



Del Webb®

Dove Mountain News

LOVE LIFE TO THE FULLEST



September 2020 • ISSUE 75

www.ourdovemountain.net

EVENT CHANGE NOTICE

Glitter & Glam

HOLIDAY PARTY 2021

In order to stay safe and ensure our annual event will be fabulous, this event has been moved to Saturday, December 11, 2021



THE RITZ-CARLTON



Community Conversation with Karen

Now on Zoom!

Tuesday, September 29 • 2pm

Email your questions by Friday, September 18 to mpeabody@associatedasset.com

Please RSVP by Friday, September 25 to receive the meeting sign-on information

Food Truck Fun

In Saguaro Center Parking Lot

Labor Day Roundup

September 7 • 4 - 7pm

German Food Truck

September 19 • 4 - 7pm

Save the Dates

Social Events Committee
Tuesday, September 15 • 1pm

ARC Submittal Deadline
Friday, September 25, 2020

HOA 101
Thursday, October 1 • 1pm

14085 N. Del Webb Trail, Marana, AZ 85658 520-485-0201
Center Hours: 6am to 8pm Monday - Friday 7am to 7pm Saturday & Sunday



8:30am **AQUA AEROBICS** \$5.00pp
with Sandy
Monday - Friday

NOTICE: We will not have Aqua Aerobics on Monday, September 7th in honor of Labor Day

Fitness apps that can help you get motivated

If you have had trouble during the pandemic and wish to stay healthy, a fitness app can be a good nudge in the right direction. They can also breathe life in to your workout regime and really challenge your yourself. To help you stay consistent and stick to a fitness program, here are a few apps that can act as your virtual personal trainer or training partner to help keep you motivated and accountable.

MyFitnessPal



iPhone rating: 4.7 stars Android rating: 4.4 stars Price: Free with in-app purchases

Abs are made in the kitchen, and MyFitnessPal can help you dial in that nutrition so you can really see the results of all your time in the gym. With a huge food database, bar-code scanner, recipe importer, restaurant logger, calorie counter, and food insights, you'll have a comprehensive idea of your nutrition. Choose a goal — weight loss, weight gain, and weight maintenance — and let MyFitnessPal help you build healthy habits to reach it. Log your exercise and steps, and get support and motivation from the active forums.

Workout Trainer: Fitness Coach



iPhone rating: 4.7 stars Android rating: 4.3 stars Price: Free with in-app purchases

Just want to work out without worrying about having the right equipment? The Workout Trainer app contains thousands of home workouts requiring little to no equipment. You can also access customized workout plans curated and guided by experts, along with instructions presented in videos, photos, or voice guidance, plus a detailed analysis of your heart rate and performance.

Daily Workouts Fitness Trainer



iPhone rating: 4.7 stars Android rating: 4.6 stars Price: Free

This app is good for fitting a quick workout into your day, whether you have just 5 minutes or want to set aside a half hour for more impactful results. Each workout and exercise is demonstrated by a professional trainer and can be targeted at any major muscle group, with a video guide and timer to help you organize your workout in your schedule.

Home Workout – No Equipment



iPhone rating: 4.9 stars Android rating: 4.8 stars Price: Free with in-app purchases

You don't need to go to a gym to get a good long-term workout with the results you want, whether it's building strength or losing weight. Sync Home Workouts with your Apple Health app to watch easy-to-follow animated and video workout guides, get daily reminders throughout the day so that you don't forget a workout, and see your progress over time within the app.

Nike Training Club



iPhone rating: 4.9 stars Android rating: 4.1 stars Price: Free

Nike Training Club is a family-friendly workout app with nearly 200 different workouts that let you do strength, cardio, yoga, and much more without needing to go to the gym or use any equipment. The app also offers a library of advanced workout videos if you're aspiring to become a competitive athlete or want to beat your wildest ambitions for your fitness level.

Riddle me this? Who in the world ever thought to look for edible fruit inside a prickly pair? OUCH!



