cuffs.

30802 Sharon Arts Studio 6:30pm to 9:30pm Sept. 21 - Nov. 16 Tu James, Erik

**Ceramics: Hand Building** 

Location: Randall Museum

Fee: Member: \$240.00. Non-member: \$250.00

6 Week Session Oct. 13 - Nov. 17

Ages: 16 and up

This class focuses on flat work made from slabs: tiles, soap dishes, trays, plates, platters, hanging ornaments and more. We'll cover basic clay handling and building techniques and explore a wide range of surface decoration techniques. We'll investigate carving and slips, and work on creating interesting textures, using commercial texture rollers and stamps, applying textures found in nature (i.e., seedpods, twigs, leaves, grasses, bark, pinecones, rocks etc.); repurposed materials, and items found at home (fabrics, lace, kitchen tools, corrugated cardboard and much more). Finally, we'll experiment with glazes that enhance textures, as well as using stains and underglazes.

30755 Randall Museum 6:30pm to 9pm Oct. 13 - Nov. 17 W Hinrichsen, Sonja

Ceramics: Potter's Wheel

Location: Randall Museum

Fee: Member: \$285.00. Non-member: \$295.00

6 Week Session Oct. 19 - Nov. 23

Ages: 16 and up

Come learn the potter's wheel with us! This friendly & supportive studio is the perfect place to develop your throwing skills. You'll learn to wedge, center, and pull up the clay walls of your wheel-thrown clay pieces. Begin throwing cups & bowls and progress at your own pace to more advanced forms like vases and plates. You'll learn glazing techniques, and work will be fired in the Randall kilns.

30754 Randall Museum 6:30pm to 9:30pm Oct. 19 - Nov. 23 Tu Hinrichsen, Sonja

Glass

Location: Sharon Art Studio

Fee: Member: \$170.00. Non-member: \$195.00

9 Week Session Sept. 13 - Nov. 15

Ages: 18 and up

Instruction of beginner and intermediate leaded glass techniques. Advanced students work on more sophisticated projects. Class fee includes introductory glass project, use of tools and some materials. Students will be responsible for purchasing materials for personal projects (which can be costly). Material list provided at first class. Glass cutting requires normal hand dexterity. New

students (new to glass or the studio) must attend the first class to receive instruction that will not be repeated. Advanced students: No grinding the first 2 hours of the first class. Note: Students may enroll in only one glass class per session. No glass fusing allowed during this class.

30795 Sharon Art Studio2pm to 5pm Sept. 13 - Nov. 15 M Gray, Dolores

#### Glass

Location: Sharon Art Studio

Fee: Member: \$170.00. Non-member: \$195.00

9 Week Session Sept. 16 - Nov. 18

Ages: 18 and up

Instruction of beginner and intermediate leaded glass techniques. Advanced students work on more sophisticated projects. Class fee includes introductory glass project, use of tools and some materials. Students will be responsible for purchasing materials for personal projects (which can be costly). Material list provided at first class. Glass cutting requires normal hand dexterity. New students (new to glass or the studio) must attend the first class to receive instruction that will not be repeated. Advanced students: No grinding the first 2 hours of the first class. Note: Students may enroll in only one glass class per session. No glass fusing allowed during this class.

30797 Sharon Art Studio6:30pm to 9:30pm Sept. 16 - Nov. 18 Th Burek, Alison

#### Glass

Location: Sharon Art Studio

Fee: Member: \$170.00. Non-member: \$195.00

9 Week Session Sept. 17 - Nov. 12

Ages: 18 and up

Instruction of beginner and intermediate leaded glass techniques. Advanced students work on more sophisticated projects. Class fee includes introductory glass project, use of tools and some materials. Students will be responsible for purchasing materials for personal projects (which can be costly). Material list provided at first class. Glass cutting requires normal hand dexterity. New students (new to glass or the studio) must attend the first class to receive instruction that will not be repeated. Advanced students: No grinding the first 2 hours of the first class. Note: Students may enroll in only one glass class per session. No glass fusing allowed during this class.

30799 Sharon Art Studio2pm to 5pm Sept. 17 - Nov. 12 F Liu, Elizabeth

#### Glass

Location: Sharon Art Studio

Fee: Member: \$170.00. Non-member: \$195.00

9 Week Session Sept. 18 - Nov. 13

Ages: 18 and up

Instruction of beginner and intermediate leaded glass techniques. Advanced students work on more sophisticated projects. Class fee includes introductory glass project, use of tools and some materials. Students will be responsible for purchasing materials for personal projects (which can be costly). Material list provided at first class. Glass cutting requires normal hand dexterity. New students (new to glass or the studio) must attend the first class to receive instruction that will not be repeated. Advanced students: No grinding the first 2 hours of the first class. Note: Students may enroll in only one glass class per session. No glass fusing allowed during this class.

30800 Sharon Art Studio10am to 1pm Sept. 18 - Nov. 13 Sa Liu, Elizabeth

#### Musical Inventions

Location: Randall Museum

Fee: Member: \$215.00. Non-member: \$225.00

5 Week Session Oct. 25 - Nov. 22

Ages: 16 and up

For thousands of years people have been creating music by inventing their own musical instruments. In this class, we will create our own unique, tunable string and percussion instruments out of a variety of materials. In addition to guitar, bass and piano strings, students will receive contact microphones to amplify their creation. While creating these instruments, we will dive into the science of sound and explore amazing instruments from around the world. We'll also learn about new music composers who have worked with their own invented instruments. No musical background necessary, but musicians are welcome.

30752 Randall Museum 6:30pm to 9pm Oct. 25 - Nov. 22 M Brest Van Kempen, Mark

## The Art of Floral Design

Location: Randall Museum

Fee: Member: \$285.00. Non-member: \$295.00

5 Week Session Oct. 26 - Nov. 23

Ages: 16 and up

Learn to create beautiful floral arrangements for everyday use, for gifts, for entertaining and for special occasions. Guided by professional florist Greg Lum, AIFD, we'll use a variety of fresh flowers to explore different styles and techniques every week. We'll move from simple to complex floral designs and cover a variety of styles & techniques along the way. We'll learn to craft armatures from inexpensive natural materials, make flowers to wear like corsages & boutonnieres, and much more. We'll begin with a festive Halloween design and finish up with a Fall Thanksgiving Day project. Open to all levels; most flowers and materials are included in the class fee.

30753 Randall Museum 6:30pm to 9pm Oct. 26 - Nov. 23 Tu Lum, Greg

# **Woodworking: Joinery Basics**

Location: Randall Museum

Fee: Member: \$400.00. Non-member: \$410.00

9 Week Session Oct. 12 - Dec. 7

Ages: 15 and up

In this class, we explore the world of wood joinery, with lots of hands-on practice. Learn to layout and cut a set of increasingly complex joints, from the halflap to the dovetail. Along the way, learn what joints do and why we use them. You'll gain a solid foundation for understanding when and how to use joinery in your future creations. We'll use hand tools for the most part, but will demonstrate biscuit joinery, the pocket hole system, Miller dowels and the Festool Domino. There will be an additional \$30 materials fee due to the instructor on the first day of class.

30743 Randall Museum 6:30pm to 9:30pm Oct. 12 - Dec. 7 Tu Bray, Mike

**Woodworking: Open Studio (session one)** 

Location: Randall Museum

Fee: Member: \$405.00. Non-member: \$415.00

9 Week Session Oct. 12 - Dec. 7

Ages: 15 and up

The woodshop is pleased to offer Open Studio this fall. This is an opportunity for more experienced woodworkers to pursue their own projects in our shop under moderate supervision. Instruction building upon foundational skills is available. Projects are subject to instructor approval. Wood is purchased by students; materials & project storage is limited. Prerequisite: Successful completion of two Woodworking I class at the Randall Museum within the last three years, plus instructor approval. Please note that the first meeting of the Fall Session will be devoted to a mandatory safety refresher and written test. A \$10 materials fee is due to the instructor on the first day of class. Students who have not met prerequisites will be withdrawn and charged a 20% refund processing fee.

30750 Randall Museum 9:30am to 12:30pm Oct. 12 - Dec. 7 Tu Treanor, Bob

## **Woodworking: Open Studio (session two)**

Location: Randall Museum

Fee: Member: \$360.00. Non-member: \$370.00

8 Week Session Oct. 23 - Dec. 11

Ages: 15 and up

The woodshop is pleased to offer Open Studio this fall. This is an opportunity for more experienced woodworkers to pursue their own projects in our shop under moderate supervision. Instruction building upon foundational skills is available. Projects are subject to instructor approval. Wood is purchased by students; materials & project storage is limited. Prerequisite: Successful completion of two Woodworking I class at the Randall Museum within the last three years, plus instructor approval. Please note that the first meeting of the Fall Session will be devoted to a mandatory safety refresher and written test. A \$10 materials fee is due to the instructor on the first day of class. Students who have not met prerequisites will be withdrawn and charged a 20% refund processing fee.

30751 Randall Museum 1pm to 5pm Oct. 23 - Dec. 11 Sa Treanor, Bob

# **Woodworking: Shaker Oval Box Workshop**

Location: Randall Museum

Fee: Member: \$145.00. Non-member: \$155.00

2 Week Session Oct. 7 - Oct. 14

Ages: 15 and up

Perhaps the most recognizable form of Shaker woodenware is the oval box. These beautiful bentwood boxes were made for use by the Shakers as well as for sale to the "world". The oval box was made in most Shaker communities, most notably by Brother Delmar Wilson (1873-1961) of the Sabbath Day Lake community in Maine. In this two-evening workshop, students will make the boxes by hand in the traditional manner. We will cut the? swallowtail? joints, prepare, shape and soak the box sides, bend the sides around a form and carefully fit the tops and bottoms. One or more boxes in several sizes may be made as time permits. Practical, elegant, and eminently useful, put your finished boxes to work at home or give them as gifts. This class is suitable for all levels. All supplies and materials are provided.

30742 Randall Museum 6:30pm to 9:30pm Oct. 7 - Oct. 14 Th Treanor, Bob

## **Woodworking: Spoon Carving I (session one)**

Location: Randall Museum

Fee: Member: \$175.00. Non-member: \$185.00

2 Week Session Oct. 20 - Oct. 27

Ages: 15 and up

Carving your own wooden spoon by hand is a quiet, calm, and satisfying endeavor. A handmade wooden spoon is a joy to use and makes a treasured gift. We'll teach you how to carve safely and with confidence, using traditional techniques. Included in the class

fee are a set of Swedish spoon knives and two solid wood spoon blanks. You'll come away with the skills and equipment you need to keep carving spoons and other wooden ware at home.

30744 Randall Museum 6:30pm to 9pm Oct. 20 - Oct. 27 W Bray, Mike

Woodworking: Spoon Carving I (session two)

Location: Randall Museum

Fee: Member: \$175.00. Non-member: \$185.00

2 Week Session Nov. 10 - Nov. 17

Ages: 15 and up

Carving your own wooden spoon by hand is a quiet, calm, and satisfying endeavor. A handmade wooden spoon is a joy to use and makes a treasured gift. We'll teach you how to carve safely and with confidence, using traditional techniques. Included in the class fee are a set of Swedish spoon knives and two solid wood spoon blanks. You'll come away with the skills and equipment you need to keep carving spoons and other wooden ware at home.

30745 Randall Museum 6:30pm to 9pm Nov. 10 - Nov. 17 W Bray, Mike

**Woodworking: Spoon Carving II (session one)** 

Location: Randall Museum

Fee: Member: \$80.00. Non-member: \$90.00

Nov. 3, 2021

Ages: 15 and up

Now that you've made a couple of spoons, your tools are probably pretty dull. Spend an evening learning how to sharpen your spoon carving tools and how to strop them to a razor edge. You'll make your own strop, and practice sharpening your tools. Then, Mike will demonstrate techniques and give an overview of how to carve your next project: salad servers. Class fee includes materials for strops, stropping compound, and two hardwood blanks suitable for salad servers.

30746 Randall Museum 6:30pm to 9pm Nov. 3, 2021 W Bray, Mike

Woodworking: Spoon Carving II (session two)

Location: Randall Museum

Fee: Member: \$80.00. Non-member: \$90.00

Dec. 8, 2021

Ages: 15 and up

Now that you've made a couple of spoons, your tools are probably pretty dull. Spend an evening learning how to sharpen your spoon carving tools and how to strop them to a razor edge. You'll make your own strop, and practice sharpening your tools. Then, Mike will demonstrate techniques and give an overview of how to carve your next project: salad servers. Class fee includes materials for strops, stropping compound, and two hardwood blanks suitable for salad servers.

30747 Randall Museum 6:30pm to 9pm Dec. 8, 2021 W Bray, Mike

**Woodworking: Spoon Carving Open Studio (session one)** 

Location: Randall Museum

Fee: Member: \$35.00. Non-member: \$45.00

Nov. 18, 2021

Ages: 15 and up

This is a chance for more experienced spoon carvers to work together in an informal, salon-like setting hosted by instructor Mike Bray. Mike will be on hand to help you with problem solving, answer questions, demonstrate techniques as needed, and of, tell stories and carve some spoons. Prerequisite: Successful completion of our Spoon Carving I class (virtually or in-person).

30748 Randall Museum 6:30pm to 9pm Nov. 18, 2021 Th Bray, Mike

**Woodworking: Spoon Carving Open Studio (session two)** 

Location: Randall Museum

Fee: Member: \$35.00. Non-member: \$45.00

Dec. 1, 2021

Ages: 15 and up

This is a chance for more experienced spoon carvers to work together in an informal, salon-like setting hosted by instructor Mike Bray. Mike will be on hand to help you with problem solving, answer questions, demonstrate techniques as needed, and of , tell stories and carve some spoons. Prerequisite: Successful completion of our Spoon Carving I class (virtually or in-person).

30749 Randall Museum 6:30pm to 9pm Dec. 1, 2021 W Bray, Mike

### Arts & Crafts / All Ages

## **Family Clay Day**

**Sharon Art Studio** 

Fee: Member: \$80.00. Non-member: \$105.00

4 Week Session

Sun, Oct. 3 - Sun, Oct. 24

Ages: 5 and up

Come play with clay and create beautiful works of art the whole family will enjoy! Learn a variety of handbuilding techniques and glaze your pieces with bright nontoxic glazes. Note: Children under 8 must be accompanied by an adult. Registration will cover one child and one adult. Participants may sign up for only one Family Clay Day.

30803 Sharon Art Studio 10am to Noon Sun, Oct. 3 - Sun, Oct. 24 Su Liu, Elizabeth

# **Family Clay Day**

Sharon Art Studio

Fee: Member: \$80.00. Non-member: \$105.00

4 Week Session

Sun, Nov. 21 - Sun, Dec. 12

Ages: 5 and up

Come play with clay and create beautiful works of art the whole family will enjoy! Learn a variety of handbuilding techniques and glaze your pieces with bright nontoxic glazes. Note: Children under 8 must be accompanied by an adult. Registration will cover one child and one adult. Participants may sign up for only one Family Clay Day.

30804 SHARON ART STUDIO 10am to Noon Sun, Nov. 21 - Sun, Dec. 12 Su Liu, Elizabeth

# Arts & Crafts / Tot 5 & Under

#### **Art and Animals**

Location: Randall Museum

Fee: Member: \$175.00. Non-member: \$185.00

8 Week Session Oct. 12 - Nov. 30 Ages: At least 2 1/2 but less than 6

Each week, a different animal visits our classroom. We learn fun facts and explore the wonders of these amazing creatures. Then, we get busy making art inspired by their unique characteristics. Projects, techniques, and animal ambassadors vary every session, but you can count on having fun, getting messy and learning something new every week. This hands-on class is as fun for the accompanying adults as it is for the kids. Class fee includes one child & one participating adult. Please register using the child's name.

30756 Randall Museum 10am to 11am Oct. 12 - Nov. 30 Tu Graham, Amy

#### Playing With Art (session one)

Location: Randall Museum

Fee: Member: \$90.00. Non-member: \$100.00

4 Week Session Oct. 13 - Nov. 3

Ages: At least 2 but less than 4

Play-based art exploration for toddlers and their caregivers. This class gives young children opportunities to experience and experiment with all sorts of materials, mediums, and squishy things. Kids and caregivers are encouraged to enjoy the process of manipulating everyday items into art. Dress for a mess! Class fee includes one child & one participating adult. Please register using the child's name.

30757 Randall Museum 10am to 11am Oct. 13 - Nov. 3 W Watanabe, Sarah

## Playing with Art (session two)

Location: Randall Museum

Fee: Member: \$110.00. Non-member: \$120.00

5 Week Session Nov. 10 - Dec. 8

Ages: At least 2 but less than 4

Play-based art exploration for toddlers and their caregivers. This class gives young children opportunities to experience and experiment with all sorts of materials, mediums, and squishy things. Kids and caregivers are encouraged to enjoy the process of manipulating everyday items into art. Dress for a mess! Class fee includes one child & one participating adult. Please register using the child's name.

30758 Randall Museum 10am to 11am Nov. 10 - Dec. 8 W Watanabe, Sarah

#### **Preschool Woodworking**

Location: Randall Museum

Fee: Member: \$90.00. Non-member: \$100.00

4 Week Session Oct. 14 - Nov. 4

Ages: At least 2 1/2 but less than 6

Our youngest woodworkers and their caregivers will have lots of fun making wooden toys, sculptures and other creative projects using simple hand tools, glue, and paint. This class will give a boost to fine motor skills as children learn to create with new confidence. Registration for this class includes one child and one adult. Each child must be accompanied by a participating adult. Register for class using the child's name.

30759 Randall Museum 10am to 11am Oct. 14 - Nov. 4 Th Strong, Renee

## Arts & Crafts / Youth, Tweens & Teens

#### Architects for the Land of the Tiny People

Location: Randall Museum

Fee: Member: \$100.00. Non-member: \$110.00

4 Week Session Oct. 13 - Nov. 3

Ages: At least 8 but less than 10

Create, design, build and furnish tiny worlds, secret lairs or clubhouses for your action figures, dolls, dinosaurs, or critters. Where would they like to live? You are the architect- bring your clients (6" or smaller) from home for scale, inspiration, and play.

