



TOWN OF MAMMOTH LAKES  
 PARKS & RECREATION DEPARTMENT  
 437 OLD MAMMOTH RD STE. 230  
 P.O. BOX 1609  
 (760) 965-3697  
[WWW.MAMMOTHPARKSANDREC.COM](http://WWW.MAMMOTHPARKSANDREC.COM)

**2020 ADULT VOLLEYBALL LEAGUE**

**WELCOME!**

The mission of the Parks and Recreation Department is to provide “multipurpose, year-round, indoor and outdoor recreation opportunities accessible to all residents and visitors.” We welcome you and challenge you to help us achieve this goal. As Team Managers we request that you work to comply with the following guidelines:

**PROGRAM OUTLINE:**

EVENT	DATE/TIME	DETAILS
<b>PROGRAM INFO SENT TO ALL 2019 MANAGERS</b>	December 26, 2019	COMMUNICATION PLAN
<b>DROP-IN PLAY</b>	JANUARY 8, 2020 6:00-8:00pm	CHANCE FOR TEAMS TO PICK UP PLAYERS.
<b>LEAGUE PLAY</b>	JANUARY 15 – APRIL 1, 2020 6:00 & 7:30 p.m.	SEE RULES AND PLAYER CODE OF CONDUCT

\*All activities scheduled in the MMS Gym

**IMPORTANT INFORMATION:**

ROSTERS AND COMPLETED INDIVIDUAL WAIVERS FOR ALL TEAMS MUST BE RECEIVED BY WEDNESDAY, JANUARY 15, 2020 – NO EXCEPTIONS, NO WAIVERS – NO PLAY!

SUBS MAY BE ADDED TO YOUR ROSTER AT ANY TIME DURING THE SEASON, HOWEVER MUST BE ADDED BEFORE PLAYOFFS BEGIN. PLAYERS MUST HAVE PLAYED AT LEAST ONE REGULAR SEASON GAME. PLEASE REQUEST AN ADDITION BE MADE TO THE LEAGUE COORDINATOR. ALL SUBS WILL BE REQUIRED TO FILL OUT A WAIVER PRIOR TO PLAY.

SIX PLAYERS WILL PLAY AT ONE TIME. ONE FEMALE PLAYER MUST BE ON THE COURT AT ALL TIMES. IF YOU DO NOT HAVE SIX PLAYERS YOU MAY PLAY WITH FIVE BUT ONE MUST BE FEMALE.

ONE TEAM REGISTRATION IS REQUIRED PER TEAM. REGISTRATION IS \$125 PER TEAM.

9 TEAM MAXIMUM FOR LEAGUE - FIRST COME, FIRST SERVED

### **Rules/Code of Conduct**

Please make sure each player on your team fully understands these guidelines. As Managers, you are ultimately responsible for the conduct of the players.

### **Practice**

Drop in play will be on January 8, 2020 from 6:00 pm to 8:00 pm. League play will commence on Wednesday, January 15, 2020 at 6:00 pm or 7:30 pm, depending on your team's schedule.

### **Schedule**

The schedule will be made according to the number of teams that sign up. All games will be played on Wednesdays, with the first game starting at 6:00pm and the second game starting at 7:30 p.m. League play will begin Wednesday, January 15, 2020 and continue through Wednesday, April 1, 2020. There will be no games played on Wednesday, February 26, 2020 (MUSD President's Week Break). The schedule may vary depending on the amount of teams and is subject to change. Playoffs TBD based on number of teams.

### **Scoring**

Each team is required to provide one member to help out with 1-2 scorekeeping duties during the course of the league. The duties will be assigned for either a 6:00pm or 7:00pm game, depending on each team's schedule.

