



Dear Park'n It Day Camp Families,

Thank you for signing up for Park'n It Summer Day Camp at **Ardenwood Historic Farm** in Fremont. We have an exciting week planned and are confident that your child will have an unforgettable experience! Our goal is to provide campers with a safe, enriching, and educational camp experience in their own backyard - the East Bay Regional Parks! We have a caring and creative staff of recreation leaders, naturalists, and lifeguards that will surely put on a great show.

If you have any questions or concerns, please feel free to contact me at (510) 544-2558 or by email: sreid@ebparks.org. During the program, you can contact our camp director, it is (510) 541-8517. We look forward to seeing you this summer!

Sincerely,
Stewart Reid
Recreation Coordinator
Outdoor Recreation Department

Next Steps:

Complete 'Health Form/Waiver' by **July 12th, 2024**

Simply cut and paste this address into your web browser and complete the form:

[PARK 'n IT | Health Form and Waiver | East Bay Parks \(ebparks.org\)](https://ebparks.org/PARK-n-IT-Health-Form-and-Waiver)

Camp Dates + Times:

July 22nd to July 26th, from 9:00am to 4:00pm

Check-In + Pick-Up:

Main parking lot

Field Trip:

Thursday, July 25th, (9:30am–3:45pm) to Don Castro Regional Recreation Area in Hayward. Bus leaves by 9:30am sharp.

Contact Info:

Camp Director (during Camp): (510) 541-8517
Recreation Coordinator: (510) 544-2558

Driving Directions:

From I-880 in Fremont, take the Decoto Road/Dumbarton Bridge/Highway 84 exit. Go west on Highway 84 toward the Dumbarton Bridge. Take the Ardenwood/Newark Blvd. exit and turn right (north) onto Ardenwood Blvd. The park entrance is ahead, on the right.

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WHAT TO WEAR

- Clothing for play and exercise that can get dirty
- Closed-toed shoes (sneakers)

WHAT TO PACK (Be sure to label everything)

- Lunch
- Sweater or light jacket
- Sunscreen
- Hat
- Sandals (for swimming only)
- Swimsuit and towel

WHAT NOT TO PACK (Staff are not responsible for lost items)

- Expensive electronics
- Pets
- Weapons
- Personal sports equipment
- Money

RULES AND EXPECTATIONS

- We don't fight; we use conflict resolution.
- We don't tease, bully, or use bad words.
- We don't steal; we respect each other's property.
- We stay with the group, and travel in 3's
- We follow instructions
- We don't share lunch or snacks with others

CONSEQUENCES

If a camper violates our rules, they will first receive a verbal warning. After that, the camp director will notify the parents/guardians. If the behavior continues, the camper will be suspended for one day.

SAFETY PRECAUTIONS

- We maintain a 1:10 staff-to-camper ratio
- We will only release your child to the people you identify on the Health Form.
- Our staff are trained in First Aid and CPR
- All staff carry a First Aid kit and CPR mask
- We will collect medications (except for inhalers and epi-pens) when the camper arrives. We will safely help the camper administer their meds per American Camping Association standards.
- You must sign-in and sign-out your child each day. Please present a picture I.D.

WE WILL NOTIFY PARENTS/GUARDIANS OF THE FOLLOWING:

- Your child gets sick or is seriously injured
- The bus will return more than 10 minutes late
- Your child seriously violates camp rule(s)
- There is a major emergency

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Queridos familias de 'Park-n-It',

Gracias para inscribirse en nuestra programa de campamento de verano 2024 en **Ardenwood Historic Farm** en Fremont! Hemos planeado un verano muy divertido, y es cierto que su hijo/hija va tener experiencias maravillosas. Nuestra meta es proveer para todos los participantes una experiencia segura, educativo, y inolvidable, en sus propios "yardas" - los parques regionales de la East Bay! Trabaja con nosotros un equipo experto de lideres recreativos, salvavidas, y naturalistas para asegurarlo. Favor de leer este carta atentamente, y guardelo en la casa para su referencia.

Si tiene alguna pregunta o preocupación, no dude en comunicarse conmigo al (510) 544-2558 o por correo electrónico: sreid@ebparks.org. Durante el programa, puede comunicarse con nuestro director del campamento, es (510) 541-8517. ¡Esperamos verte este verano!

Sinceramente,
Stewart Reid
Recreation Coordinator
Outdoor Recreation Department

PRIMERO: Completar el 'Formulario de Salud / Permiso' antes de 12 de julio.

El formulario se puede encontrar en este website:
[PARK 'n IT | Health Form and Waiver | East Bay Parks \(ebparks.org\)](https://ebparks.org/PARK-n-IT-Health-Form-and-Waiver)

FECHAS Y HORAS: 22 de julio a 26 de julio, 9 a.m.-4 p.m.

DÓNDE DEJAR A SU HIJO: El estacionamiento

VIAJE: Jueves, 25 de julio (9:30 a. m. a 3:45 p. m.) al Área Recreativa Regional Don Castro en Hayward.
El autobús sale a las 9:30 am en punto.

INFORMACIÓN DE CONTACTO Coordinador de programas recreativos: (510) 544-2558

(Durante el campamento) : Director de campamento: (510) 541-8517

DIRECCIÓN: De la 880 en Fremont, tome la salida "Decoto/Dumbarton Bridge/Hwy 84". Sigue al oeste en la 84 hacia el puente Dumbarton. Tome la salida Ardenwood/Newark Blvd y de vuelta al derecha (norte) al Ardenwood Blvd. La entrada del parque esta adelante, a la derecha.

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QUÉ PONERSE

- Ropas para ensuciar y para ejercicio afuera
- Zapatos de tenis

SE DEBE METER EN LA MUCHILA (Escriba su nombre en sus cosas, en caso de que lo pierda)

- Bronceador
- Almuerzo
- Sombrero
- Ropa para nadar y toalla

COSAS QUE NO SE DEBE METER

- Electronicas de valor
- Mascotes
- Armas
- Dinero
- Equipos deportes personales
- Sandalias
- No seamos responsables para cosas personales perdidas

REGLAS

- No peleamos – resolvemos conflictos
- No usamos intimidation ni malas palabras; siempre respetamos a otros
- No robamos – respetamos propiedad de los otros
- Para nuestra seguridad, seguimos instrucciones
- Para nuestra seguridad, quedamos en grupos, y paseamos en grupos de 3 al minimo.
- Para nuestra seguridad, no comparten comidas

CONSECUENCIAS

Si un niño/nina quebre las reglas, se va recibir un aviso verbal; la segunda vez, vamos a mandar una carta a la casa. Si sigue el comportamiento, vamos a suspender el niño/nina para un día.

PRECAUCIONES DE SEGURIDAD

- Mantenemos un lider para cada dies participantes
- Nuestras empleados estan entrenados en primeros auxilios y CPR.
- Cada empleado lleva botiquin de primeros auxilios de y mascara de CPR.
- Asegura que usted firma para su hijo/hija cuando venga y salga todo los dias. Favor de enseñar un ID.
- Solo entregamos los niños a las personas identificados en la Formulario de Salud.
- Guardamos todo los medicinas personales para los participantes durante la programa (exempto “inhalers” para el asma y epipens. Ayudamos a ellos tomar sus medecinas en una manera apropiada por las reglas de American Camp Association.

Le vamos a llamar si su hijo/hija se pone enferma o si esta lastimada seriamente, si el bus llegara mas que 10 minutos tarde, si su hijo/hija quebre una de las reglas, o si hay algun emergencia grave.

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