30762 Randall Museum 4pm to 5:30pm Oct. 13 - Nov. 3 W Watanabe, Sarah

#### **Artist Workshop**

Location: Randall Museum

Fee: Member: \$185.00. Non-member: \$195.00

8 Week Session Oct. 12 - Nov. 30

Ages: At least 8 but less than 13

Learn cool studio skills as you create multimedia art. Experiment with building, printing, embossing, sculpting, painting and more. Every session and every class meeting, we workshop different projects, new techniques, materials, and creative approaches. Take the class as often as you like?You will expand your technical skills and exercise your creative license every step of the way.

30761 Randall Museum 4pm to 5:30pm Oct. 12 - Nov. 30 Tu Graham, Amy

# **Ceramics: Fantastic Animals**

Location: Randall Museum

Fee: Member: \$180.00. Non-member: \$190.00

6 Week Session Oct. 13 - Nov. 17

Ages: At least 9 but less than 14

Create your own collection of animals? real or surreal? drawn from fairy tales, your dreams, and your wild imagination. We'll explore slab, coil, and pinching techniques to build our animals. Then, we'll decorate our beautiful creations with colorful underglazes and put a shiny clear glaze over them.

30767 Randall Museum 4pm to 6pm Oct. 13 - Nov. 17 W Hinrichsen, Sonja

#### **Ceramics: The Spiral Way**

Location: Randall Museum

Fee: Member: \$180.00. Non-member: \$190.00

6 Week Session Oct. 19 - Nov. 23

Ages: At least 9 but less than 14

We will use coils and swirls to create functional ware that already comes with a distinct and fun pattern. Make tiles, bowls, cups, and soap dishes, you can expand your ideas into small sculptural objects, like castles, cars, monsters, funny faces and much more. Then, learn how to use underglazes and colorful glazes to enhance your work.

30766 Randall Museum 4pm to 6pm Oct. 19 - Nov. 23 Tu Hinrichsen, Sonja

## Interior Design for the Land of the Tiny People

Location: Randall Museum

Fee: Member: \$115.00. Non-member: \$125.00

5 Week Session Nov. 10 - Dec. 8

Ages: At least 9 but less than 13

Create your dream apartment in miniature! Try your hand at interior decorating as you design and build furniture, select textiles and décor, and create a scale model of your ideal living space. Randall's miniature enthusiasts will delve deeper into realism, scale, tool use, and design. Previous attendance in "Architects for the Land of the Tiny People" is great but by no means necessary!

30763 Randall Museum 4pm to 5:30pm Nov. 10 - Dec. 8 W Watanabe, Sarah

#### **Inventions**

Location: Randall Museum

Fee: Member: \$270.00. Non-member: \$280.00

9 Week Session Oct. 18 - Dec. 13

Ages: At least 8 but less than 11

Discover how levers, cranks, and pulleys work. Use simple household materials, hardware, and sculptural materials to create working inventions and kinetic sculpture with your own creative twist.

30760 Randall Museum 4pm to 6pm Oct. 18 - Dec. 13 M Brest Van Kempen, Mark

## **Making Your Own Stuff!**

Location: Randall Museum

Fee: Member: \$115.00. Non-member: \$125.00

5 Week Session Oct. 14 - Nov. 18

Ages: At least 6 but less than 8

Join us for crafting fun and games in the art room. Imagine and create your own toys, games, stuffies, puppets, bedroom decor,

books, whacky pencil toppers, and more!

30764 Randall Museum 4pm to 5:30pm Oct. 14 - Nov. 18 Th Watanabe, Sarah

## **Woodworking: Building Beastly Abodes**

Location: Randall Museum

Fee: Member: \$140.00. Non-member: \$150.00

5 Week Session Oct. 13 - Nov. 10

Ages: At least 7 but less than 11

Western Blue Birds, butterflies and bees would really like to move back to the City, and they are apartment hunting. Let's build them some houses! Years ago, many different kinds of butterflies, bees and birds lived all over the Bay Area. But with urban development, their natural habitats were destroyed, and they were forced to relocate. Let's bring them back! We'll build specially designed houses for birds, bees, and butterflies that you can take home. You'll gain some basic carpentry skills along the way. Everyone will learn how to use hand tools like drills, hammers, tape measures, clamps and more.

30765 Randall Museum 4pm to 5:30pm Oct. 13 - Nov. 10 W Ellis, Nancy

#### Arts - Photography / Adult 18+

#### **Darkroom Essentials & Processes**

Location: Harvey Milk Photo Center

Fee: \$165.00 5 Week Session Sept. 16 - Oct. 14

Ages: 18 and up

This introductory class covers all of the key basics in Black and White Darkroom printing. Learn the essential steps and key processes to get you on your way to printing your images! Students will gain the techniques to grow in skill and confidence. Instructor will go over the needed materials in the first class. Students should bring an assortment of negatives to class, if available.

30941 Harvey Milk Photo Center 5pm to 8pm Sept. 16 - Oct. 14 Th Gould, Chris

#### **Getting to Know Your DSLR Camera Level 1**

Location: HARVEYPHOTO - Photo Exhibit Room at HARVEY MILK PHOTO CENTER

Fee: \$165.00 4 Week Session Oct. 7 - Oct. 28

Ages: 18 and up

Learn the controls of your digital camera and improve your photographs along the way! Step by step instruction and demonstrations will be covered in class. Please bring your digital camera manual to class, along with your camera that is fully charged, and with back up batteries. This class requires a Digital SLR Camera. For any questions, please contact Photo Center 415-554-9522.

30942 HARVEYPHOTO - Photo Exhibit Room at HARVEY MILK PHOTO CENTER 5:30pm to 8pm Oct. 7 - Oct. 28 Th Riskin, Andrei

#### **Photo Center Orientation**

Location: HARVEYPHOTO - Lobby at HARVEY MILK PHOTO CENTER

Fee: Free

Ages: 13 and up

This is a required for all potential members of the Photography Center. This will include a talk about the rules and regulations of the Photography Center, a complete tour of the facility including a tour of our forty-enlarger darkroom with instructions on the uses for the enlargers and how to process both your resin coated and fiber black & white prints for optimum results. You will see the film developing rooms and learn about the uses of the dry mount presses. You will also visit the 1000 sq ft. portrait studio with multiple backgrounds and studio softboxes. After the tour, there will be a question-and-answer session to address any of the subjects regarding black & white photography and studio lighting. Call the Photo Center for more information at 415-554-9522.

30935	HARVEY MILK PHOTO CENTER	1pm to 2pm	Sept. 25, 2021	Sa	Anderson, Aaron
30936	HARVEY MILK PHOTO CENTER	1pm to 2pm	Oct. 9, 2021	Sa	Anderson, Aaron
30937	HARVEY MILK PHOTO CENTER	1pm to 2pm	Oct. 23, 2021	Sa	Anderson, Aaron
30938	HARVEY MILK PHOTO CENTER	1pm to 2pm	Nov. 6, 2021	Sa	Anderson, Aaron
30939	HARVEY MILK PHOTO CENTER	1pm to 2pm	Nov. 20, 2021	Sa	Anderson, Aaron

# Arts - Photography / Youth, Tweens & Teens

# **Photo Darkroom for High School Students**

Location: Harvey Milk Photo Center

Fee: \$95.00 5 Week Session Sept. 29 - Oct. 27

Ages: At least 14 but less than 18

This introductory class is designed for high school students, who wish to learn how to shoot, process and print film in our darkroom. It's a fun class as we keep the classes small so you can really have time to learn and experiment within this class. Also, students can practice their new skills at our facility, while the is in session. This fills quickly. Instructor will email materials list prior to first class.

30940 Harvey Milk Photo Center 4pm to 6pm Sept. 29 - Oct. 27 W Gould, Chris

# Arts - Visual / Adult 18+

#### **Acrylic Abstract Painting-Splash, Drip and Pour**

Location: Sharon Art Studio

Fee: Member: \$270.00. Non-member: \$295.00

9 Week Session Sept. 14 - Nov. 9

Ages: 18 and up

Let your imagination and paint flow. Join in the fun of creating abstract Acrylic Pour Paintings. Learn the techniques of swipe, tilt, flip,

dip, funnel pours, dirty pours, and puddle pours. You will work with tiles, wood, cradled canvas, and glass.

30793 Sharon Art Studio6:30pm to 9:30pm Sept. 14 - Nov. 9 Tu Gray, Dolores

#### **Ceramics- Exploration in Clay**

Location: Mission Arts

Fee: \$128.00 8 Week Session Sept. 15 - Nov. 3

Ages: 18 and up

Explore the myriad of sculptural potential in clay. We will cover basic ceramic hand- building, wheel thrown forms, surface decorations and glazing. Instructor will work with advanced students to explore and develop individual techniques and projects. All

levels welcome.

30925 Mission Arts 6pm to 8:30pm Sept. 15 - Nov. 3 W James, Erik

## Go Figure! The Long Pose

Location: Sharon Art Studio

Fee: Member: \$270.00. Non-member: \$295.00

9 Week Session Sept. 16 - Nov. 18

Ages: 18 and up

Come experience drawing from a live model. Each class will have a particular focus on the figure and helpful techniques for rendering. We will work from both clothed and nude models. The class will have longer posed with some sessions dedicated to a single pose the entire class time, giving students more time for drawing and on-the-spot instructions. Cost of the model is included in

the price of the class. Drops-ins not available currently.

30796 Sharon Art Studio10am to 12:30pm Sept. 16 - Nov. 18 Th Banta, Virginia

# **Life Drawing**

Location: Sharon Art Studio

Fee: Member: \$270.00. Non-member: \$295.00

9 Week Session Sept. 14 - Nov. 9 Ages: 18 and up

Come experience drawing from a live model. Class is self-directed, each week focusing on a different part of the anatomy. Critiques of student work made upon request to the instructor. Emphasis is on gesture poses, short poses, ending with 20-minute poses. Please bring paper and drawing materials to class. Price of the model is included in the cost of the class. No Drop-ins available at this time

30794 Sharon Art StudioNoon to 3pm Sept. 14 - Nov. 9 Tu Burek, Alison

#### **Textiles - Introduction to Sewing**

Location: Harvey Milk

Fee: \$96.00 8 Week Session Sept. 16 - Nov. 4

Ages: 18 and up

This class is for beginners and anyone who wants to polish their sewing skills! You will complete multiple projects from beginning to end while exploring your creativity and learning concrete sewing skills and techniques that will last a lifetime. The projects designed for this class each cover specific sewing techniques that build upon each other allowing you to learn one step at a time while practicing and learning your new skills as you move through the class. We will also focus on repurposing and reimagining materials into amazing new things that you'll be proud to show off to your friends. Projects include, reusable cloth napkins, a handy? Dandy farmer's market tote bag, hostess apron and much more!

30927 Harvey Milk 6:30pm to 8:30pm Sept. 16 - Nov. 4 Th Myers, Valentina

# Arts - Visual / Tot 5 & Under

#### **Little People's Art Studio**

Location: Harvey Milk

Fee: \$24.00 4 Week Session Sept. 18 - Oct. 9

Ages: At least 2 1/2 but less than 5

Let your child express themselves through art in this creative art class. This class promotes artistic cognitive development linking tactile and visual fun and casual environment. Adult participation is required.

30921 Harvey Milk 10am to 11am Sept. 18 - Oct. 9 Sa Valentin, Raquel

#### Little People's Art Studio

Location: Harvey Milk

Fee: \$24.00 4 Week Session Sept. 18 - Oct. 9

Ages: At least 2 1/2 but less than 5

Let your child express themselves through art in this creative art class. This class promotes artistic cognitive development linking tactile and visual fun and casual environment. Adult participation is required.

30922 Harvey Milk 11:30am to 12:30pm Sept. 18 - Oct. 9 Sa Valentin, Raquel

## Little People's Art Studio

Location: Harvey Milk

Fee: \$24.00

4 Week Session Sept. 15 - Oct. 6

Ages: At least 2 1/2 but less than 5

Let your child express themselves through art in this creative art class. This class promotes artistic cognitive development linking tactile and visual fun and casual environment. Adult participation is required.

30923 Harvey Milk 10am to 11am Sept. 15 - Oct. 6 W Kimman Lowe, Krista

#### **Little People's Art Studio**

Location: Harvey Milk

Fee: \$24.00 4 Week Session Oct. 13 - Nov. 3

Ages: At least 2 1/2 but less than 5

Let your child express themselves through art in this creative art class. This class promotes artistic cognitive development linking tactile and visual fun and casual environment. Adult participation is required.

30977 Harvey Milk 10am to 11am Oct. 13 - Nov. 3 W Kimman Lowe, Krista

#### Little People's Art Studio - Drop-in

Location: MISSION ARTS CENTER

Fee: Drop-in Class 9 Week Session Sept. 17 - Nov. 12

Ages: At least 2 1/2 but less than 5

A drop in version of our popular class! Let your child express themselves through art in this new creative art class. This new class promotes artistic cognitive development linking tactile and visual fun and casual environment. Adult participation is required. No pre-registration. Drop in between 10am and 11:30 am and stay as late as 12:00 pm.

30924 MISSION ARTS CENTER 10am to Noon Sept. 17 - Nov. 12 F Silver, Hitomi

## Arts - Visual / Youth, Tweens & Teens

## **Clay Play**

**Location: Mission Arts** 

Fee: \$80.00 8 Week Session Sept. 15 - Nov. 3

Ages: At least 8 but less than 12

Explore clay as a sculptural material to create all kinds of things! Learn hand-building techniques, such as slabs, coils, and pinching. We will cover several different surface treatments, traditional glazes, and non-traditional approaches.

30926 Mission Arts 4pm to 5:30pm Sept. 15 - Nov. 3 W James, Erik

# Eco Art

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Sept. 24 - Oct. 15 Ages: At least 6 but less than 10

Using recycled and repurposed art supplies, we'll create fun and interesting projects using our imaginations and a variety of everyday items. For inspiration, we'll read and create a scene from Dr. Seuss's "The Lorax", a reminder to be mindful about how we use our planet's resources.

30824 Sharon Arts Studio 4:30pm to 5:15pm Sept. 24 - Oct. 15 F Wu, Debbie

#### Eco Art

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Oct. 22 - Nov. 12

Ages: At least 6 but less than 10

Using recycled and repurposed art supplies, we'll create fun and interesting projects using our imaginations and a variety of everyday items. For inspiration, we'll read and create a scene from Dr. Seuss's "The Lorax", a reminder to be mindful about how we use our

planet's resources.

30825 Sharon Arts Studio 3:30pm to 4:15pm Oct. 22 - Nov. 12 F Wu, Debbie

#### **Multi-Cultural Art**

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Sept. 24 - Oct. 15

Ages: At least 6 but less than 10

We'll travel around the world creating artwork from different countries and cultures. Each week, we'll learn about the traditions and customs of distant places. Projects will include Guatemalan Worry Dolls, Dia de Los Muertos paper skull masks, Chinese New Year's

animals and more.

30822 Sharon Arts Studio 3:30pm to 4:15pm Sept. 24 - Oct. 15 F Wu, Debbie

# **Multi-Cultural Art**

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Oct. 22 - Nov. 12

Ages: At least 6 but less than 10

We'll travel around the world creating artwork from different countries and cultures. Each week, we'll learn about the traditions and customs of distant places. Projects will include Guatemalan Worry Dolls, Dia de Los Muertos paper skull masks, Chinese New Year's

animals and more.

30823 Sharon Arts Studio 4:30pm to 5:15pm Oct. 22 - Nov. 12 F Wu, Debbie

## **Pacific Ocean Landscapes**

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Sept. 23 - Oct. 14 Ages: At least 6 but less than 10

We'll create our own Pacific Ocean landscape scenes, a unique and magnificent California environment. Each week, we'll learn about the plants and animals living in this important eco-system while creating our own collage landscapes using color paper, oil pastels, found objects and our imaginations.

30818 Sharon Arts Studio 3:30pm to 4:15pm Sept. 23 - Oct. 14 Th Wu, Debbie

# **Pacific Ocean Landscapes**

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Oct. 21 - Nov. 18

Ages: At least 6 but less than 10

We'll create our own Pacific Ocean landscape scenes, a unique and magnificent California environment. Each week, we'll learn about the plants and animals living in this important eco-system while creating our own collage landscapes using color paper, oil pastels,

found objects and our imaginations.

30819 Sharon Arts Studio 4:30pm to 5:15pm Oct. 21 - Nov. 18 Th Wu, Debbie

#### **Redwood Forest Landscapes**

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Sept. 23 - Oct. 14

Ages: At least 6 but less than 10

We'll create our own Redwood forest landscape scenes, a unique and magnificent California environment. Each week, we'll learn about the plants and animals living in this important eco-system while creating our own collage landscapes using color paper, oil

pastels, found objects and our imaginations.

30820 Sharon Arts Studio 4:30pm to 5:15pm Sept. 23 - Oct. 14 Th Wu, Debbie

# **Redwood Forest Landscapes**

Location: Sharon Arts Studio

Fee: Member: \$96.00. Non-member: \$96.00

4 Week Session Oct. 21 - Nov. 18

Ages: At least 6 but less than 10

We'll create our own Redwood forest landscape scenes, a unique and magnificent California environment. Each week, we'll learn about the plants and animals living in this important eco-system while creating our own collage landscapes using color paper, oil

pastels, found objects and our imaginations.

