



CITY OF
LA MESA

JEWEL of the HILLS



Babysitter Training Class

Learn the basics in this fun hands-on class. This four hour class will help Babysitters become better prepared. Participants practice infant skills on dolls and learn and practice CPR for infants and children.

Topics include:

- Babysitter Responsibilities
- Sitter Safety
- Diapering Procedures
- Recognizing an Emergency
- Infant & Child CPR
- First Aid

Participants receive a booklet from the American Safety & Health Institute, Babysitting certificate and starter first aid kit. Class taught by Lockhart Training. Participants should bring a snack/water/sack lunch.

\$65 LM Resident
\$75 Non-Residents

Location: La Mesa Community
Services Conference Room, 4975
Memorial Dr. La Mesa, 91942

Dates: # 2389 Saturday August 1, 9:30-1:30

#2664 Saturday November 7, 9:30-1:30

Register online at: www.cityoflamesa.com/classes

619.667.1300

www.lockhart-training.com

