

City of Kingston Parks and Recreation Department

ltimbrouck@kingston-ny.gov

Steven T. Noble, Mayor



Lynsey Timbrouck, Director

2020 Youth Flag Football Safety Guidelines

Below are some general safety guidelines that the Parks and Recreation will be enforcing (additional guidelines may be added):

ANY PERSON that fails to comply with **ALL Protocols** will result in immediate removal and/or team disqualification from game/facility.

BEFORE ARRIVAL/GAME

- We will require that **ALL PARTICIPANTS** check their temperature prior to coming to the games.
- Rec staff will be checking the players', coaches', and referees' temperature upon arriving to the field (at check-in station).
- Any temperature result higher than **100.4** must stay home or leave field/facility and contact their health care provider.
- Bags, balls or anything besides a water bottle and necessary equipment will not be permitted on field

PLAYER/TEAM EXPECTATIONS

- Players should not show up any earlier than 10 minutes before their game
- Masks are required when not in game play and when leaving and entering the facilities
- Players are to distance from their teammates on the sideline in their team designated areas
- Handshakes are not permitted (recommend "AIR HIGH FIVES")
- Team Huddles must maintain a level of social distance
- No Excessive "team celebrations"
- No Spitting on field
- No Sharing water bottle/drinks/food (no food on field)
- Football gloves are recommended but not mandatory
- Two footballs will be used during game play, one for each team
 - Balls will be sanitized during turnovers, at half time, & and the end of the game
- Players are to sanitize each time they come off the field (and returning from restrooms)
- Once the game has concluded, players, coaches, and parents are to leave the field/facility immediately (Congregating will not be permitted).
- Players must report new injury and illnesses to their coach or league (REC) staff

PARENT EXPECTATIONS

- While at that the facility, parents are to maintain social distancing guidelines and wear a mask in the designated area.
- We ask parents to meet their children outside of designated parent/spectator observation area at the end of each game. We ask that 1-2 parents only for attendance.

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LEAGUE EXPECTATIONS

- League (REC) staff will adhere to all face covering guidelines
- League (REC) staff will guide participants to check-in station/field and parents/spectators to their -sections to deter congregating of groups.
- League (REC) staff will sanitize equipment and set-up field for games
- League (REC) will monitor, remind, and reinforce protocols to ALL PARTICIPANTS

General Safety Information & Guidelines Symptoms

If for any reason a player or immediate family member is experiencing the following symptoms, they should refrain from attending any group activity:

- Fever
- Chills
- Cold or Flu-like symptoms
- Runny nose
- Headache
- Loss of sense of taste or smell
- Aches and pains
- Shortness of breath or difficulty breathing
- Sore throat

If a player or immediate family member has traveled outside of New York or received a diagnosis of COVID-19 they must isolate for 14 days or until it is determined they are no longer a threat to public health.

Please refer to link below for more information on State Guidelines from the NY State Website:

<https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationSummaryGuidance.pdf>

Thank you for your cooperation,
KINGSTON PARKS AND RECREATION

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