30821 Sharon Arts Studio 3:30pm to 4:15pm Oct. 21 - Nov. 18 Th Wu, Debbie

# **Teen Beginner Jewelry / Metal Arts**

Location: Sharon Arts Studio

Fee: Member: \$240.00. Non-member: \$240.00

8 Week Session Sept. 20 - Nov. 15

Ages: At least 14 but less than 17

This after school jewelry program is accessible to all levels and offers the opportunity to explore a variety of jewelry techniques. We'll explore the basics of creating flat pieces such as pendants and earrings as well as 3-D objects made of copper and brass. Materials are included in the price of the class. Students are required to wear a mask, maintain social distancing standards, and use proper hand washing techniques. This class has a maximum of 8 students and will take place in a well-ventilated jewelry studio

30805 Sharon Arts Studio 4:30pm to 6pm Sept. 20 - Nov. 15 M Hoang, Danielle

## **Teen Beginner Jewelry / Metal Arts**

Location: Sharon Arts Studio

Fee: Member: \$240.00. Non-member: \$240.00

8 Week Session Sept. 21 - Nov. 9

Ages: At least 14 but less than 17

This after school jewelry program is accessible to all levels and offers the opportunity to explore a variety of jewelry techniques. We'll explore the basics of creating flat pieces such as pendants and earrings as well as 3-D objects made of copper and brass. Materials are included in the price of the class. Students are required to wear a mask, maintain social distancing standards, and use proper hand washing techniques. This class has a maximum of 8 students and will take place in a well-ventilated jewelry studio

30806 Sharon Arts Studio 4:30pm to 6pm Sept. 21 - Nov. 9 Tu Hoang, Danielle

#### **Teen Ceramics**

Sharon Art Studio

Fee: Member: \$240.00. Non-member: \$240.00

8 Week Session Sept. 20 - Nov. 15

Ages: At least 14 but less than 17

This after school ceramics program is accessible to all levels and offers the opportunity to explore a variety of ceramic techniques. We'll explore hand building, throwing on the wheel, and glazing. Materials are included in the price of the class. Students are required to wear a mask, maintain social distancing standards, and use proper hand washing techniques. This class has a maximum of 10 students and will take place in a well-ventilated ceramics studio.

30808 Sharon Art Studio4:30pm to 6pm Sept. 20 - Nov. 15 M Sato, Yuko

#### **Teen Ceramics**

Sharon Art Studio

Fee: Member: \$240.00. Non-member: \$240.00

8 Week Session Sept. 22 - Nov. 10

Ages: At least 14 but less than 17

This after school ceramics program is accessible to all levels and offers the opportunity to explore a variety of ceramic techniques. We'll explore hand building, throwing on the wheel, and glazing. Materials are included in the price of the class. Students are required to wear a mask, maintain social distancing standards, and use proper hand washing techniques. This class has a maximum of 10 students and will take place in a well-ventilated ceramics studio.

30811 Sharon Art Studio4:30pm to 6pm Sept. 22 - Nov. 10 W Sato, Yuko

#### **Teen Glass**

Location: Sharon Art Studio

Fee: Member: \$96.00. Non-member: \$96.00

8 Week Session Sept. 21 - Nov. 9

Ages: At least 11 but less than 17

In this two-part class, you will learn the basics of both stained and fused glass techniques. Learn proper glass cutting, shaping, and soldering techniques to create an original 8x11 stained glass windoW/For your home. We will also introduce you to glass fusing: the technique of heating pieces of compatible glass in a kiln until they are completely fused. We will focus on arranging glass for flat fusing and learn to make a fused glass project, such as jewelry, a frame or magnet. All the materials you need will be included in the cost of the class. No previous glass cutting experience is necessary? we'll teach you everything you need to know! New students must attend the first class. Must be able to follow directions and safety precautions for cutting and handling glass.

30812 Sharon Art Studio4:30pm to 6pm Sept. 21 - Nov. 9 Tu Burek, Alison

#### **Teen Glass**

Location: Sharon Art Studio

Fee: Member: \$96.00. Non-member: \$96.00

8 Week Session Sept. 23 - Nov. 18

Ages: At least 11 but less than 17

In this two part class, you will learn the basics of both stained and fused glass techniques. Learn proper glass cutting, shaping and soldering techniques to create an original 8x11 stained glass window for your home. We will also introduce you to glass fusing: the technique of heating pieces of compatible glass in a kiln until they are completely fused. We will focus on arranging glass for flat fusing and learn to make a fused glass project, such as jewelry, a frame or magnet. All the materials you need will be included in the cost of the class. No previous glass cutting experience is necessary we'll teach you everything you need to know! New students must attend the first class. Must be able to follow directions and safety precautions for cutting and handling glass.

30813 Sharon Art Studio4:30pm to 6pm Sept. 23 - Nov. 18 Th Burek, Alison

# **Teen Intermediate Jewelry / Metal Arts**

Location: Sharon Arts Studio

Fee: Member: \$240.00. Non-member: \$240.00

8 Week Session Sept. 22 - Nov. 10

Ages: At least 14 but less than 17

This after school jewelry class is offered for those interested in taking their metal arts skills to the next level. Students will dive deeper into techniques to create unique pendants and earrings as well as 3-D objects made of copper and brass. Materials are included in the price of the class. Students must have previous Jewelry experience to join intermediate class. Students are required to wear a mask, maintain social distancing standards, and use proper hand washing techniques. This class has a maximum of 8 students and will take place in a well-ventilated jewelry studio.

30807 Sharon Arts Studio 4:30pm to 6pm Sept. 22 - Nov. 10 W Hoang, Danielle

# **Teen Mixed Media - Printmaking**

Location: Sharon Art Studio

Fee: Member: \$120.00. Non-member: \$120.00

4 Week Session Sept. 23 - Oct. 14

Ages: At least 11 but less than 17

This fast-paced and fun class will introduce students to monoprinting techniques using Gelli plates. Students will explore the possibilities for creating one-of-a-kind images using stencils, texture tools, stamps, and found objects. Artists will experiment with

textures, patterns, and color harmonies and produce multiple prints that can be used on their own or as an element for collaging, journaling, and mixed-media projects.

30814 Sharon Art Studio4:30pm to 6pm Sept. 23 - Oct. 14 Th Kleytman, Olga

## **Teen Mixed Media - Printmaking**

Location: Sharon Art Studio

Fee: Member: \$120.00. Non-member: \$120.00

4 Week Session Oct. 21 - Nov. 18

Ages: At least 11 but less than 17

This fast-paced and fun class will introduce students to monoprinting techniques using Gelli plates. Students will explore the possibilities for creating one-of-a-kind images using stencils, texture tools, stamps, and found objects. Artists will experiment with textures, patterns, and color harmonies and produce multiple prints that can be used on their own or as an element for collaging, journaling, and mixed-media projects.

30815 Sharon Art Studio4:30pm to 6pm Oct. 21 - Nov. 18 Th Kleytman, Olga

#### **Textiles - Kids Knit & Crochet**

Location: Harvey Milk

Fee: \$54.00 9 Week Session Sept. 15 - Nov. 10

Ages: At least 6 but less than 12

Ready to take your knitting & crochet to the next level and tackle new skills and projects? This fun class is for kids with beginning knitting and/or crochet experience. All materials are provided.

30929 Harvey Milk 3:30pm to 4:30pm Sept. 15 - Nov. 10 W Flynn, Bernadette

# **Textiles - Kids Knit & Crochet**

Location: Harvey Milk

Fee: \$54.00 9 Week Session Sept. 15 - Nov. 10

Ages: At least 6 but less than 12

Ready to take your knitting & crochet to the next level and tackle new skills and projects? This fun class is for kids with beginning knitting and/or crochet experience. All materials are provided.

30930 Harvey Milk 4:30pm to 5:30pm Sept. 15 - Nov. 10 W Flynn, Bernadette

# **Tween Ceramics**

Sharon Art Studio

Fee: Member: \$240.00. Non-member: \$240.00

8 Week Session Sept. 21 - Nov. 9

Ages: At least 11 but less than 13

This after school ceramics program is accessible to all levels and offers the opportunity to explore a variety of ceramic techniques. We?ll explore hand building, throwing on the wheel, and glazing. Materials are included in the price of the class. Students are

required to wear a mask, maintain social distancing standards, and use proper hand washing techniques. This class has a maximum of 10 students and will take place in a well ventilated ceramics studio.

30809 Sharon Art Studio4:30pm to 6pm Sept. 21 - Nov. 9 Tu Ichimura, Jeannie

#### **Tween Ceramics**

Sharon Art Studio

Fee: Member: \$240.00. Non-member: \$240.00

8 Week Session Sept. 23 - Nov. 18

Ages: At least 11 but less than 13

This after school ceramics program is accessible to all levels and offers the opportunity to explore a variety of ceramic techniques. We'll explore hand building, throwing on the wheel, and glazing. Materials are included in the price of the class. Students are required to wear a mask, maintain social distancing standards, and use proper hand washing techniques. This class has a maximum of 10 students and will take place in a well ventilated ceramics studio.

30810 Sharon Art Studio4:30pm to 6pm Sept. 23 - Nov. 18 Th Ichimura, Jeannie

# Tween Drawing Studio - Graphic Storytelling

Location: Sharon Art Studio

Fee: Member: \$120.00. Non-member: \$120.00

4 Week Session Sept. 22 - Oct. 13

Ages: At least 11 but less than 17

Improve your storytelling skills while creating your own graphic novel. In this 4-week storytelling choose-your-own-adventure class, you will learn techniques in cartoon illustration, narrative drawing, character design, cover art, and bookbinding. This class accommodates both newbies and those familiar with graphic novel design techniques.

30816 Sharon Art Studio3:30pm to 5pm Sept. 22 - Oct. 13 W Ramirez, Mara

## Tween Drawing Studio - Graphic Storytelling

Location: Sharon Art Studio

Fee: Member: \$120.00. Non-member: \$120.00

4 Week Session Oct. 20 - Nov. 10

Ages: At least 11 but less than 17

Improve your storytelling skills while creating your own graphic novel. In this 4-week storytelling choose-your-own-adventure class, you will learn techniques in cartoon illustration, narrative drawing, character design, cover art, and bookbinding. This class accommodates both newbies and those familiar with graphic novel design techniques.

30817 Sharon Art Studio3:30pm to 5pm Oct. 20 - Nov. 10 W Ramirez, Mara

## **YPTMTC - Theatre Tech**

Location: HARVEYART - Community Room at HARVEY MILK CENTER FOR THE ARTS

Fee: Free 12 Week Session Sept. 16 - Dec. 16

Ages: At least 13 but less than 20

Learn a wide range of technical theatre skills such as scenic painting, set design, prop making, make-up and costume design. All levels welcome.

30944 Harvey Milk 4pm to 6pm Sept. 16 - Dec. 16 Th Flynn, Bernadette

# Dance / Music / Performing Arts / All Ages

## **Aztec Dance with Mixcoatl Anahuac**

**Location: Mission Arts** 

Fee: Free

11 Week Session Sept. 10 - Nov. 19

Ages: 3 and up

Aztec Dance is a native dance and an important traditional dance and ceremony. Mizcoatl Anahuac is an Aztec Dance group based in San Francisco?s Mission district. Weekly dance practice is at Mission Art center, but will sometimes be offsite, in response to community needs. The practice is weekly, but location is pending. Please call Mission Art Center on Fridays prior to class start to confirm location of practice.

30918 Mission Arts 6:30pm to 8:30pm Sept. 10 - Nov. 19 F

## **Capoeira- Beginning Adult**

Location: Fee: \$54.00 9 Week Session Sept. 9 - Nov. 4

Ages: 18 and up

Come learn Capoeira in an open, supportive environment. This class teaches the basics of capoeira technique and builds agility, strength and balance. It is perfect for students who are new to capoeira as well as continuing students looking to review the basics.

30919 Mission Arts 7pm to 8pm Sept. 9 - Nov. 4 Th Cafu, Mestre

# Dance / Music / Performing Arts / Youth, Tweens & Teens

#### **YPTMTC - Ballet for Teens**

Location: Harvey Milk

Fee: Free

13 Week Session Sept. 14 - Dec. 14

Ages: At least 13 but less than 20

Learn the fundamentals of Ballet and increase core strength. All levels welcome.

30947 Harvey Milk 5pm to 6pm Sept. 14 - Dec. 14 Tu Bosco-Alvarez, Nicola

# **YPTMTC - Improv & Acting**

Location: Harvey Milk

Fee: Free

13 Week Session Sept. 17 - Dec. 17

Ages: At least 13 but less than 20

Develop Improv and Acting skills for the stage and beyond. All levels welcome

30943 Harvey Milk 4pm to 5:30pm Sept. 17 - Dec. 17 F Bosco-Alvarez, Nicola

## **YPTMTC - Teen Tap**

Location: Harvey Milk

Fee: Free

14 Week Session Sept. 14 - Dec. 14

Ages: At least 13 but less than 20

Learn all the fundamentals of tap combined with fun choreography! A showcase performance will close out the session.

30948 Harvey Milk 4pm to 5pm Sept. 14 - Dec. 14 Tu Flynn, Bernadette

## **YPTMTC - Vocal Training**

Location: Harvey Milk

Fee: Free

14 Week Session Sept. 15 - Dec. 15

Ages: At least 13 but less than 20

Learn and expand upon the fundamentals of vocal training using breath and vocal techniques to improve range, ability, and harmonization within a group. All levels welcome.

30945 Harvey Milk 4pm to 5:30pm Sept. 15 - Dec. 15 W Bosco-Alvarez, Nicola

## **YPTMTC - Youth Mentorship Series**

Location: Harvey Milk

Fee: Free 8 Week Session Sept. 16 - Nov. 4

Ages: At least 13 but less than 20

For teens interested in giving back to the community and working with youth. Teens will be paired with 4th & 5th grade youth to develop skills in the arts, dance, theatre, and playwriting. This specialty series provides a safe and nurturing environment for teens to be a mentor for youth in after school programs and gain self esteem and confidence. Teens will earn community service hours for this.

30946 Harvey Milk 3pm to 5pm Sept. 16 - Nov. 4 Th Bosco-Alvarez, Nicola

# Early Childhood Recreation / Tot 5 & Under

## **Tot Space**

Location: Mission Arts

Fee: \$81.00 9 Week Session Sept. 11 - Nov. 6

Ages: At least 1 but less than 3

Kids will enjoy a play space filled with music, balls, manipulatives, hula hoops, tunnels, scooters and tricycles. This program gives toddlers an opportunity to engage in developing motor skills with the use of different apparatus, free play, and exploration.

# Exercise & Fitness / Adult 18+

Mission Arts

#### **Forever Fit**

30920

Location: RICHMOND REC CENTER

Fee: \$64.00 8 Week Session Sept. 14 - Nov. 2

Ages: 18 and up

An active approach to conditioning, geared for those who want to get fit without the pounding of an extreme class. Including both cardiovascular exercises along with muscle conditioning, this class is great for those looking for a beginning to intermediate level class, the mature fitness enthusiast, and those just coming back to exercise.

30838 RICHMOND REC CENTER 6pm to 7pm Sept. 14 - Nov. 2 Tu Freund, Susan

#### **Healing Yoga**

Location: Harvey Milk

Fee: Free 8 Week Session Sept. 16 - Nov. 4

Ages: 18 and up

Yoga is an ancient practice used for developing strength and balance between mind and body. These classes will build your knowledge and skill in addition to teaching fundamental poses which will increase your flexibility, enhance muscle tone, and improve coordination. We provide a certain number of mats but encourage you to bring your own.

30917 Harvey Milk 1pm to 2:30pm Sept. 16 - Nov. 4 Th Tucker, Stephanie

# Yoga - Gentle Hatha

Location: CROCKER - Multi Purpose Room at CROCKER AMAZON PLGD

Fee: \$64.00 8 Week Session Sept. 18 - Nov. 6

Ages: 18 and up

Gentle Hatha incorporates restorative and standing postures into a slow, meditative, calm practice. This class is great for beginners or advanced students and will help stimulate and relax the body through mind-body awareness.

30837 CROCKER AMAZON PLGD 9am to 10am Sept. 18 - Nov. 6 Sa Ahmed, Fatima

# Zumba

Location: UPPER NOE REC CENTER

Fee: Free 8 Week Session Sept. 18 - Nov. 6

Ages: 18 and up

Zumba is an exercise fitness activity based on the rhythms of Latin dance music-- salsa, reggaetón, merengue and cumbia.

30834 UPPER NOE REC CENTER 9:30am to 10:30am Sept. 18 - Nov. 6 Sa Chito

#### Zumba

Location: BETTY ANN ONG CHINESE REC CENTER

Fee: Free 8 Week Session Sept. 18 - Nov. 6

Ages: 18 and up

Zumba is an exercise fitness activity based on the rhythms of Latin dance music-- salsa, reggaetón, merengue and cumbia.

30835 BETTY ANN ONG 9:30am to 10:30am Sept. 18 - Nov. 6 Sa Matt

#### Zumba

Location: MINNIE & LOVIE WARD REC CENTER

Fee: Free 8 Week Session Sept. 16 - Nov. 4

Ages: 18 and up

Zumba is an exercise fitness activity based on the rhythms of Latin dance music-- salsa, reggaetón, merengue and cumbia.

30836 MINNIE & LOVIE WARD 6:45pm to 7:45pm Sept. 16 - Nov. 4 Th Eveling

# **Exercise & Fitness / Senior Adult**

## **Line Dancing**

Location: LEE REC CENTER

Fee: Free

9 Week Session Sept. 17 - Nov. 12

Ages: 18 and up

This class is a great opportunity to get your body moving while socializing.

30914 JOSEPH LEE REC CENTER 10am to Noon Sept. 17 - Nov. 12 F

# **Outdoor Recreation / All Ages**

## **Self Guided Kayak Tour of India Basin**

Location: India Basin

Fee: \$20.00

Ages: 6 and up

Take a self-guided tour of India Basin via kayak and explore the surrounding natural areas and see the diverse habitat on the bay on a one hour self guided tour. Kids under the age of 14 must be accompanied by an adult. Please reserve your spot per time slot. 10a, 11a, 12p, 1pm. Participants are also required to watch an instructional video and sign a waiver prior to paddling out.

