



Del Webb® Dove Mountain News

LOVE LIFE TO THE FULLEST



June 2020 • ISSUE 72

www.ourdovemountain.net

AQUA AEROBICS with Sandy

**Starting on
Wednesday, June 3
8:30am**

**Aqua Aerobics will be offered
Mondays, Wednesdays and Fridays
at 8:30am \$5.00pp**

**Pre-register online
or contact the
Welcome Center Front Desk
485-0202**

Check Website and Blasts
Reopening • Changes • Cancellations

Save the Dates

ARC Submittal Deadline
Friday, June 26, 2020

Social Events Committee
Tuesday, June 16 • 1pm

What Does Water do for You?



- Forms saliva (digestion)
- Keeps mucousal membranes moist
- Allows body's cells to grow, reproduce and survive
- Flushes body waste, mainly in urine
- Lubricates joints
- Water is the major component of most body parts
- Needed by the brain to manufacture hormones and neurotransmitters
- Regulates body temperature (sweating and respiration)
- Acts as a shock absorber for brain and spinal cord
- Converts food to components needed for survival - digestion
- Helps deliver oxygen all over the body



Del Webb Neighbors

Del Webb®
Dove Mountain

14085 N. Del Webb Trail, Marana, AZ 85658 520-485-0201
Center Hours:
6am to 8pm Monday - Friday 7am to 7pm Saturday & Sunday



FITNESS NEWS

Starting soon, look for future emails on individual class starting dates

Fitness Classes

\$5pp

Pre-register online

or contact the

Welcome Center Front Desk

485-0202

Starting mid-June

Yogalates

Mondays • 9:30am

Yoga and Pilates combined for a total body workout.

Twila Keim • Instructor

Level II

All levels of experience are encouraged

Vinyasa Flow Yoga

Wednesdays • 3:30pm

For the sports-minded that want to apply flexibility to their game. This class will keep you moving and pliable.

All levels of experience are encouraged

Tom Beach
Instructor

Starting June 15th

Zumba!

Mondays • 9:30am

Adriana Zeibell • Instructor

Strength & Stretch

Tuesdays, Thursdays • 8am

Saturdays • 9am

Focus on a different muscle group each class to improve strength, balance and flexibility.

Level II

All levels of experience are encouraged

Julia Darrah • Instructor

ESSENTRICS™

• MOBILITY • STRENGTH • FLEXIBILITY • RANGE OF MOTION •

Tuesdays, Thursdays • 9:30am

AGING BACKWARDS

Tuesdays, Thursdays • 11am

Base on theories of flowing movements that draw on tai chi and ballet to create long and lean muscles

All levels of experience are encouraged

Celeste Cregan • Instructor

Barre & Bootcamp

Wednesdays, Fridays • 8am

Starts with dynamic stretching and followed up with a combination of a barre workout and interval training.

Level III

High Impact

Celeste Cregan • Instructor



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- 2 To register, use the email address we have on file for your account and create a password. If you do not have an email address on file with us, or need to confirm the address on file, please contact our customer support team.

Call: 800-354-0257 or
Email: allaccess@associatedasset.com
- 3 A verification email will be sent. Click the "Complete Registration" button inside the email to activate your account.
- 4 Enter your email and the password on the "Sign In" screen inside the app.
- 5 Once logged in, click the "View Detail" button to review your account details. Click the "Pay Online" button to make your payment. *It's that easy!*

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SAVE THE DATE

Glitter & Glam

HOLIDAY PARTY

2020

DECEMBER 12

THE RITZ-CARLTON

Contact Information & Important Numbers

Saguaro Center Front Desk
520-485-0201

Karen Matthews
Community Manager
520-485-0200

Barb Truman
Lifestyle Coordinator
520-485-0202

Desert Wildlife Services
520-743-1411

Northwest Fire Department
520-887-1010

Marana Police Department
520-382-2000

US Post Office
520-682-3561

Right Away Disposal (RAD)
520-881-4227

Tucson Water
520-791-3242

Trico Electric
520-774-2944

Southwest Gas
877-860-6020

AAM After Hours
1-866-553-8290

Del Webb **Neighborhood Sales Updates • May**

Dove Mountain

May Closings:

Total Lots at Build Out: 620

Total Homes Closed and Conveyed as of 5/31/20: 7 Closed (79.5%)



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