Our Del Webb at Dove Mountain Management Team



As you can imagine, it takes a team effort to manage the day-to-day operations at Del Webb at Dove Mountain. Here is a brief description of our management team member's responsibilities so you can know who to contact with any questions or concerns:

Karen Matthews • Community Manager

Liaison to Board of Directors, Finance and Communications Committees. Common area and landscaping issues, governing document questions, enforcement and compliance concerns, questions regarding association budget and monthly financial reporting, operational procedures, liquor license compliance, staffing and employment opportunities.

karen.matthews@associatedasset.com
520-485-0200

Barb Truman • Lifestyle Coordinator

Social Events Committee liaison. Rentals and room reservations, interest groups, lifestyle events, food truck nights and guest speaker presentations. Sponsor advertising, community newsletter, website and reservation system development. Also, fitness class, personal training and fitness equipment oversight.

btruman@associatedasset.com
520-485-0202

Melinda Peabody • HOA Coordinator

Architectural Review Committee liaison. Architectural submittals, design guidelines and age verification.

mpeabody@associatedasset.com
520-485-3332

Randall Shaner • Maintenance Technician

Janitorial concerns and maintenance of the Saguaro Center, pool, spa, sport courts and water feature.

rshaner@associatedasset.com

Welcome Desk Staff

Resident check-in, new homeowner orientation, event assistance, website concerns, sales and building monitors. Also assists with questions for Community Manager when she is not available.

520-485-0201

Staff Spotlight

Kathleen Summers, AKA "KS"



Born: Berkeley, CA - to first generation Italian parents. 'Scuzi?' Yes, just try learning to say (and spell) Pasquale, Giuseppe or Concetta!

College: University of Denver - Double Major. Might have to do with my being a Gemini.

Married: 32 years. Husband Dug hails from Indy. And, yes, that is how he spells his name. Ask me if you want a backstory.

Favorite Food: Italian, naturally! With a penchant for California red wines. If you are a lover of bold cabs, we should talk.

Career: Peddling consumer non-durable goods - officially a sales and marketing professional. Garment industry start, then a quarter century with manufacturers of professional salon products. Now, just a bit of freelance copy writing and time at the Saguaro Center Welcome Desk.

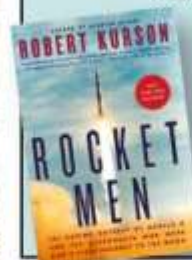
What's Next: Can't wait to greet the days with "how can I serve" instead of "how are the numbers". That's why we moved to Dove Mountain.

Looking forward to seeing all your smiling EYES at the Saguaro Center!

A Virtual Book Group Meeting on Google Meet

Tuesday, September 8 • 2:00pm

*Rocket Men: The Daring Odyssey of
Apollo 8 and the Astronauts who made
man's first journey to the moon*
by Robert Kurson



Email Evelyn Belzer:
eibelzer@gmail.com
for an invite to the
Google Meeting

New! Motorcycle Interest Group

Just for Rides

Contact David Eisenberg
for more information at
520-495-4730





A Virtual Conversation with the Author

Are you curious about how books come to be, what inspires an author, how plots are developed, characters created, or how the author finds the right publisher? The Del Webb Book Group will help you get your many questions answered in its continuing series "A Conversation with the Author"

Book

Brigid Quinn's experiences in hunting sexual predators for the FBI have left her with memories she hopes never to have again. With early retirement, she's settling down nicely in Tucson. But the past intervenes when a man named Floyd Lynch confesses to the worst unsolved case of Brigid's career - the disappearance and presumed murder of her young protégée, Jessica..



Author

Becky Masterman's career has encompassed a variety of experiences including those in the theater industry, medical and legal publishing, and most recently, those of an author. Her first novel, Rage Against Dying was published in 2013. The novel's success led to her designation as a finalist for many literary awards. Becky resides in Tucson.



How to Participate

This event is scheduled for **Tuesday, November 10th (2PM to 4 PM)**. **SIGN-UP** by emailing Evie (eibelzer@gmail.com) to confirm your attendance. Sign-in instructions will be emailed to you. Purchase **DISCOUNTED BOOKS (\$5)** by notifying Evie prior to September 7th. Provide Evie with your name, address and phone number. Your book will be sanitized and delivered to your residence in Del Webb.

Contact Information & Important Numbers

Saguaro Center Front Desk
520-485-0201

Karen Matthews
Community Manager
520-485-0200

Barb Truman
Lifestyle Coordinator
520-485-0202

Melinda Peabody
HOA Coordinator
520-485-3332

Desert Wildlife Services
520-743-1411

Northwest Fire Department
520-887-1010

Marana Police Department
520-382-2000

US Post Office
520-682-3561

Right Away Disposal (RAD)
520-881-4227

Tucson Water
520-791-3242

Trico Electric
520-744-2944

Southwest Gas
877-860-6020

AAM After Hours
1-866-553-8290



Neighborhood Sales Updates • July

- July Closings -

Total Lots at Build Out: 620
Total Homes Closed and Conveyed
as of 7/31/20: 515 Closed (83%)

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