30886	India Basin	10am to 11am	Oct. 2, 2021	Sa	Comfort, James
30887	India Basin	11am to Noon	Oct. 2, 2021	Sa	Comfort, James
30888	India Basin	11am to Noon	Oct. 16, 2021	Sa	Comfort, James
30889	India Basin	11am to Noon	Oct. 30, 2021	Sa	Comfort, James
30891	India Basin	10am to 11am	Oct. 16, 2021	Sa	Comfort, James
30970	India Basin	Noon to 1pm	Oct. 2, 2021	Sa	Comfort, James
30971	India Basin	1pm to 2pm	Oct. 2, 2021	Sa	Comfort, James

30972	India Basin	Noon to 1pm	Oct. 16, 2021	Sa	Comfort, James	
		<b>!</b>	, -			
30973	India Basin	Noon to 1pm	Oct. 30, 2021	Sa	Comfort, James	
30373	iliula basili	Noon to Ipin	OCI. 30, 2021	Ja	Connoct, James	
20074	India Dasia	1 4 2	0-+ 20 2021	C-	Canadant lancas	
30974	India Basin	1pm to 2pm	Oct. 30, 2021	Sa	Comfort, James	
00075		4	0 . 46 0004	_	2 ( ) 1	
30975	India Basin	1pm to 2pm	Oct. 16, 2021	Sa	Comfort, James	
		F F	, -		,	
30976	India Basin	10am to 11am	Oct. 30, 2021	Sa	Comfort, James	
30370	iiiaia basiii	TOURIN TO TTURN	OCL. 30, 2021	Ju	Connoct, Janues	

# **Self Guided Kayak Tour of Lake Merced**

Location: Lake Merced Boathouse, North Lake

Fee: \$20.00

Ages: 6 and up

Explore the beautiful Lake Merced by kayak and see diverse wildlife and natural areas of this freshwater lake for one hour during a self guided tour. Kids under the age of 14 must be accompanied by an adult. Please reserve your spot per time slot. 9a, 10a, 11a, 12p, 1pm. Participants are also required to watch an instructional video and sign a waiver prior to paddling out.

30892	Lake Merced Boathouse, North Lake	9am to 10am	Sept. 18, 2021	Sa	Brunker, Daniel Miller
30893	Lake Merced Boathouse, North Lake	9am to 10am	Oct. 23, 2021	Sa	Brunker, Daniel Miller
30894	Lake Merced Boathouse, North Lake	11am to Noon	Oct. 23, 2021	Sa	Brunker, Daniel Miller
30895	Lake Merced Boathouse, North Lake	11am to Noon	Sept. 18, 2021	Sa	Brunker, Daniel Miller
30964	Lake Merced Boathouse, North Lake	10am to 11am	Sept. 18, 2021	Sa	Brunker, Daniel Miller
30966	Lake Merced Boathouse, North Lake	1pm to 2pm	Sept. 18, 2021	Sa	Brunker, Daniel Miller
30967	Lake Merced Boathouse, North Lake	10am to 11am	Oct. 23, 2021	Sa	Brunker, Daniel Miller
30968	Lake Merced Boathouse, North Lake	Noon to 1pm	Oct. 23, 2021	Sa	Brunker, Daniel Miller
30969	Lake Merced Boathouse, North Lake	1pm to 2pm	Oct. 23, 2021	Sa	Brunker, Daniel Miller

# **Outdoor Recreation / Youth, Tweens & Teens**

### **Heron's Catch**

Location: ECOCENTER - Classroom at ECOCENTER

Fee: \$48.00 8 Week Session Sept. 25 - Nov. 13

Ages: At least 9 but less than 17

Join our school of like minded fries for a fin-tastic 8-week series, learning how to fish at Heron's Head Park in the Bayview. Don't let

this opportunity swim away!

30839 ECOCENTER - Classroom at ECOCENTER 10am to Noon Sept. 25 - Nov. 13 Sa Galeas Veliz, Katherine

# Science & Technology / Youth, Tweens & Teens

### **Citizen Scientists**

Location: RANDALL - Randall Museum

Fee: Member: \$270.00. Non-member: \$280.00

9 Week Session Oct. 13 - Dec. 8

Ages: At least 9 but less than 13

With the guidance of an experienced naturalist and advice from animal experts, Citizen Scientists will conduct their own research to learn about the plants and animals of Corona Heights. When we aren't outside collecting data, we will be getting up close and personal with some of the museum's resident animals. Have you ever wondered what a barn owl eats? Let's dissect an owl pellet and find out! Have you ever wanted to help protect native plants? Let's remove some invasive ivy and learn how to repurpose it! As a Citizen Scientist, you'll create your own journal to record your findings, learn how to document which plants are found where, and monitor the wildlife that call the museum's 11-acre grounds home.

30770 RANDALL - Randall Museum 4pm to 6pm Oct. 13 - Dec. 8 W Bowser, Sarah Lynn

## **New Technologies: 3D Printed Robots**

Location: Randall Museum

Fee: Member: \$280.00. Non-member: \$290.00

8 Week Session Oct. 14 - Dec. 16

Ages: At least 10 but less than 15

Build the epic robot only you can imagine! Using 3D design software TinkerCAD, you'll develop your unique Robot design, and then 3D print your robot's body parts using our MakerBot printers. You'll learn about motors and circuitry and soldering to build your robot and remote control from scratch. Get hands- on with the build out: soldering circuits & parts, drilling, gluing and whatever else it takes to build your robot. The last day, we'll have robot obstacle s, robot battles, and other robot games. At the end of the , students will keep their fantastic, one-of-a kind robots.

30778 Randall Museum 4pm to 6pm Oct. 14 - Dec. 16 Th Dream, Joel

## New Technologies: Inventor Lab (session one)

Location: Randall Museum

Fee: Member: \$140.00. Non-member: \$150.00

4 Week Session Oct. 18 - Nov. 8

Ages: At least 8 but less than 10

Are you curious about electronics? Would you enjoy turning your friends into piano keys, making your pencil sing or turning your stuffed animals into doorbells? We'll work on fun projects like these using Makey Makey, an electronics invention tool that lets us connect ordinary objects to a computer, and then, make them do unusual things! Along the way, we'll learn about circuits, sensors & even a bit of programming.

30771 Randall Museum 4pm to 6pm Oct. 18 - Nov. 8 M Dream, Joel

#### New Technologies: Inventor Lab (session two)

Location: Randall Museum

Fee: Member: \$170.00. Non-member: \$180.00

5 Week Session Nov. 16 - Dec. 14

Ages: At least 8 but less than 10

Are you curious about electronics? Would you enjoy turning your friends into piano keys, making your pencil sing or turning your stuffed animals into doorbells? We'll work on fun projects like these using Makey Makey, an electronics invention tool that lets us connect ordinary objects to a computer, and then, make them do unusual things! Along the way, we'll learn about circuits, sensors & even a bit of programming.

30773 Randall Museum 4pm to 6pm Nov. 16 - Dec. 14 Tu Dream, Joel

# New Technologies: Scrapyard Robotics (session one)

Location: Randall Museum

Fee: Member: \$170.00. Non-member: \$180.00

5 Week Session Oct. 13 - Nov. 10

Ages: At least 7 but less than 10

Do you like to figure out how things work? Do you enjoy building things? In this fun class at the Randall Museum, you'll design and build your own robot from scratch using scrap parts, motors and common circuitry components. You'll learn about gears, motors, sensors, LEDs, how electricity works and much more. Creativity, invention, problem solving and teamwork are emphasized.

30776 Randall Museum 4pm to 6pm Oct. 13 - Nov. 10 W Dream, Joel

## **New Technologies: Scrapyard Robotics (session two)**

Location: Randall Museum

Fee: Member: \$170.00. Non-member: \$180.00

5 Week Session Nov. 17 - Dec. 15

Ages: At least 7 but less than 10

Do you like to figure out how things work? Do you enjoy building things? In this fun class at the Randall Museum, you'll design and build your own robot from scratch using scrap parts, motors and common circuitry components. You'll learn about gears, motors, sensors, LEDs, how electricity works and much more. Creativity, invention, problem solving and teamwork are emphasized.

30777 Randall Museum 4pm to 6pm Nov. 17 - Dec. 15 W Dream, Joel

## New Technologies:3D Printing (session one)

Location: Randall Museum

Fee: Member: \$170.00. Non-member: \$180.00

5 Week Session Oct. 12 - Nov. 9

Ages: At least 8 but less than 10

Explore the awesome world of 3D printing and modeling! You?ll start right in designing and building your own simple three-dimensional objects in TinkerCad, a 3D modeling program. Then you?ll export your files to our MakerBot Replicator 3D printers, and learn how to finish & refine the printed objects. Your creative, design and digital skillsets will expand as you refine your designs through prototypes and revisions.

30774 Randall Museum 4pm to 6pm Oct. 12 - Nov. 9 Tu Dream, Joel

### New Technologies:3D Printing (session two)

Location: Randall Museum

Fee: Member: \$170.00. Non-member: \$180.00

5 Week Session Nov. 15 - Dec. 13

Ages: At least 8 but less than 10

Explore the awesome world of 3D printing and modeling! You?ll start right in designing and building your own simple three-dimensional objects in TinkerCad, a 3D modeling program. Then you?ll export your files to our MakerBot Replicator 3D printers, and learn how to finish & refine the printed objects. Your creative, design and digital skillsets will expand as you refine your designs through prototypes and revisions.

30775 Randall Museum 4pm to 6pm Nov. 15 - Dec. 13 M Dream, Joel

## **Rocketmobiles**

Location: Randall Museum

Fee: Member: \$160.00. Non-member: \$170.00

7 Week Session Oct. 15 - Dec. 17

Ages: At least 8 but less than 11

Blast off your own flying rocketmobiles! Design and build unique launchable rockets that shoot, race and roll. Make a monster truck that actually flies. Work with tools to take stuff apart, reshape materials, and rebuild into your own imaginative designs. Experiment, test, tinker, and play. Build spaceships that light up, flying rocketmobiles and even airborne astronauts... all rocket powered!

30768 Randall Museum 4pm to 5:30pm Oct. 15 - Dec. 17 F Fahey, Blu

#### **Teen Animal Care**

Location: RANDALL MUSEUM

Fee: Member: \$135.00. Non-member: \$145.00

6 Week Session Oct. 7 - Nov. 18

Ages: At least 13 but less than 19

Do you want to work with animals? Learn how to care for the Museum?s wild animals. You?ll learn animal biology, ecology and bushandry. This class is a prerequisite for volunteering in the animal exhibit.

husbandry. This class is a prerequisite for volunteering in the animal exhibit.

30772 RANDALL MUSEUM 4pm to 5:30pm Oct. 7 - Nov. 18 Th

## **Young Naturalists**

Location: RANDALL - Randall Museum

Fee: Member: \$270.00. Non-member: \$280.00

9 Week Session Oct. 12 - Dec. 7

Ages: At least 7 but less than 9

Have you ever touched the scales of a snake, followed the pawprints of a coyote, or heard the call of a Swainson's Hawk? Would you like to get up close and personal with some of California's native wildlife? In this class, we'll learn how to listen and where to look (using our own handmade binoculars!), when observing wildlife. We will record our observations, thoughts, and sketches in our own handmade nature journals. And we?ll learn how to use our knowledge and passion to help protect and improve our environment, becoming empowered stewards for California's natural resources.

30769 RANDALL - Randall Museum 4pm to 6pm Oct. 12 - Dec. 7 Tu Bowser, Sarah Lynn

# **Social Activities / Senior Adult**

## **Bingo**

Location: JOSEPH LEE REC CENTER

Fee: Free

10 Week Session Sept. 8 - Nov. 10

Ages: 55 and up

A great way to socialize, enjoy light refreshments and play Bingo!

30915 JOSEPH LEE REC CENTER 10am to 1pm Sept. 8 - Nov. 10 W

Sports - Alternative / Youth, Tweens & Teens

## Intro to Fencing

Location: SUNSET REC CENTER

Fee: \$100.00 10 Week Session Sept. 8 - Nov. 17

Ages: At least 7 but less than 14

Learn the art of Fencing. Kids will learn discipline, keep fit and proper fencing drills. All the equipment is provided.

30860 SUNSET REC CENTER 4pm to 5pm Sept. 8 - Nov. 17 W Carter, Al

#### Sports - Girls / Youth, Tweens & Teens

## **Girls Play Sports - Basketball**

Location: PALEGAREC - Gymnasium at PALEGA REC CENTER

Fee: \$90.00 9 Week Session Sept. 9 - Nov. 4

Ages: At least 5 but less than 9

GPS (Girls Play Sports) Basketball is focused on the growth of girls youth basketball at the beginner and intermediate level. Girls simply do not receive the same positive reinforcement in sports as boys do. At GPS we aim to develop basketball skills, sportsmanship and self esteem through our coaches, recreation leaders. Our coaches will teach players of all positions and levels to play smart basketball, be coaches on the court, and to become leaders on and off the court.

30669 PALEGA REC CENTER 4pm to 5:30pm Sept. 9 - Nov. 4 Th Mattocks, Al

# **Girls Play Sports - Basketball**

Location: Sunset Rec

Fee: \$90.00 10 Week Session Sept. 10 - Nov. 12

Ages: At least 5 but less than 8

GPS (Girls Play Sports) Basketball is focused on the growth of girls youth basketball at the beginner and intermediate level. Girls simply do not receive the same positive reinforcement in sports as boys do. At GPS we aim to develop basketball skills, sportsmanship and self esteem through our coaches, recreation leaders. Our coaches will teach players of all positions and levels to play smart basketball, be coaches on the court, and to become leaders on and off the court.

30728 Sunset Rec 4pm to 5:30pm Sept. 10 - Nov. 12 F Mattocks, Al

## **Girls Play Sports - Basketball**

Location: Sunset Rec

Fee: \$90.00 10 Week Session Sept. 10 - Nov. 12

Ages: At least 8 but less than 12

GPS (Girls Play Sports) Basketball is focused on the growth of girls youth basketball at the beginner and intermediate level. Girls simply do not receive the same positive reinforcement in sports as boys do. At GPS we aim to develop basketball skills, sportsmanship and self esteem through our coaches, recreation leaders. Our coaches will teach players of all positions and levels to play smart basketball, be coaches on the court, and to become leaders on and off the court.

30729 Sunset Rec 5:30pm to 7pm Sept. 10 - Nov. 12 F Mattocks, Al

## **Girls Play Sports - Basketball**

Location: Mission Rec

Fee: \$90.00 10 Week Session Sept. 14 - Nov. 16

Ages: At least 5 but less than 8

GPS (Girls Play Sports) Basketball is focused on the growth of girls youth basketball at the beginner and intermediate level. Girls simply do not receive the same positive reinforcement in sports as boys do. At GPS we aim to develop basketball skills, sportsmanship and self esteem through our coaches, recreation leaders. Our coaches will teach players of all positions and levels to play smart basketball, be coaches on the court, and to become leaders on and off the court.

30730 Mission Rec 4pm to 5pm Sept. 14 - Nov. 16 Tu Mattocks, A

#### **Girls Sports - Hoop Summit 2021**

Location: HAMILTONREC - Gymnasium at HAMILTON REC CENTER

Fee: \$10.00 Nov. 20, 2021

Ages: At least 5 but less than 13

The annual Girls Hoop Summit is back! Join us for a fun day of all things basketball! Staff will coordinate drills, skills and thrills. The day will include a guest speaker, basketball fundamentals and meeting new friends.

30670 HAMILTONREC - Gymnasium at HAMILTON REC CENTER 9am to 3pm Nov. 20, 2021 Sa

# Sports / Adult 18+

#### **Tennis - Intermediate Live Ball**

Location: Palega Rec Fee: \$200.00

10 Week Session Sept. 8 - Nov. 10

Ages: At least 18 but less than 65

Live Ball is a new format which emphasizes on court competitive drills in a fun, fast, & exciting game format.

30864 Palega Rec 6:30pm to 7:30pm Sept. 8 - Nov. 10 W Rodriguez, Daniel

# **Tennis - Intermediate Live Ball**

Location: MISSIONPLGD - Tennis Court 1 at MISSION PLGD

Fee: \$200.00 10 Week Session Sept. 7 - Nov. 9

Ages: At least 18 but less than 65

Live Ball is a new format which emphasizes on court competitive drills in a fun, fast, & exciting game format.

30865 MISSION PLGD 6:30pm to 7:30pm Sept. 7 - Nov. 9 Tu Rodriguez, Daniel

## **Tennis - Intermediate Live Ball**

Location: SUNNYSIDE PLGD

Fee: \$200.00 10 Week Session Sept. 11 - Nov. 13

Ages: At least 18 but less than 65

Live Ball is a new format which emphasizes on court competitive drills in a fun, fast, & exciting game format.

30866 S UNNYSIDE PLGD 10:30am to 11:30am Sept. 11 - Nov. 13 Sa Rodriguez, Daniel

## **Volleyball - Adult Co-Ed Beginning**

Location: GLEN CANYON REC Center

Fee: \$95.00 10 Week Session Sept. 7 - Nov. 9

Ages: 18 and up

Learn the rules of the game in this co-ed, fun, and social beginning volleyball program

30717 GLEN CANYON REC Center 6:30pm to 9pm Sept. 7 - Nov. 9 Tu Lowe, Tiffany

# **Volleyball League - Adult Advanced**

Location: ST. MARY'S REC CENTER

Fee: \$95.00 10 Week Session Sept. 8 - Nov. 10

Ages: 18 and up

Teams will be created from the list of registrants. For more information please contact Cynthia Yim at cynthia.yim@sfgov.org

30723 ST. MARY'S REC CENTER 6:30pm to 9pm Sept. 8 - Nov. 10 W Yim, Cynthia

### **Volleyball League - Adult Intermediate**

Location: ST. MARY'S REC CENTER

Fee: \$95.00 9 Week Session Sept. 9 - Nov. 4

Ages: 18 and up

Teams will be created from the list of registrants. For more information please contact Cynthia Yim at cynthia.yim@sfgov.org.

