



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WELCOME TO THE OSHKOSH YMCA

LEARN TO SKATE USA PROGRAM

MISSION

To provide a fun and positive experience that will instill a lifelong love of skating.

OBJECTIVES

- Teach children and adults the fundamentals of ice skating while building confidence and skills through each lesson.
- Provide a progressive curriculum that ensures success from the first steps on the ice to the mastery of advanced skills.
- Promote the health and fitness benefits of ice skating.
- Equip each participant with the foundation necessary to reach their goal, be it recreational or competitive in nature.

YOUR CHILD'S FIRST DAY OF SKATING

Getting Ready – Dress

- Close fitting clothing, dress in layers
- Sweatpants, warm up pants, stretch pants
- Sweat shirts, light jackets
- Thin socks or tights
- GLOVES or MITTENS!
- Helmets (bike, skateboard, hockey) are strongly recommended for beginning levels, knee pads and elbow pads are optional

Arriving for the First Class

- Please make sure your child has used the restroom prior to class
- Arrive 15-20 minutes early to get skates
- Skates – Generally, the same size as shoe size or one size smaller. If you need help, please ask one of the instructors. All will be wearing red jackets and name tags.
- Skates should be snug and laced snugly up through the ankle
- Sign in at the registration table in the café area and receive name tag
- Wait for instructor – First time students will NOT be getting on the ice right away

Other Information

- If you are late for class, please be patient and do NOT walk your child out onto the ice due to safety issues. An instructor will help you find the correct class.
- Please sit in the bleachers. Parents/siblings, friends, etc. are not allowed in the hockey boxes unless an instructor asks them to be there.
- No one is allowed on the ice before class unless there is a YMCA skating instructor present
- Please keep blades off of any metal (ramp to bleachers, high chairs in café area) or concrete to keep blades from being damaged



endorsed by



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