**Playoff seeding will be determined strictly on REGULAR SEASON PLAY. IF THERE IS A TIE IN STANDINGS, SEATING WILL BE DETERMINED BY HEAD TO HEAD MATCHUP THEN TOTAL POINTS SCORED.**

## **2020 RULES AND PLAYER CODE OF CONDUCT**

### **CODE OF CONDUCT**

1. No player shall at any time lay a hand upon, push, shove, strike or threaten an official or a Recreation employee.
2. No player shall refuse to abide by an official's decision.
3. No manager, player, substitute or spectator may make derogatory remarks or gestures to the official or Recreation staff.
4. No profane or obscene language is to be used.
5. No player shall be guilty of an abusive verbal attack upon an official, player, spectator or Recreation employee.
6. No player shall use unnecessary and excessive tactics in the play of the game against a person of an opposing team.
7. No player shall discuss the decision of any matter reached by an official except the manager.
8. No player shall discuss his/her personal opinion of any other player, any play or decision by an official publicly with spectators in a derogatory manner.
9. No person shall threaten or commit bodily harm or damage to personal property of an official, player, spectator or Recreation employee.

### **PLAYER'S CODE OF CONDUCT**

All players shall abide by the CODE OF CONDUCT. It will be the manager's responsibility to see that all players from his team are aware of and abide by the following code of conduct.

NO ALCOHOLIC BEVERAGES OR TOBACCO PRODUCTS PERMITTED ON SCHOOL PROPERTY

**ADULT COED VOLLEYBALL RULES – 6V6**

Rule 1: Team Composition

1. Six players for each team will be on the court competing at one time. Teams must be comprised of at least one female, with a limit of six players total.
2. A minimum of five players must be present to start the match with at least one female on the court.

Rule 2: Equipment

1. Participants must use the volleyballs provided.

Rule 3: Ground Rules

1. The winner of a coin toss will determine his/her choice of service and the loser will determine his/her choice of playing area. After each set of a match, the teams will change playing areas.
2. The Serve:
  - o The server shall stand with both feet behind the rear boundary line. There are no restrictions as to how the ball may be served except that it must be clearly hit, not thrown or pushed. A ball that contacts the net and continues over constitutes a legal serve.
3. Substitutions: Free substitutions.
4. Rotation: All players are required to play every position on the court as they rotate. Players will rotate clockwise to the next position after their team sides out. Each player must play all six positions including three in the front row and three in the back row, or two in the back row if a team is playing with less than six players. If facing the net, the serving position will always be in the back row on the right.
5. Any player may contact the ball with any part of the body, above or below the waist.
6. A ball touching any part of a boundary line is in.
7. It is permissible to run out-of-bounds to play a ball, however, a ball that has crossed into another court may not be played.
8. Players are not permitted to scoop, hold, or throw the ball. The ball may not visibly come to rest on the player's hands, fingers or any other part of the body.
9. A player shall not make successive contacts of the ball unless he/she has blocked a spike at the net. One person may play the ball twice during a volley but not twice in succession.
10. A ball, other than a serve, may be recovered from the net provided the player avoids contact with the net and does not catch or hold the ball.
11. The ball must always be returned over the net by the third contact, unless a block is the initial contact in which case the ball must be returned by the fourth contact.
12. Spikes are legal.
13. Blocking:
  - o A successful block is accomplished when either the ball rebounds off the hands of the blocker and directly back into the opponent's court or deflects off the hands in such a way that the blocker's team may play the ball.
  - o An attempt to block does not constitute a block unless the ball is contacted during an attempt.

- The team which has contacted the ball in an attempt to block shall have the right to three more contacts with the ball in order to return it to the opponent's side if the ball falls in their area.

#### 14. Net Play:

- A player may reach under the net as long as he/she does not interfere with an opponent's attempt to play the ball.
- A player may reach over the net to complete a spike which was begun on the player's own side of the net.
- A player may reach over the net to block, but not interfere with the opposing team's play.
- A player may never touch the net.

#### Rule 4: Match Time and Length

1. 5 mins of warm-up time will be allowed on the court. Teams are welcome to use the gym (outside of the court area) for 15 mins before their scheduled match start time, provided they do not interfere with any match play being conducted at the time.
2. The first team to score 25 points is the set winner. All sets will be played with rally scoring, and a team must win by two.
3. The first team to win the best 2-of-3 sets wins the match. All sets will be played to 25 points with rally scoring, and a team must win by two.
4. 1.5 hours is allowed for each match. If there is less than 20 mins remaining when the 3<sup>rd</sup> set begins, the first team to score 15 points is the winner of the set, and teams must win by two points.
5. All matches will start at their designated times. If a team is not ready to play within 10 mins of the match's scheduled start time, the match will be declared a forfeit.