30724 ST. MARY'S REC CENTER 6:30pm to 9pm Sept. 9 - Nov. 4 Th Yim, Cynthia

# Volleyball League - Women Intermediate

Location: RICHMOND REC CENTER

Fee: \$95.00 10 Week Session Sept. 7 - Nov. 9

Ages: 18 and up

Teams will be created from the list of registrants. Drafting of new players will be held on the first week of the session. For more information please contact: Cynthia Yim at cynthia.yim@sfgov.org

# Sports / All Ages

# **Boxing**

Location: MISSION REC CENTER

Fee: \$84.00 7 Week Session Oct. 13 - Dec. 1

Ages: 14 and up

This fun class will teach the basics and fundamentals of boxing, starting from stance and footwork to combination and shadow

boxing, bag work and punch mitts in the ring!

30703 MISSION REC CENTER 7pm to 9pm Oct. 13 - Dec. 1 W Simpson, Skylar

## **Boxing - Women**

Location: MISSION REC CENTER

Fee: \$96.00 8 Week Session Oct. 12 - Nov. 30

Ages: 14 and up

This fun class will teach the basics and fundamentals of boxing, starting from stance and footwork to combination and shadow

boxing, bag work and punch mitts in the ring!

30701 MISSION REC CENTER 7pm to 9pm Oct. 12 - Nov. 30 Tu Simpson, Skylar

# Sports / Tot 5 & Under

# **Tennis - Tykes**

Location: Fee: \$100.00 10 Week Session Sept. 7 - Nov. 9

Ages: At least 5 but less than 8

This is a tennis introductory for young juniors through fun drills & basic stroke technique instruction in a group environment.

30883 Laurel Hill 4pm to 4:30pm Sept. 7 - Nov. 9 Tu Eldridge, Dan

## Tennis - Tykes

Location: Laurel Hill

Fee: \$90.00 9 Week Session Sept. 9 - Nov. 4

Ages: At least 5 but less than 8

This is a tennis introductory for young juniors through fun drills & basic stroke technique instruction in a group environment.

30884 Laurel Hill 4pm to 4:30pm Sept. 9 - Nov. 4 Th Eldridge, Dan

## Tennis - Tykes

Location: Laurel Hill Fee: \$100.00 10 Week Session Sept. 8 - Nov. 10

Ages: At least 5 but less than 8

This is a tennis introductory for young juniors through fun drills & basic stroke technique instruction in a group environment.

30885 LAUREL HILL PLGD 3pm to 3:30pm Sept. 8 - Nov. 10 W Eldridge, Dan

#### **Tot Soccer**

Location: POTRERO HILL REC CENTER

Fee: \$54.00 9 Week Session Sept. 15 - Nov. 10

Ages: At least 3 but less than 5

Our SFRPD Tot Soccer classes are designed to introduce the fundamentals of this globally beloved sport in a safe, fun, and positive environment. Through a variety of skill- development drills and games, our experienced coaches will help boost each child's confidence, physical fitness, and motor skills, while making some neW/Friends. All classes will be held inside on gymnasium floors, so please have your children wear athletic clothing and shoes (no spikes)

30707 POTRERO HILL REC CENTER 10am to 11am Sept. 15 - Nov. 10 W Ramirez, Marianna

#### **Tot Soccer**

Location: POTRERO HILL REC CENTER

Fee: \$54.00 9 Week Session Sept. 15 - Nov. 10

Ages: At least 3 but less than 5

Our SFRPD Tot Soccer classes are designed to introduce the fundamentals of this globally beloved sport in a safe, fun, and positive environment. Through a variety of skill- development drills and games, our experienced coaches will help boost each child's confidence, physical fitness, and motor skills, while making some neW/Friends. All classes will be held inside on gymnasium floors, so please have your children wear athletic clothing and shoes (no spikes)

30708 POTRERO HILL REC CENTER 11am to Noon Sept. 15 - Nov. 10 W Ramirez, Marianna

## **Tot Soccer**

Location: BERNAL HEIGHTS REC CENTER

Fee: \$54.00 9 Week Session Sept. 17 - Nov. 12

Ages: At least 3 but less than 5

Our SFRPD Tot Soccer classes are designed to introduce the fundamentals of this globally beloved sport in a safe, fun, and positive environment. Through a variety of skill- development drills and games, our experienced coaches will help boost each child's confidence, physical fitness, and motor skills, while making some neW/Friends. All classes will be held inside on gymnasium floors, so please have your children wear athletic clothing and shoes (no spikes)

30709 BERNAL HEIGHTS REC CENTER 10am to 11am Sept. 17 - Nov. 12 F Ramirez, Marianna

#### **Tot Soccer**

Location: BERNALREC - Gymnasium - Short Court at BERNAL HEIGHTS REC CENTER

Fee: \$54.00 9 Week Session Sept. 17 - Nov. 12

Ages: At least 3 but less than 5

Our SFRPD Tot Soccer classes are designed to introduce the fundamentals of this globally beloved sport in a safe, fun, and positive environment. Through a variety of skill- development drills and games, our experienced coaches will help boost each child's confidence, physical fitness, and motor skills, while making some neW/Friends. All classes will be held inside on gymnasium floors, so please have your children wear athletic clothing and shoes (no spikes)

30710 BERNAL HEIGHTS REC CENTER 11am to Noon Sept. 17 - Nov. 12 F Ramirez, Marianna

# Sports / Youth, Tweens & Teens

#### **Baseball - Bay Sox Practice**

Location: CROCKER - Diamond 2 at CROCKER AMAZON PLGD

Fee: Free 9 Week Session Sept. 14 - Nov. 9

Ages: At least 12 but less than 14

The philosophy of the Bay Sox Baseball Program is to encourage the healthy growth and development of the athlete through a program of sports, competitions and teamwork while representing basic values of respect, love, compassion, and support for each other. It is about fostering the physical, intellectual, emotional, spiritual strengths through positive coaching and sportsmanship for children and their parents in games, practices, and life lessons that sports teach.

30699 CROCKER - Diamond 2 at CROCKER AMAZON PLGD 4:30pm to 6:30pm Sept. 14 - Nov. 9 Tu

# **Baseball - Bay Sox Practice**

Location: CROCKER - Diamond 1(Pieretti) at CROCKER AMAZON PLGD

Fee: Free 9 Week Session Sept. 14 - Nov. 9

Ages: At least 8 but less than 12

The philosophy of the Bay Sox Baseball Program is to encourage the healthy growth and development of the athlete through a program of sports, competitions and teamwork while representing basic values of respect, love, compassion, and support for each other. It is about fostering the physical, intellectual, emotional, spiritual strengths through positive coaching and sportsmanship for children and their parents in games, practices, and life lessons that sports teach.

30949 CROCKER - Diamond 1(Pieretti) at CROCKER AMAZON PLGD 4:30pm to 6:30pm Sept. 14 - Nov. 9 Tu

# **Baseball - Friday Night Lights**

Location: MHAYWARD - Entire Field (Lang) at MARGARET HAYWARD PLGD

Fee: \$60.00 6 Week Session Sept. 17 - Oct. 22

Ages: At least 9 but less than 15

We're so happy to have baseball back on Friday Nights at South Sunset this fall! The first hour will feature a series of skill-development and situational drills. The second will feature scrimmages, one on each field, giving each player multiple opportunities

to play whichever positions they're interested in, and hit as many times as possible. We'll focus on the key fundamentals and the tools they'll need to develop their skills on their own and with their friends/teammates over the winter months. There's no doubt that they'll ALL hit the ground running, as improved baseball players and teammates, when league play begins next spring!

30704 MARGARET HAYWARD PLGD 7pm to 9pm Sept. 17 - Oct. 22 F Birmbaum, Nate

#### **Basketball - Advance Fundamentals**

Location: ST. MARY'S REC CENTER

Fee: \$114.00 10 Week Session Sept. 7 - Nov. 9

Ages: At least 9 but less than 12

Want to stay ready for our Jr. Warriors league? Join our Advance Basketball Fundamentals as we zone in on game time drills and scrimmages with pressure from the clock. Be prepared to focus on complex defense as well as improving our footwork and shooting range with accuracy while mastering the fundamentals.

30826 ST. MARY'S REC CENTER 5pm to 6pm Sept. 7 - Nov. 9 Tu/Th

### **Basketball - Advance Fundamentals**

Location: Sunset Rec Fee: \$114.00 10 Week Session Sept. 7 - Nov. 9

Ages: At least 9 but less than 12

Want to stay ready for our Jr. Warriors league? Join our Adv. Basketball Fundamentals as we zone in on game time drills and scrimmages with pressure from the clock. Be prepared to focus on complex defense as well as improving our footwork and shooting range with accuracy while mastering the fundamentals.

30827 Sunset Rec 5pm to 6pm Sept. 7 - Nov. 9 Tu/Th

#### **Basketball - MRC Rebels 11U**

Location: Mission Rec

Fee: \$450.00 24 Week Session

Sept. 9, 2021 - February 17, 2022

Ages: At least 9 but less than 12

The MRC REBELS Girls AAU basketball program offers both intermediate and high level skill development. We teach and reinforce proper basketball fundamentals. Those include; footwork, shooting, passing, rebounding, ball-handling, and defense. Teams play in weekend tournaments. Contact Chibuzo.emeka@sfgov.org for more information

30716 Mission Rec 5:30pm to 7pm Sept. 9, 2021 - Feb 17, 2022 Tu/Th

# Basketball - MRC Rebels 12U

Location: Mission Rec Fee: \$450.00

24 Week Session

Sept. 8, 2021 - February 16, 2022

Ages: At least 11 but less than 13

The MRC REBELS Girls AAU basketball program offers both intermediate and high level skill development. We teach and reinforce proper basketball fundamentals. Those include; footwork, shooting, passing, rebounding, ball-handling, and defense. Teams play in weekend tournaments. Contact Chibuzo.emeka@sfgov.org for more information

30713 Mission Rec 5:30pm to 7pm Sept. 8, 2021 – Feb.16, 2022 M W

Basketball - MRC Rebels 13U

Location: Mission Rec

Fee: \$450.00 24 Week Session

Sept. 8, 2021 - February 16, 2022

Ages: At least 12 but less than 14

The MRC REBELS Girls AAU basketball program offers both intermediate and high level skill development. We teach and reinforce proper basketball fundamentals. Those include; footwork, shooting, passing, rebounding, ball-handling, and defense. Teams play in weekend tournaments. Contact Chibuzo.emeka@sfgov.org for more information

30714 Mission Rec 7pm to 8:30pm Sept. 8, 2021 - Feb16, 2022 M W

**Basketball - MRC Rebels 14U** 

Location: Mission Rec

Fee: \$450.00 24 Week Session

Sept. 7, 2021 - February 17, 2022

Ages: At least 13 but less than 15

The MRC REBELS Girls AAU basketball program offers both intermediate and high level skill development. We teach and reinforce proper basketball fundamentals. Those include; footwork, shooting, passing, rebounding, ball-handling, and defense. Teams play in weekend tournaments. Contact Chibuzo.emeka@sfgov.org for more information

30715 Mission Rec 7pm to 8:30pm Sept. 7, 2021 - Feb 17, 2022 Tu/Th

**Basketball - Pee Wee** 

Location: STMARYREC - Gymnasium at ST. MARY'S REC CENTER

Fee: \$54.00 9 Week Session Sept. 11 - Nov. 13

Ages: At least 6 but less than 9

Calling all Pee Wees for basketball! Our Pee wees will be introduced the basic skills to play basketball, including how to dribble, shoot, and pass. At this young age, many are new to the team concept, so the most important results are to boost self-confidence and to have fun!

30830 ST. MARY'S REC CENTER 10am to 11am Sept. 11 - Nov. 13 Sa

Basketball - Pee Wee

Location: STMARYREC - Gymnasium at ST. MARY'S REC CENTER

Fee: \$54.00 9 Week Session Sept. 11 - Nov. 13 Ages: At least 6 but less than 9

Calling all Pee Wees for basketball! Our Pee wees will be introduced the basic skills to play basketball, including how to dribble, shoot, and pass. At this young age, many are new to the team concept, so the most important results are to boost self-confidence and to have fun!

30831 ST. MARY'S REC CENTER 11am to Noon Sept. 11 - Nov. 13 Sa

## **Basketball Fundamentals**

Location: Sunset Rec Fee: \$114.00 10 Week Session Sept. 7 - Nov. 9

Ages: At least 9 but less than 12

Our Basketball Fundamentals focus on the skill sets of dribbling, shooting, and passing. Some game time drills will be introduced like fast breaks and boxing out for rebounds. We're looking to help these young ballers develop their love for the game.

30828 Sunset Rec 4pm to 5pm Sept. 7 - Nov. 9 Tu/Th

### **Basketball Fundamentals**

Location: STMARYREC - Gymnasium at ST. MARY'S REC CENTER

Fee: \$114.00 10 Week Session Sept. 7 - Nov. 9

Ages: At least 9 but less than 12

Our Basketball Fundamentals focus on the skill sets of dribbling, shooting, and passing. Some game time drills will be introduced like fast breaks and boxing out for rebounds. We're looking to help these young ballers develop their love for the game.

30829 ST. MARY'S REC CENTER 4pm to 5pm Sept. 7 - Nov. 9 Tu/Th

# **Bayview United Soccer**

Location: YOUNGBLOOD - Grass Area 1 (outfield) at YOUNGBLOOD COLEMAN PLGD

Fee: Free 6 Week Session Sept. 8 - Oct. 14

Ages: At least 5 but less than 12

Bayview United is a free skill building soccer program, recruiting African American children but all are welcome.

30912 YOUNGBLOOD COLEMAN PLGD 4pm to 5pm Sept. 8 - Oct. 14 W Th

### Boxing

Location: JOELEE - Weight Room at JOSEPH LEE REC CENTER

Fee: \$96.00 8 Week Session Sept. 15 - Nov. 3

Ages: At least 9 but less than 16

Our beginning boxing class is a designed to challenge/build cardiovascular efficiency, muscular strength, endurance, coordination, agility, balance, fitness, and flexibility. Students will learn basic boxing fundamentals and drills that will sharpen your skills and improve overall health.

30700	JOELEE - Weight Room at JOSEPH LEE REC CENTER	6:30pm to 8:30pm	Sept. 15 - Nov. 3 W	Thibodeaux,
George				

#### Flag Football League

# Flag Football League-Pee-Wee Division

Fee: \$90.00

Ages: At least 8 but less than 11

The SFRPD Youth Flag Football League is a co-ed non-contact 5 x 5 league with an emphasis finesse and technique, with running plays, passing plays and route running. Players will have the opportunity to learn different positions and build the skills needed to be successful at each position. The league will service two age groups: The Future stars Division (8-10). And the Showcase division (11-13) both divisions will be a 5 on 5 passing only non-blocking league, all participants will play in a healthy competitive environment where they can use the skills they learn and apply them in High school sports and beyond.

30896	EUREKA VALLEY REC CENTER	5:30pm to 6:30pm	Sept. 1 - Nov. 17	W
30897	PALEGA REC CENTER	3:30pm to 4:30pm	Sept. 2 - Nov. 18	Th
30898	POTRERO HILL REC CENTER	3:30pm to 4:30pm	Sept. 2 - Nov. 18	Th
30899	ST. MARY'S REC CENTER	3:30pm to 4:30pm	Sept. 1 - Nov. 17	W
30900	SUNSET REC CENTER	4:30pm to 5:30pm	Sept. 1 - Nov. 17	W
30901	UPPER NOE REC CENTER	3:30pm to 4:30pm	Sept. 1 - Nov. 17	W
30902	YOUNGBLOOD	3:30pm to 4:30pm	August 31 - Nov. 16	Tu

## Flag Football League- Senior Division

Fee: \$90.00

Ages: At least 11 but less than 14

The SFRPD Youth Flag Football League is a co-ed non-contact 5 x 5 league with an emphasis finesse and technique, with running plays, passing plays and route running. Players will have the opportunity to learn different positions and build the skills needed to be successful at each position. The league will service two age groups: The Future stars Division (8-10). And the Showcase division (11-13) both divisions will be a 5 on 5 passing only non-blocking league, all participants will play in a healthy competitive environment where they can use the skills they learn and apply them in High school sports and beyond.

30904	GLEN CANYON REC Center	3:30pm to 4:30pm	Sept. 2 - Nov. 18	Th
30905	ST. MARY'S REC CENTER	4:30pm to 5:30pm	Sept. 1 - Nov. 17	W
30907	UPPER NOE REC CENTER	4:30pm to 5:30pm	Sept. 1 - Nov. 17	W
30903	YOUNGBLOOD COLEMAN PLGD	4:30pm to 5:30pm	August 31 - Nov. 16	Tu
30906	SUNSET REC CENTER	4:30pm to 5:30pm	Sept. 1 - Nov. 17	W
30908	HERZ	3:30pm to 4:30pm	Sept. 3 - Nov. 19	F

# Girls Golf

Location: MOSCONE - Pitching Green at MOSCONE REC CENTER

Fee: \$96.00 8 Week Session Sept. 11 - Oct. 30

Ages: At least 9 but less than 13

Previous experience is not required! Having some basic knowledge and a passion for learning new sports and hobbies is a must. Learn about the golf swing, rules and etiquette. We will start with putting and chipping and work our way through the bag to get you familiar with all of the clubs so you can enjoy the game. We will teach drills and practice techniques that will help make you a more confident player and get you off on the right foot.

30702 MOSCONE REC CENTER Noon to 2pm Sept. 11 - Oct. 30 Sa Togonon, Robert

#### Golf

Location: MOSCONE - Pitching Green at MOSCONE REC CENTER

Fee: \$96.00 8 Week Session Sept. 11 - Oct. 30

Ages: At least 13 but less than 18

Previous experience is not required! Having some basic knowledge and a passion for learning new sports and hobbies is a must. Learn about the golf swing, rules and etiquette. We will start with putting and chipping and work our way through the bag to get you familiar with all of the clubs so you can enjoy the game. We will teach drills and practice techniques that will help make you a more confident player and get you off on the right foot.

30705 MOSCONE REC CENTER 2:30pm to 4:30pm Sept. 11 - Oct. 30 Sa Togonon, Robert

# **Girls Play Sports - Basketball**

Location: RICHMONDREC - Gymnasium at RICHMOND REC CENTER

Fee: \$90.00 10 Week Session Sept. 8 - Nov. 10

Ages: At least 5 but less than 8

GPS (Girls Play Sports) Basketball is focused on the growth of girls youth basketball at the beginner and intermediate level. Girls simply do not receive the same positive reinforcement in sports as boys do. At GYB we aim to develop basketball skills, sportsmanship and self esteem through our coaches, recreation leaders. Our coaches will teach players of all positions and levels to play smart basketball, be coaches on the court, and to become leaders on and off the court.

30727 RICHMOND REC CENTER 4pm to 5:30pm Sept. 8 - Nov. 10 W Mattocks, Al

# Karate

Location: JOELEE - Multi Purpose Room 2 at JOSEPH LEE REC CENTER

Fee: Free

10 Week Session Sept. 9 - Nov. 18

Ages: At least 5 but less than 17

Come and learn basic karate skills and exercises all while having fun.

30913 JOSEPH LEE REC CENTER 6pm to 7pm Sept. 9 - Nov. 18 Th

# **Tennis - Beginning**

Fee: \$200.00 10 Week Session

Ages: At least 8 but less than 12

The Maunupau Method/Learning & Fun Tennis System(LAFTS) curriculum uses a progressive learning module to teach juniors to play tennis with proper technique. Deemphasizing winning in favor of learning and sportspersonship. Students can expect to learn grips, swing flight paths, stances, the art of the rally, & match play.

30871	SUNNYSIDE PLGD	4pm to 5pm	Sept. 11 - Nov. 13	Sa	Rodriguez, Daniel
30873	ROCHAMBEAU PLGD	4pm to 5pm	Sept. 11 - Nov. 13	Sa	Liu, Cindy
30874	ROCHAMBEAU PLGD	4pm to 5pm	Sept. 10 - Nov. 12	F	Liu, Cindy
30875	ROCHAMBEAU PLGD	4pm to 5pm	Sept. 8 - Nov. 10	W	Liu, Cindy
30876	ROCHAMBEAU PLGD	4pm to 5pm	Sept. 7 - Nov. 9	Tu	Liu, Cindy

30877	ROCHAMBEAU PLGD	4pm to 5pm	Sept. 13 - Nov. 8	M	Liu, Cindy	
30878	ROCHAMBEAU PLGD	3pm to 4pm	Sept. 11 - Nov. 13	Sa	Liu, Cindy	

#### Volleyball - Girls in Sports - Beg.

Location: PALEGAREC - Gymnasium at PALEGA REC CENTER

Fee: \$54.00 9 Week Session Sept. 15 - Nov. 10

Ages: At least 7 but less than 10

Come join our SFRPD Beginners Volleyball in a safe, fun, and positive environment and learn the fundamentals to play a game of Volleyball. Through repetition, drills, coaching, and games we build a players confidence, physical fitness, and motor skills while making nw friends. All classes are on gymnasium floors, please wear athletic attire and athletic shoes. Knee pads are recommended, but not required.

30719 PALEGA REC CENTER 4pm to 5pm Sept. 15 - Nov. 10 W Lowe, Tiffany

#### Volleyball - Girls in Sports - Beg.

Location: RICHMONDREC - Gymnasium at RICHMOND REC CENTER

Fee: \$90.00 10 Week Session Sept. 7 - Nov. 9

Ages: At least 7 but less than 10

Looking to get into volleyball? Come in athletic attire and learn the pass, set, hit, serve, block and footwork of the game and put your skills to the test with League Games on Saturdays! Knee pads are recommended.

30720 RICHMONDREC - Gymnasium at RICHMOND REC CENTER 4pm to 5:30pm Sept. 7 - Nov. 9 Tu Lowe, Tiffany

# Volleyball - Girls in Sports - Beg.

Location: UPPERNOEREC - Gymnasium at UPPER NOE REC CENTER

Fee: \$90.00 10 Week Session Sept. 8 - Nov. 10

Ages: At least 7 but less than 10

Looking to get into volleyball? Come in athletic attire and learn the pass, set, hit, serve, block and footwork of the game and put your skills to the test with League Games on Saturdays! Knee pads are recommended.

30909 UPPER NOE REC CENTER 4pm to 5pm Sept. 8 - Nov. 10 W Lowe, Tiffany

## Volleyball - Girls in Sports - Int.

Location: RICHMONDREC - Gymnasium at RICHMOND REC CENTER

Fee: \$81.00 9 Week Session Sept. 9 - Nov. 4

Ages: At least 10 but less than 12

Come join our SFRPD Intermediate Volleyball in a safe, fun, and positive environment and learn how to use the fundamentals to execute a game. Through repetition, drills, coaching, and games we build a players confidence, physical fitness, and motor skills while making neW/Friends. All classes are on gymnasium floors, please wear athletic attire and athletic shoes. Knee pads are recommended, but not required.

30732 RICHMOND REC CENTER 4pm to 5:30pm Sept. 9 - Nov. 4 Th Lowe, Tiffany

Volleyball - Girls in Sports - Int.

Location: PALEGAREC - Gymnasium at PALEGA REC CENTER

Fee: \$81.00 9 Week Session Sept. 15 - Nov. 10

Ages: At least 10 but less than 12

Come join our SFRPD Intermediate Volleyball in a safe, fun, and positive environment and learn how to use the fundamentals to execute a game. Through repetition, drills, coaching, and games we build a players confidence, physical fitness, and motor skills while making new friends. All classes are on gymnasium floors, please wear athletic attire and athletic shoes. Knee pads are recommended, but not required.

30733 PALEGA REC CENTER 5pm to 6:30pm Sept. 15 - Nov. 10 W Lowe, Tiffany



# San Francisco Recreation & Park Fall Session 2021 – Activities by Location

# BALBOA SWIMMING POOL

DALDOA SWIIVIINIINO I OOL						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Adult Swim - Learning the Basics	30655	T	9/7-11/9	3:30pm-4:00pm	18+	\$93
Aquatics - Parent and Tot Swim	30652	T	9/7-11/9	10:30am-11:00am	6m - 2	\$74
Aquatics - Preschool Swim	30678	Sa	9/11-11/13	10:30am-11:00am	3 - 5	\$74
Learn to Swim - Level 1	30549	Sa	9/11-11/13	9:00am-9:30am	6 - 17	\$40
Learn to Swim - Level 1	30550	W,F	9/8-10/8	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 1	30551	W,F	10/13-11/12	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 2	30578	Sa	9/11-11/13	9:45am-10:15am	6 - 17	\$40
Learn to Swim - Level 2	30579	W,F	9/8-10/8	4:15pm-4:45pm	6 - 17	\$40
Learn to Swim - Level 2	30580	W,F	10/13-11/12	4:15pm-4:45pm	6 - 17	\$40
Learn to Swim - Level 3	30603	W,F	9/8-10/8	5:00pm-5:30pm	6 - 17	\$40
Learn to Swim - Level 3	30604	W,F	10/13-11/12	5:00pm-5:30pm	6 - 17	\$40
BERNAL HEIGHTS REC CENTER	2					
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Tot Soccer	30709	F	9/17-11/12	10:00am-11:00am	3 - 4	\$54
Tot Soccer	30710	F	9/17-11/12	11:00am-12:00pm	3 - 4	\$54
BETTY ANN ONG CHINESE REC	CENTER					
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Zumba	30835	Sa	9/18-11/6	9:30am-10:30am	18+	Free
COFFMAN SWIMMING POOL						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Adult Swim - Learning the Basics	30656	Sa	9/11-11/6	10:30am-11:00am	18+	\$84
Adult Swim - Learning the Basics	30657	W	9/8-11/10	5:00pm-5:30pm	18+	\$93
Adult Swim - Learning the Basics	30658	F	9/10-11/12	5:00pm-5:30pm	18+	\$93
Aquatics - Parent and Tot Swim	30677	F	9/10-11/12	10:30am-11:00am	6m - 2	\$74
Aquatics - Preschool Swim	30981	Sa	9/11-11/6	10:30am-11:00am	3 - 5	\$67
Learn to Swim - Level 1	30558	Sa	9/11-11/6	9:00am-9:30am	6 - 17	\$45
Learn to Swim - Level 1	30559	W,F	9/8-10/8	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 1	30560	W,F	10/13-11/12	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 2	30581	W,F	9/8-10/8	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 2	30582	W,F	10/13-11/12	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 2	30583	Sa	9/11-11/6	9:00am-9:30am	6 - 17	\$35
Learn to Swim - Level 3	30605	W,F	9/8-10/8	4:15pm-4:45pm	6 - 17	\$40
Learn to Swim - Level 3	30606	W,F	10/13-11/12	4:15pm-4:45pm	6 - 17	\$40

	Learn to Swim - Level 3	30607	Sa	9/11-11/6	9:45am-10:15am	6 - 17	\$35
	Learn to Swim - Level 4	30624	Sa	9/11-11/6	9:45am-10:15am	6 - 17	\$35
	Learn to Swim - Level 4	30625	W,F	9/8-10/8	4:15pm-4:45pm	6 - 17	\$40
	Learn to Swim - Level 4	30626	W,F	10/13-11/12	4:15pm-4:45pm	6 - 17	\$40
	CROCKER AMAZON PLGD						
	ACTIVITY	COURSE#	DAYS	DATES	TIMES	۸۲۲۲	LLLC
						AGES	FEES
	Baseball - Bay Sox Practice	30699	Ţ	9/14-11/9	4:30pm-6:30pm	12 - 13	Free
	Baseball - Bay Sox Practice	30949	T	9/14-11/9	4:30pm-6:30pm	8 - 11	Free
	Yoga - Gentle Hatha	30837	Sa	9/18-11/6	9:00am-10:00am	18+	\$64
	ECOCENTER						
	ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
	Heror's Catch	30839	Sa	9/25-11/13	10:00am-12:00pm	9 - 16	\$48
					·		
	EUREKA VALLEY REC CENTER						
	ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
		30739	Sa	9/18-9/18		6 - 12	\$30
	Everybody Plays Day! Therapeutic Rec				10:00am-1:00pm		
	Everybody Plays Day! Therapeutic Rec	30740	Sa	10/23-10/23	10:00am-1:00pm	6 - 12	\$30
	Teen Time! Therapeutic Rec	30832	Sa	10/16-10/16	10:00am-1:00pm	13 - 18	\$30
	Teen Time! Therapeutic Rec	30833	Sa	11/6-11/6	10:00am-1:00pm	13 - 18	\$30
	GARFIELD SWIMMING POOL						
	ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
	Adult Swim - Learning the Basics	30663	F	9/10-11/12	10:00am-10:30am	18+	\$93
	Aquatics - Parent and Tot Swim	30671	F	9/10-11/12	9:00am-9:30am	6m - 2	\$74
	Aquatics - Preschool Swim	30684	Sa	9/11-11/13	9:00am-9:30am	3 - 5	\$74
	Learn to Swim - Level 1	30554	T,Th	9/7-10/7	3:30pm-4:00pm	6 - 17	\$40
	Learn to Swim - Level 1	30555	T,Th	10/12-11/9	3:30pm-4:00pm	6 - 17	\$35
	Learn to Swim - Level 1	30556	Sa	9/11-11/13	9:00am-9:30am	6 - 17	\$40
	Learn to Swim - Level 1	30557	Sa	9/11-11/13	10:30am-11:00am	6 - 17	\$40
	Learn to Swim - Level 2	30596	Sa	9/11-11/13	9:45am-10:15am	6 - 17	\$40
	Learn to Swim - Level 2	30597	Sa	9/11-11/13	10:30am-11:00am	6 - 17	\$40
	Learn to Swim - Level 2	30598	T,Th	9/7-10/7	4:15pm-4:45pm	6 - 17	\$40
	Learn to Swim - Level 2	30599	T,Th	10/12-11/9	4:15pm-4:45pm	6 - 17	\$35
	Learn to Swim - Level 3	30619	T,Th	9/7-10/7	4:15pm-4:45pm	6 - 17	\$40
	Learn to Swim - Level 3	30620	T,Th	10/12-11/9	4:15pm-4:45pm	6 - 17	\$45
	Learn to Swim - Level 3	30621	Sa	9/11-11/13	9:45am-10:15am	6 - 17	\$40
	Learn to Swim - Level 4		Ja T,Th	9/7-10/7	3:30pm-4:00pm	6 - 17	
	Learn to Swim - Level 4	30637 30638	T,Th				\$40 \$35
				10/12-11/9	3:30pm-4:00pm	6 - 17 4 17	
	Learn to Swim - Level 4	30982	Sa	9/11-11/13	9:00am-9:30am	6 - 17	\$40
	Learn to Swim - Level 4	30983	Sa	9/11-11/13	10:30am-11:00am	6 - 17	\$40
	Learn to Swim - Level 5	30645	Sa	9/11-11/13	9:45am-10:15am	6 - 17	\$40
	Learn to Swim - Level 5	30646	T,Th	9/7-10/7	5:00pm-5:30pm	6 - 17	\$40
	Learn to Swim - Level 5	30647	T,Th	10/12-11/9	5:00pm-5:30pm	6 - 17	\$35
1							

GLEN CANYON REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Motor Movement	30734	T	9/7-11/16	4:00pm-5:00pm	4 - 5	\$66
Motor Movement	30735	W	9/8-11/17	4:00pm-5:00pm	7 - 10	\$60
Motor Movement	30737	Sa	9/11-11/20		4 - 5	\$54
Motor Movement	30738	Sa	9/11-11/20	11:00am-12:00pm	7 - 10	\$54
Volleyball - Adult Co-Ed Beginning	30717	T	9/7-11/9	6:30pm-9:00pm	18+	\$95
GOLDEN GATE PARK ARCHERY FI		DAVC	DATEC	TIMEC	1050	FFFC
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Beginning Archery	30845	S	9/12-9/12	10:00am-11:30am	8 - 14	\$50
Beginning Archery	30846	S	9/19-9/19	10:00am-11:30am	8 - 14	\$50
Beginning Archery	30847	S	9/26-9/26	10:00am-11:30am	8 - 14	\$50
Beginning Archery	30848	S	10/10-10/10	10:00am-11:30am	8 - 14	\$50
Beginning Archery	30849	S	10/17-10/17	10:00am-11:30am	8 - 14	\$50
Beginning Archery	30850	S	10/24-10/24	10:00am-11:30am	8 - 14	\$50
Beginning Archery	30851	S	10/31-10/31	10:00am-11:30am	8 - 14	\$50
Beginning Archery	30852	S	11/7-11/7	10:00am-11:30am	8 - 14	\$50
Intermediate Archery	30840	S	9/12-10/17	12:00pm-1:30pm	10 - 14	\$185
Golden Gate Park Senior Center -	Virtual					
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Boots on the Ground Stress Management	30685	F	9/17-11/19	1:00pm-1:25pm	55+	Free
Chinese Brush Painting - Intermediate	30686	M	9/13-11/15	3:00pm-4:30pm	55+	Free
Strength and Conditioning for Seniors	30687	M,W,F	9/8-11/15	9:15am-10:15am	55+	Free
Zoom Baby Boomer Sing a Long	30688	Th	9/16-11/18	1:00pm-2:00pm	55+	Free
Zoom Chinese Folk Dancing	30689	M	9/13-11/15	1:15pm-2:15pm	55+	Free
Zoom Chinese Line Dance - Practice Session	30690	F	9/10-11/19	1:00pm-2:00pm	55+	Free
Zoom Fun with Hula	30691	M	9/13-11/15	12:00pm-1:00pm	55+	Free
Zoom Intermediate Line Dancing	30692	W	9/8-11/17	3:15pm-4:45pm	55+	Free
Zoom Line Dance for Intermediate Level	30693	T,Th	9/7-11/18	10:30am-11:30am	55+	Free
Zoom Low Impact Aerobics	30694	T,Th	9/14-11/18	9:30am-10:15am	55+	Free
Zoom Physical Conditioning for Active Seniors	30695	M,F	9/13-11/19	10:30am-11:30am	55+	Free
Zoom Stretch and Dance for the Soul	30696	Th	9/23-10/28	2:00pm-2:30pm	55+	Free
Zoom Stretch and Relaxation for Seniors	30697	T	9/7-11/16	1:00pm-2:00pm	55+	Free
Zoom Ultra Beginning Line Dancing	30698	W	9/8-11/17	10:30am-12:00pm	55+	Free
HAMILTON REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Girls Sports - Hoop Summit 2021	30670	Sa	11/20-11/20	9:00am-3:00pm	5 - 12	\$10
01113 3ports - 1100p 3u11111111 2021	30070	Ju	11/20-11/20	7.00am-3.00pm	J - 12	ΨΙΟ
HAMILTON SWIMMING POOL						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Adult Swim - Learning the Basics	30659	W	9/8-11/10	5:00pm-5:30pm	18+	\$93 ¢74
Aquatics - Parent and Tot Swim	30672	W	9/8-11/10	9:00am-9:30am	6m - 2	\$74 ¢74
Aquatics - Parent and Tot Swim	30673	W	9/8-11/10	9:30am-10:00am	6m - 2	\$74

Aquatics - Parent and Tot Swim	30674	F	9/10-11/12	9:00am-9:30am	6m - 2	\$74	
Aquatics - Parent and Tot Swim	30675	F	9/10-11/12	9:30am-10:00am	6m - 2	\$74	
Aquatics - Preschool Swim	30680	T,Th	9/7-10/7	3:30pm-4:00pm	3 - 5	\$74	
Aquatics - Preschool Swim	30681	T,Th	10/12-11/9	3:30pm-4:00pm	3 - 5	\$67	
Aquatics - Preschool Swim	30984	Sa	9/11-11/6	9:00am-9:30am	3 - 5	\$67	
Aquatics - Preschool Swim	30985	Sa	9/11-11/6	9:30am-10:00am	3 - 5	\$67	
Learn to Swim - Level 1	30561	Sa	9/11-11/6	10:00am-10:30am	6 - 17	\$40	
Learn to Swim - Level 1	30562	Sa	9/11-11/6	10:45am-11:15am	6 - 17	\$35	
Learn to Swim - Level 1	30563	T,Th	9/7-10/7	4:15pm-4:45pm	6 - 17	\$40	
Learn to Swim - Level 1	30564	T,Th	10/12-11/9	4:15pm-4:45pm	6 - 17	\$35	
Learn to Swim - Level 1	30649	Sa	9/11-11/6	11:30am-12:00pm	6 - 17	\$35	
Learn to Swim - Level 2	30584	Sa	9/11-11/6	10:00am-10:30am	6 - 17	\$35	
Learn to Swim - Level 2	30585	T,Th	9/7-10/7	5:00pm-5:30pm	6 - 17	\$40	
Learn to Swim - Level 2	30586	T,Th	10/12-11/9	5:00pm-5:30pm	6 - 17	\$35	
Learn to Swim - Level 2	30650	Sa	9/11-11/6	10:45am-11:15am	6 - 17	\$35	
Learn to Swim - Level 2	30651	Sa	9/11-11/6	11:30am-12:00pm	6 - 17	\$35	
Learn to Swim - Level 3	30608	Sa	9/11-11/6	10:00am-10:30am	6 - 17	\$35	
Learn to Swim - Level 3	30609	T,Th	9/7-10/7	3:30pm-4:00pm	6 - 17	\$40	
Learn to Swim - Level 3	30610	T,Th	9/7-10/7	4:15pm-4:45pm	6 - 17	\$40	
Learn to Swim - Level 3	30611	T,Th	10/12-11/9		6 - 17	\$35	
Learn to Swim - Level 3	30612	T,Th	10/12-11/9	3:30pm-4:00pm	6 - 17	\$35	
				4:15pm-4:45pm			
Learn to Swim - Level 4	30627	Sa	9/11-11/6	10:45am-11:15am	6 - 17	\$35 ¢25	
Learn to Swim - Level 4	30628	Sa	9/11-11/6	11:30am-12:00pm	6 - 17	\$35	
Learn to Swim - Level 4 Learn to Swim - Level 4	30629 30630	T,Th T,Th	9/7-10/7 10/12-11/9	5:00pm-5:30pm 5:00pm-5:30pm	6 - 17 6 - 17	\$40 \$35	
HARVEY MILK CENTER FOR THE ACTIVITY	ARTS COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Healing Yoga	30917	Th	9/16-11/4	1:00pm-2:30pm	18+	Free	
LittlePeoplésAt:Studio	30921	Sa	9/18-10/9	10:00am-11:00am	2 1/2 - 4	\$24	
Little-Regdés-At-Studio	30922	Sa	9/18-10/9	11:30am-12:30pm	2 1/2 - 4	\$24	
Little Peoples At Studio	30923	W	9/15-10/6	10:00am-11:00am	2 1/2 - 4	\$24	
Little Peoples At Studio	30977	W	10/13-11/3	10:00am-11:00am	2 1/2 - 4	\$24	
Textiles - Introduction to Sewing	30927	Th	9/16-11/4	6:30pm-8:30pm	18+	\$96	
Textiles - Kids Knit & Crochet	30929	W	9/15-11/10	3:30pm-4:30pm	6 - 11	\$54	
Textiles - Kids Knit & Crochet	30930	W	9/15-11/10	4:30pm-5:30pm	6 - 11	\$54 \$54	
YPTMTC - Ballet for Teens	30947	T	9/14-12/14	5:00pm-6:00pm	13 - 19	Free	
YPTMTC - Improv & Acting	30947	F	9/14-12/14	4:00pm-5:30pm	13 - 19	Free	
YPTMTC - Teen Tap	30948	T	9/1/-12/1/	4:00pm-5:00pm	13 - 19		
YPTMTC - Theatre Tech		Th		4:00pm-6:00pm		Free	
	30944		9/16-12/16		13 - 19	Free	
YPTMTC - Vocal Training  VDTMTC - Vocath Montarchip Sories	30945	W	9/15-12/15	4:00pm-5:30pm	13 - 19	Free	
YPTMTC - Youth Mentorship Series	30946	Th	9/16-11/4	3:00pm-5:00pm	13 - 19	Free	
HARVEY MILK PHOTO CENTER							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Adobe Lightroom Classic - Virtual	30911	Sa	10/30-11/13	1:00pm-4:00pm	18+	\$96	
Darkroom Essentials & Processes	30941	Th	9/16-10/14	5:00pm-8:00pm	18+	\$165	
Getting to Know Your DSLR Camera Level 1	30942	Th	10/7-10/28	5:30pm-8:00pm	18+	\$165	
detting to know rour dath carriera level i	30742	III	10/7-10/20	3.30pm-0.00pm	10+	φιου	

Photo Center Orientation	30935	Sa	9/25-9/25	1:00pm-2:00pm	13+	Free	
Photo Center Orientation	30936	Sa	10/9-10/9	1:00pm-2:00pm	13+	Free	
Photo Center Orientation	30937	Sa	10/23-10/23	1:00pm-2:00pm	13+	Free	
Photo Center Orientation	30938	Sa	11/6-11/6	1:00pm-2:00pm	13+	Free	
Photo Center Orientation	30939	Sa	11/20-11/20	1:00pm-2:00pm	13+	Free	
Photo Darkroom for High School Students	30940	W	9/29-10/27	4:00pm-6:00pm	14 - 17	\$95	
Strong Engaging Compositions - Virtual	30934	Th	9/23-10/14	7:00pm-9:00pm	18+	\$16	
INDIA BASIN SHORELINE PARK							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Self Guided Kayak Tour of India Basin	30886	Sa	10/2-10/2	10:00am-11:00am	6+	\$20	
Self Guided Kayak Tour of India Basin	30887	Sa	10/2-10/2	11:00am-12:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30888	Sa	10/16-10/16	11:00am-12:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30889	Sa	10/30-10/30	11:00am-12:00pm	6+	\$25	
Self Guided Kayak Tour of India Basin	30891	Sa	10/16-10/16	10:00am-11:00am	6+	\$20	
Self Guided Kayak Tour of India Basin	30970	Sa	10/2-10/2	12:00pm-1:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30971	Sa	10/2-10/2	1:00pm-2:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30972	Sa	10/16-10/16	12:00pm-1:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30973	Sa	10/30-10/30	12:00pm 1:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30974	Sa	10/30-10/30	1:00pm-2:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30975	Sa	10/16-10/16	1:00pm-2:00pm	6+	\$20	
Self Guided Kayak Tour of India Basin	30976	Sa	10/30-10/30	10:00am-11:00am	6+	\$20	
Sell Guided Rayak Toul of Illula dasill	30970	Sd	10/30-10/30	10.004111-11.004111	0+	\$20	
JOSEPH LEE REC CENTER							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Bingo	30915	W	9/8-11/10	10:00am-1:00pm	55+	Free	
Boxing	30700	W	9/15-11/3	6:30pm-8:30pm	9 - 15	\$96	
Karate	30913	Th	9/9-11/18	6:00pm-7:00pm	5 - 16	Free	
Line Dancing	30914	F	9/17-11/12	10:00am-12:00pm	18+	Free	
LAKE MERCED BOATHOUSE							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Self Guided Kayak Tour of Lake Merced	30892	Sa	9/18-9/18	9:00am-10:00am	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30893	Sa	10/23-10/23	9:00am-10:00am	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30894	Sa	10/23-10/23	11:00am-12:00pm	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30895	Sa	9/18-9/18	11:00am-12:00pm	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30964	Sa	9/18-9/18	10:00am-11:00am	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30965	Sa	9/18-9/18	12:00pm-1:00pm	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30966	Sa	9/18-9/18	1:00pm-2:00pm	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30967	Sa	10/23-10/23	10:00am-11:00am	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30968	Sa	10/23-10/23	12:00pm-1:00pm	6+	\$20	
Self Guided Kayak Tour of Lake Merced	30969	Sa	10/23-10/23	1:00pm-2:00pm	6+	\$20	
LANG FIELD							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Baseball - Friday Night Lights	30704	F	9/17-10/22	7:00pm-9:00pm	9 - 14	\$60	
2000an Thaay Night Lights	JU / UT	1	// I / TU/ZZ	7.00pm 7.00pm	, 17	ΨΟΟ	

LAUREL HILL PLGD						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Tennis - Tykes	30883	Ī	9/7-11/9	4:00pm-4:30pm	5 - 7	\$100
Tennis - Tykes	30884	Th	9/9-11/4	4:00pm-4:30pm	5 - 7	\$90
Tennis - Tykes	30885	W	9/8-11/10	3:00pm-3:30pm	5 - 7	\$100
Terrins - Tyres	30003	VV	7/0-11/10	3.00ртт-3.30ртт	J - 1	Ψ100
MARTIN LUTHER KING, JR. SW	/IMMING POC	)L				
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Adult Swim - Learning the Basics	30654	T	9/7-11/9	5:00pm-5:30pm	18+	\$93
Aquatics - Preschool Swim	30683	Sa	9/11-11/13	10:30am-11:00am	3 - 5	\$74
Learn to Swim - Level 1	30545	T,Th	9/7-10/7	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 1	30546	T,Th	9/7-10/7	4:15pm-4:45pm	6 - 17	\$40
Learn to Swim - Level 1	30547	Sa	9/11-11/13	9:00am-9:30am	6 - 17	\$40
Learn to Swim - Level 1	30548	Sa	9/11-11/13	9:45am-10:15am	6 - 17	\$40
Learn to Swim - Level 1	30552	T,Th	10/12-11/9	3:30pm-4:00pm	6 - 17	\$35
Learn to Swim - Level 1	30553	T,Th	10/12-11/9	4:15pm-4:45pm	6 - 17	\$35
Learn to Swim - Level 2	30575	T,Th	9/7-10/7	3:30pm-4:00pm	6 - 17	\$40
Learn to Swim - Level 2	30576	T,Th	10/12-11/9	3:30pm-4:00pm	6 - 17	\$35
Learn to Swim - Level 2	30577	Sa	9/11-11/13	9:00am-9:30am	6 - 17	\$40
Learn to Swim - Level 3	30601	T,Th	9/7-10/7	4:15pm-4:45pm	6 - 17	\$40
Learn to Swim - Level 3	30602	T,Th	10/12-11/9	4:15pm-4:45pm	6 - 17	\$35
Learn to Swim - Level 4	30623	Sa	9/11-11/13	9:45am-10:15am	6 - 17	\$40
MINNIE & LOVIE WARD REC CI ACTIVITY Zumba	ENTER COURSE# 30836	DAYS Th	DATES 9/16-11/4	TIMES 6:45pm-7:45pm	AGES 18+	FEES Free
MISSION ARTS CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Aztec Dance with Mixcoatl Anahuac	30918	F	9/10-11/19	6:30pm-8:30pm	3+	Free
Capoeira- Beginning Adult	30919	Th	9/9-11/4	7:00pm-8:00pm	18+	\$54
Ceramics- Exploration in Clay	30925	W	9/15-11/3	6:00pm-8:30pm	18+	\$128
Clay Play	30926	W	9/15-11/3	4:00pm-5:30pm	8 - 11	\$80
Little Peoples Att Studio Drop-in	Drop-in	F	9/17-11/12	10:00am-12:00pm	2 1/2 - 4	Drop-in
Tot Space	30920	Sa	9/11-11/6	10:30am-12:00pm	1_2	\$81
MISSION PLGD						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Tennis - Intermediate Live Ball	30865	T	9/7-11/9		18 - 55	\$200
Terrins - Intermediate Live ball	30800	I	9/7-11/9	6:30pm-7:30pm	10 - 33	\$200
MISSION REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
ACCESS to Health and Fitness	30741	W	9/15-11/10	10:00am-11:30am	18-22	Free
Basketball - MRC Rebels 11U	30716	T,Th	9/9-2/17	5:30pm-7:00pm	9 - 11	\$450
Basketball - MRC Rebels 12U	30713	M,W	9/8-2/16	5:30pm-7:00pm	11 - 12	\$450
Basketball - MRC Rebels 13U	30714	M,W	9/8-2/16	7:00pm-8:30pm	12 - 13	\$450
Basketball - MRC Rebels 14U	30715	T,Th	9/7-2/17	7:00pm-8:30pm	13 - 14	\$450

Boxing	30703	W	10/13-12/1	7:00pm-9:00pm	14+	\$84	
Boxing - Women	30701	T	10/12-11/30	7:00pm-9:00pm	14+	\$96	
Girls Play Sports - Basketball	30730	T.	9/14-11/16	4:00pm-5:00pm	5 - 7	\$90	
Onto Tray oporto Dashotoan	00700	,	771111710		0 /	Ψ70	
MISSION SWIMMING POOL							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Learn to Swim - Level 1	30978	T,Th	9/7-10/28	3:30pm-4:00pm	6 - 17	\$80	
Learn to Swim - Level 2	30979	T,Th	9/7-10/28	4:15pm-4:45pm	6 - 17	\$80	
Learn to Swim - Level 3	30980	Sa	9/11-10/30	11:30am-12:00pm	6 - 17	\$40	
MOSCONE REC CENTER							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Girls Golf	30702	Sa	9/11-10/30	12:00pm-2:00pm	9 - 12	\$96	
Girls Golf	30705	Sa	9/11-10/30	2:30pm-4:30pm	13 - 17	\$96	
	00700	ou	77 11 10700	2.000111 1.000111	10 17	Ψ70	
NORTH BEACH SWIMMING POC	)L						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Improving Skills and Swimming Strokes	30666	Th	9/9-11/4	3:20pm-3:50pm	18+	\$84	
Adult Swim - Learning the Basics	30662	Th	9/9-11/4	3:20pm-3:50pm	18+	\$84	
Aquatics - Parent and Tot Swim	30676	Sa	9/11-11/6	11:15am-11:45am	6m - 2	\$67	
Aquatics - Preschool Swim	30682	T	9/7-11/9	11:30am-12:00pm	3 - 5	\$74	
Learn to Swim - Level 1	30568	W,F	9/8-10/8	3:45pm-4:15pm	6 - 17	\$40	
Learn to Swim - Level 1	30569	W,F	9/8-10/8	4:30pm-5:00pm	6 - 17	\$40	
Learn to Swim - Level 1	30570	W,F	10/13-11/12	4:30pm-5:00pm	6 - 17	\$40	
Learn to Swim - Level 1	30571	W,F	10/13-11/12	3:45pm-4:15pm	6 - 17	\$40	
Learn to Swim - Level 1	30572	Sa	9/11-11/6	9:00am-9:30am	6 - 17	\$35	
Learn to Swim - Level 1	30573	Sa	9/11-11/6	9:45am-10:15am	6 - 17	\$35	
Learn to Swim - Level 2	30590	W,F	9/8-10/8	3:45pm-4:15pm	6 - 17	\$40	
Learn to Swim - Level 2	30591	W,F	9/8-10/8	5:15pm-5:45pm	6 - 17	\$40	
Learn to Swim - Level 2	30592	W,F	10/13-11/12	5:15pm-5:45pm	6 - 17	\$40	
Learn to Swim - Level 2	30593	W,F	10/13-11/12	3:45pm-4:15pm	6 - 17	\$40	
Learn to Swim - Level 2	30594	Sa	9/11-11/6	9:00am-9:30am	6 - 17	\$35	
Learn to Swim - Level 2	30595	Sa	9/11-11/6	10:30am-11:00am	6 - 17	\$35	
Learn to Swim - Level 3	30616	Sa	9/11-11/6	9:45am-10:15am	6 - 17	\$35	
Learn to Swim - Level 3	30617	W,F	9/8-10/8	4:30pm-5:00pm	6 - 17	\$40	
Learn to Swim - Level 3	30618	W,F	10/13-11/12	4:30pm-5:00pm	6 - 17	\$40	
Learn to Swim - Level 4	30634	W,F	9/8-10/8	5:15pm-5:45pm	6 - 17	\$40	
Learn to Swim - Level 4	30635	W,F	10/13-11/12	5:15pm-5:45pm	6 - 17	\$40	
Learn to Swim - Level 4	30636	Sa	9/11-11/6	10:30am-11:00am	6 - 17	\$35	
PALEGA REC CENTER							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Girls Play Sports - Basketball	30669	Th	9/9-11/4	4:00pm-5:30pm	5 - 8	\$90	
Shred & Butter	30853	T	9/9-11/4	3:45pm-5:15pm	5 - o 6 - 13	\$90 \$135	
Tennis - Intermediate Live Ball	30853	W	9/14-11/9	6:30pm-7:30pm	0 - 13 18 - 55	\$200	
Volleyball - Girls in Sports - Beg.	30804	W	9/8-11/10	4:00pm-5:00pm	7 - 9	\$200 \$54	
, ,							
Volleyball - Girls in Sports - Int.	30733	W	9/15-11/10	5:00pm-6:30pm	10 - 11	\$81	

POTRERO HILL REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Tot Soccer	30707	W	9/15-11/10	10:00am-11:00am	3 - 4	\$54
Tot Soccer	30708	W	9/15-11/10	11:00am-12:00pm	3 - 4	\$54
RANDALL MUSEUM						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Architects for the Land of the Tiny People	30762	W	10/13-11/3	4:00pm-5:30pm	8 - 9	\$100/\$110
Art and Animals	30756	T -	10/12-11/30	10:00am-11:00am	2 1/2 - 5	\$175/\$185
Artist Workshop	30761	T	10/12-11/30	4:00pm-5:30pm	8 - 12	\$185/\$195
Ceramics: Fantastic Animals	30767	W	10/13-11/17	4:00pm-6:00pm	9 - 13	\$180/\$190
Ceramics: Hand Building	30755	W	10/13-11/17	6:30pm-9:00pm	16+	\$240/\$250
Ceranias Rotter's VMeel	30754	Ţ	10/19-11/23	6:30pm-9:30pm	16+	\$285/\$295
Ceramics: The Spiral Way	30766	Ţ	10/19-11/23	4:00pm-6:00pm	9 - 13	\$180/\$190
Citizen Scientists	30770	W	10/13-12/8	4:00pm-6:00pm	9 - 12	\$270/\$280
Interior Design for the Land of the Tiny People	30763	W	11/10-12/8	4:00pm-5:30pm	9 - 12	\$115/\$125
Inventions	30760	M	10/18-12/13	4:00pm-6:00pm	8 - 10	\$270/\$280
Making Your Own Stuff!	30764	Th	10/14-11/18	4:00pm-5:30pm	6-7	\$115/\$125
Musical Inventions	30752	M	10/25-11/22	6:30pm-9:00pm	16+	\$215/\$225
New Technologies: 3D Printed Robots	30778	Th	10/14-12/16	4:00pm-6:00pm	10 - 14	\$280/\$290
New Technologies: Inventor Lab (session one)	30771	М	10/18-11/8	4:00pm-6:00pm	8 - 9	\$140/\$150
New Technologies: Inventor Lab (session two)	30773	T	11/16-12/14	4:00pm-6:00pm	8 - 9	\$170/\$180
New Technologies: Scrapyard Robotics I	30776	W	10/13-11/10	4:00pm-6:00pm	7 - 9	\$170/\$180
New Technologies: Scrapyard Robotics II	30777	W	11/17-12/15	4:00pm-6:00pm	7 - 9	\$170/\$180
New Technologies:3D Printing I	30774	T	10/12-11/9	4:00pm-6:00pm	8 - 9	\$170/\$180
New Technologies:3D Printing II	30775	M	11/15-12/13	4:00pm-6:00pm 10:00am-11:00am	8 - 9	\$170/\$180
Playing With Art (session one)	30757	W	10/13-11/3	10:00am-11:00am	2 - 3	\$90/\$100
Playing With Art (session two)	30758	W	11/10-12/8		2-3	\$110/\$120
Preschool Woodworking Rocketmobiles	30759 30768	Th	10/14-11/4	10:00am-11:00am	2 1/2 - 5	\$90/\$100
		F	10/15-12/17	4:00pm-5:30pm	8 - 10 12 - 10	\$160/\$170 \$135/\$145
Teen Animal Care	30772 30753	Th T	10/7-11/18 10/26-11/23	4:00pm-5:30pm 6:30pm-9:00pm	13 - 18 16+	\$135/\$145
The Art of Floral Design	30765		10/20-11/23		7 - 10	
Woodworking: Building Beastly Abodes Woodworking: Joinery Besies	30743	W	10/13-11/10	4:00pm-5:30pm		\$140/\$150
Woodworking: Joinery Basics Woodworking: Open Studio (session one)	30743	T T	10/12-12/7	6:30pm-9:30pm 9:30am-12:30pm	18+ 18+	\$400/\$410 \$405/\$415
Woodworking: Open Studio (session two)	30750	Sa	10/12-12/7	1:00pm-5:00pm	18+	\$360/\$370
Woodworking: Shaker Oval Box Workshop	30742	ъа Th	10/7-10/14	6:30pm-9:30pm	18+	\$145/\$155
Woodworking: Spoon Carving I (session one)	30742	W	10/7-10/14	6:30pm-9:00pm	18+	\$145/\$155
Woodworking: Spoon Carving I (session two)	30744	W	11/10-11/17	6:30pm-9:00pm	18+	\$175/\$185
Woodworking: Spoon Carving II (session one)	30745	W	11/3-11/3	6:30pm-9:00pm	18+	\$80/\$90
Woodworking: Spoon Carving II (session two)	30747	W	12/8-12/8	6:30pm-9:00pm	18+	\$80/\$90
Woodworking: Spoon Carving Open Studio I	30747	Th	11/18-11/18	6:30pm-9:00pm	18+	\$35/\$45
Woodworking: Spoon Carving Open Studio II	30749	W	12/1-12/1	6:30pm-9:00pm	18+	\$35/\$45
Young Naturalists	30769	T	10/12-12/7	4:00pm-6:00pm	7 - 8	\$270/\$280
i ourig ivaturalists	JU1 U7	ı	10/12-12//	<del>1</del> .00pm-0.00pm	/ - U	Ψ <i>Δ Ι ΟΙ</i> ΦΔΟΟ
RICHMOND REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Forever Fit	30838	T	9/14-11/2	6:00pm-7:00pm	18+	\$64

Girls Play Sports - Basketball	30727	W	9/8-11/10	4:00pm-5:30pm	5 - 7	\$90	
Volleyball - Girls in Sports - Beg.	30720	T	9/7-11/9	4:00pm-5:30pm	7 - 9	\$90	
Volleyball - Girls in Sports - Int.	30732	Th	9/9-11/4	4:00pm-5:30pm	10 - 11	\$81	
Volleyball League - Women Intermediate	30725	T	9/7-11/9	6:30pm-9:00pm	18+	\$95	
ROCHAMBEAU PLGD							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Tennis - Beginning	30873	Sa	9/11-11/13	4:00pm-5:00pm	8 - 11	\$200	
Tennis - Beginning	30874	F	9/10-11/12	4:00pm-5:00pm	8 - 11	\$200	
Tennis - Beginning	30875	W	9/8-11/10	4:00pm-5:00pm	8 - 11	\$200	
Tennis - Beginning	30876	T	9/7-11/9	4:00pm-5:00pm	8 - 11	\$200	
Tennis - Beginning	30877	M	9/13-11/8	4:00pm-5:00pm	8 - 11	\$200	
Tennis - Beginning Tennis - Beginning	30878	Sa	9/11-11/13	3:00pm-4:00pm	8 - 11	\$200	
SAVA SWIMMING POOL	0011===	D 11/5	D.4.750	TIMES		5550	
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Improving Skills and Swimming Strokes	30664	F	9/10-11/12	5:00pm-5:30pm	18+	\$93	
Improving Skills and Swimming Strokes	30665	Sa	9/11-11/6	11:15am-11:45am	18+	\$84	
Adult Swim - Learning the Basics	30660	W	9/8-11/10	5:00pm-5:30pm	18+	\$93	
Adult Swim - Learning the Basics	30661	Sa	9/11-11/6	11:15am-11:45am	18+	\$84	
Aquatics - Preschool Swim	30679	Sa	9/11-11/6	9:00am-9:30am	3 - 5	\$74	
Learn to Swim - Level 1	30565	T,Th	9/7-10/7	3:30pm-4:00pm	6 - 17	\$40	
Learn to Swim - Level 1	30566	T,Th	10/12-11/9	3:30pm-4:00pm	6 - 17	\$35	
Learn to Swim - Level 1	30567	Sa	9/11-11/6	10:30am-11:00am	6 - 17	\$35	
Learn to Swim - Level 2	30587	W,F	9/8-10/8	3:30pm-4:00pm	6 - 17	\$40	
Learn to Swim - Level 2	30588	W,F	10/13-11/12	3:30pm-4:00pm	6 - 17	\$40	
Learn to Swim - Level 2	30589	Sa	9/11-11/6	9:45am-10:15am	6 - 17	\$40	
Learn to Swim - Level 3	30613	T,Th	9/7-10/7	4:15pm-4:45pm	6 - 17	\$40	
Learn to Swim - Level 3	30614	T,Th	10/12-11/9	4:15pm-4:45pm	6 - 17	\$35	
Learn to Swim - Level 3	30615	Sa	9/11-11/6	10:30am-11:00am	6 - 17	\$35	
Learn to Swim - Level 4	30631	W,F	9/8-10/8	4:15pm-4:45pm	6 - 17	\$40	
Learn to Swim - Level 4	30632	W,F	10/13-11/12	4:15pm-4:45pm	6 - 17	\$40	
Learn to Swim - Level 4	30633	Sa	9/11-11/6	9:45am-10:15am	6 - 17	\$35	
Learn to Swim - Level 5	30642	T,Th	9/7-10/7	5:00pm-5:30pm	6 - 17	\$40	
Learn to Swim - Level 5	30643	T,Th	10/12-11/9	5:00pm-5:30pm	6 - 17	\$35	
Learn to Swim - Level 5	30644	Sa	9/11-11/6	9:00am-9:30am	6 - 17	\$35	
SHARON ART STUDIO							
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Acrylic Abstract Painting	30793	T	9/14-11/9	6:30pm-9:30pm	18+	\$270/\$295	
Advanced Glass	30801	F	9/17-11/12	10:00am-1:00pm	18+	\$270/\$295	
Basic Jewelry Metal Arts	30798	Th	9/16-11/18	6:30pm-9:30pm	18+	\$270/\$295	
Basic Jewelry Metal Arts	30802	T	9/21-11/16	6:30pm-9:30pm	18+	\$270/\$295	
Beginning Watercolor	30782	T	9/14-10/5	6:30pm-8:00pm	18+	\$96/\$121	
SHARON ART STUDIO – Conti	inued						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES	
Ceramics - Beginner Online Handbuilding		W	10/13-11/17	5:30pm-7:00pm	AGES 18+	\$225/\$250	
ocianilos - peginner oniline nanubullung	JU104	V V	10/13-11/1/	ο.συμπι-τ.υυμπ	10+	φ∠∠U/ φ∠UU	

Ceramics - Intermediate Online Handbuild	ding 30785	F	10/15-11/19	5:30pm-7:00pm	18+	\$225/\$250
Drawing Studio ~ The Basics - Part 1	30783	Th	9/16-10/7	6:30pm-8:00pm	18+	\$96/\$121
Drawing Studio ~ The Basics - Part 2	30790	Th	10/14-11/4	6:30pm-8:00pm	18+	\$96/\$121
Drawing with Color	30788	T	10/12-11/2	4:00pm-5:30pm	18+	\$96/\$121
Drawing With Ink - Fruits & Vegetables	30786	F	10/8-10/29	2:00pm-3:30pm	18+	\$96/\$121
Drawing With Ink - Gardens	30779	F	9/10-10/1	2:00pm-3:30pm	18+	\$96/\$121
Drawing With Ink - Trees	30791	F	11/5-12/3	2:00pm-3:30pm	18+	\$96/\$121
Eco Art	30824	F	9/24-10/15	4:30pm-5:15pm	6 - 9	\$96/\$96
Eco Art	30825	F	10/22-11/12	3:30-4:15pm	6 - 9	\$96/\$96
Family Clay Day	30803	S	10/3-10/24	10:00am-12:00pm	5+	\$80/\$105
Family Clay Day	30804	S	11/21-12/12	10:00am-12:00pm	5+	\$80/\$105
Glass	30795	M	9/13-11/15	2:00pm-5:00pm	18+	\$170/\$195
Glass	30797	Th	9/16-11/18	6:30pm-9:30pm	18+	\$170/\$195
Glass	30799	F	9/17-11/12	2:00pm-5:00pm	18+	\$170/\$195
Glass	30800	Sa	9/18-11/13	10:00am-1:00pm	18+	\$170/\$195
Go Figure! The Long Pose	30796	Th	9/16-11/18	10:00am-12:30pm	18+	\$270/\$295
GGP in Colored Pencil - Buildings	30787	F	10/8-10/22	11:00am-12:30pm	18+	\$72/\$97
GGP in Colored Pencil - Statues	30780	F	9/10-9/24	11:00am-12:30pm	18+	\$72/\$97
GGP in Colored Pencil - Trails	30792	F	11/5-11/19	11:00am-12:30pm	18+	\$72/\$97
Intermediate Watercolor	30789	T	10/12-11/2	6:30pm-8:00pm	18+	\$96/\$121
Life Drawing	30794	T	9/14-11/9	12:00pm-3:00pm	18+	\$270/\$295
Multi-Cultural Art	30822	F	9/24-10/15	3:30pm-4:15pm	6 - 9	\$96/\$96
Multi-Cultural Art	30823	F	10/22-11/12	4:30pm-5:15pm	6 - 9	\$96/\$96
Pacific Ocean Landscapes	30818	Th	9/23-10/14	3:30pm-4:15pm	6 - 9	\$96/\$96
Pacific Ocean Landscapes	30819	Th	10/21-11/18	4:30pm-5:15pm	6 - 9	\$96/\$96
Portraiture	30781	T	9/14-10/5	4:00pm-5:30pm	18+	\$96/\$121
Redwood Forest Landscapes	30820	Th	9/23-10/14	4:30pm-5:15pm	6 - 9	\$96/\$96
Redwood Forest Landscapes	30821	Th	10/21-11/18	3:30pm-4:15pm	6 - 9	\$96/\$96
Teen Beginner Jewelry / Metal Arts	30805	М	9/20-11/15	4:30pm-6:00pm	14 - 16	\$240/\$240
Teen Beginner Jewelry / Metal Arts	30806	T	9/21-11/9	4:30pm-6:00pm	14 - 16	\$240/\$240
Teen Ceramics	30808	M	9/20-11/15	4:30pm-6:00pm	14 - 16	\$240/\$240
Teen Ceramics	30811	W	9/22-11/10	4:30pm-6:00pm	14 - 16	\$240/\$240
Teen Glass	30812	T	9/21-11/9	4:30pm-6:00pm	11 - 16	\$96/\$96
Teen Glass	30813	Th	9/23-11/18	4:30pm-6:00pm	11 - 16	\$96/\$96
Teen Inter.Jewelry / Metal Arts	30807	W	9/22-11/10	4:30pm-6:00pm	14 - 16	\$240/\$240
Teen Mixed Media - Printmaking	30814	Th	9/23-10/14	4:30pm-6:00pm	11 - 16	\$120/\$120
Teen Mixed Media - Printmaking	30815	Th	10/21-11/18	4:30pm-6:00pm	11 - 16	\$120/\$120
Tween Ceramics	30809	T	9/21-11/9	4:30pm-6:00pm	11 - 12	\$240/\$240
Tween Ceramics	30810	Th	9/23-11/18	4:30pm-6:00pm	11 - 12	\$240/\$240
Tween Drawing - Graphic Storytelling	30816	W	9/22-10/13	3:30pm-5:00pm	11 - 16	\$120/\$120
Tween Drawing - Graphic Storytelling	30817	W	10/20-11/10	3:30pm-5:00pm	11 - 16	\$120/\$120
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ST. MARY'S REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Basketball - Advance Fundamentals			9/7-11/9		9 - 11	
Basketball - Pee Wee	30826	T,Th Sa		5:00pm-6:00pm 10:00am-11:00am	9 - 11 6 - 8	\$114 \$54
	30830	Sa Sa	9/11-11/13	11:00am-12:00pm		\$54 \$54
Basketball - Pee Wee Basketball Fundamentals	30831	Sa	9/11-11/13	·	6 - 8 0 11	\$54 \$114
	30829 30723	T,Th W	9/7-11/9	4:00pm-5:00pm 6:30pm-9:00pm	9 - 11 18+	\$114 \$95
Volleyball League - Adult Advanced	30723	VV	9/8-11/10	0.30h111-3.00h111	10+	\$ <b>7</b> U

Volleyball League - Adult Intermediate	30724	Th	9/9-11/4	6:30pm-9:00pm	18+	\$95
SUNNYSIDE PLGD						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Tennis - Beginning	30871	Sa	9/11-11/13	4:00pm-5:00pm	8 - 11	\$200
Tennis - Intermediate Live Ball	30866	Sa	9/11-11/13	10:30am-11:30am	18+	\$200
SUNSET REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Basketball - Advance Fundamentals	30827	T,Th	9/7-11/9	5:00pm-6:00pm	9 - 11	\$114
Basketball Fundamentals	30828	T,Th	9/7-11/9	4:00pm-5:00pm	9 - 11	\$114
Girls Play Sports - Basketball	30728	F	9/10-11/12	4:00pm-5:30pm	5 - 7	\$90
Girls Play Sports - Basketball	30729	F	9/10-11/12	5:30pm-7:00pm	8 - 11	\$90
Intro to Fencing	30860	W	9/8-11/17	4:00pm-5:00pm	7 - 13	\$100
Intro to Fencing for Juniors	30736	W	9/8-11/17	5:00pm-6:00pm	7 - 13	\$100
g The state of the						
TENDERLOIN REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Shred & Butter	30854	Th	9/16-11/4	3:45pm-5:15pm	6 - 13	\$120
				1 1		
UPPER NOE REC CENTER						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Shred & Butter	30855	F	9/17-11/12	3:45pm-5:15pm	6 - 13	\$135
Volleyball - Girls in Sports - Beg.	30909	W	9/8-11/10	4:00pm-5:00pm	7 - 9	\$90
Zumba	30834	Sa	9/18-11/6	9:30am-10:30am	18+	Free
YOUNGBLOOD COLEMAN PLGD						
ACTIVITY	COURSE#	DAYS	DATES	TIMES	AGES	FEES
Bayview United Soccer	30912	W-Th	9/8-10/14	4:00pm-5:00pm	5 - 11	Free
bayview office social	JU/12	v V III	7/0 10/17	TOOPIII JOOPIII	JII	1100

Thank you!